



Welsh Gymnastics
Gymnasteg Cymru

Men's Artistic
Performance and Development Squad 2023
Selection Policy

<p>1. Introduction</p>	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that is required to be eligible for squad selection for the Welsh Development and Performance Squads.</p> <p>Selections will be made by the Welsh Men’s Artistic Gymnastics Selection Panel. Details of which can be found in this document.</p>
<p>2. Selection Timelines</p>	<ul style="list-style-type: none"> • Selection date - Squad selections and reviews will be made following the Welsh Championships and British Championships in March 2023, gymnasts selected at this point in the year will commence their squad position in April. The second selection and review point in the year will be September / October. • Selected period - Gymnasts will remain in the squad for the year unless informed otherwise through dialogue with NCs at the mid-point reviews.
<p>3. Selection Timelines</p>	<p>Gymnasts may be moved to another squad or deselected based on the criteria set out in this document considering attendance and performance at Welsh National Squad training camps throughout the year. Such decisions will be made by the national coaches, ratified by the MTP Lead and performance Director.</p>
<p>4. Gymnast Eligibility Criteria</p>	<ul style="list-style-type: none"> • Only gymnasts eligible to compete for Wales will be considered for selection. (Please refer to the Men’s Artistic Welsh Gymnastics Competition Handbook 2023). • Gymnasts aged 11 – 18 in the year of competition will be eligible for the Development Squad. • Gymnasts aged 18+ in the year of competition will be eligible for the Performance Squad.
<p>5. Selection criteria general</p>	<p>The Welsh National Programme will select gymnasts, who in the expert opinion of the Welsh Men’s Artistic Gymnastics National Coach and appointed Coaching Team, have the best capability of representing Wales at Development and Performance Level now and / or in the future.</p> <ul style="list-style-type: none"> • All-Around gymnasts will be considered for selection for Development and Performance Squads

	<ul style="list-style-type: none"> • Apparatus Specialists will be considered for the Performance Squad only. • Gymnasts will be considered based on the following factors: <ul style="list-style-type: none"> ▪ Current Apparatus 'D' values ▪ Scores from relevant competitions ▪ Placings at relevant competitions ▪ Performance of technical skills ▪ Ability to further development technical skills ▪ Work ethic attendance and behaviour ▪ Progression • Gymnasts must have participated in one or more of the following events in the preceding year or year of selection unless extenuating circumstances apply: <ul style="list-style-type: none"> • Welsh Championships • British Championships • London Open • Other National or international Events identified by the national coaches. • Gymnasts' scores and placings in the above competitions will be considered.
6.Selection criteria specific	<ul style="list-style-type: none"> • U12 Gymnasts selection will be primarily based on future potential to represent Wales and the Selection panel will take competition scores as guidance as well as the additional factors stated in the 'general' section of this policy. • U14 gymnasts will be considered based on an All-Around score stipulated below. Gymnasts who do not make the below stated scores but show evidence on a majority of apparatus will be considered for selection based on the expert opinion of the National Coach and appointed National Coaches. • U16 gymnasts will be selected based on their All-Around scores, with individual apparatus scores used as a guidance. Please refer to the scores table. • Performance gymnasts will be selected based on All-Around and / or individual apparatus scores. Gymnasts must meet or exceed a minimum of two of the scores on the same or different apparatus. Please refer to the scores table.

Scores table:

Age Group	All Around	Floor	Pommel	Rings	Vault	P. Bars	H. Bar
U12	N/A						
U14*	66.397						
U16*	68.632	11.933	11.166	11.500	12.400	11.400	10.900
U18*	71.400	11.850	10.550	11.533	13.000	11.900	11.300
Senior*	73.850	13.100	11.100	12.750	13.950	12.700	12.350

*Based on Top 15 scores from the British Championships 2022

- Scores and start value progression across several competitions / years will be reviewed where applicable for each age range. The Selection Panel will look for increases in scores and start values as evidence that gymnasts have developed suitably over time. The Code of Points and changes to this will be taken into consideration if necessary.
- Attendance, work ethic and behaviour may all be considered in the selection process. National Coach feedback from club visits and feedback from personal coaches can be used as evidence for these factors.
- Feedback and evidence from training sessions such as video footage may be requested by the Welsh Men's National Coach for selection purposes to evidence current skill level and ability of a gymnast.

7. Selection Panel

The selection panel will consist of:

1. Performance Director – **WG**
2. Performance Programme Manager – **WG**
3. MAG Lead /National Coach – **WG**
4. MAG National Coaches - **WG**
5. Athlete Representative – **TBC**

8. Injury/illness

- Selections as outlined above, are not based purely on scores particularly in times where competitions are minimised due to gymnast who have long term injuries in the 12-month period preceding the selection

	<ul style="list-style-type: none"> Any gymnast who is ill or injured prior to or during one of the above-mentioned events must provide written documentation of the injury or illness to the medical personnel or Doctor approved by Welsh Gymnastics. This information can be taken into consideration in the selection process. <p>An Email to performance@welshgymnastics.org outlining the following information</p> <ol style="list-style-type: none"> I. Gymnast Name & Club II. Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance III. Injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known)
9. Review of selection	<p>The MAG National coaching team may, based on evidence (competition scores, Skill development & Work Ethic) may adopt a flexible approach to the squads and agree to move a gymnast from one squad to another within the pathway.</p> <p>National Squad Monthly Feedback forms will be taken into consideration, along with National Coach and personal coach feedback.</p> <p>Such decisions will be made by the Selection Panel during March and October.</p>
10. Appeals	<ol style="list-style-type: none"> 1. Appeals must be submitted within 3 days of communication of selection for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to. 2. The Appellant can only make appeals or, where they are under the age of 18, their parent or guardian. 3. The Appellant does not have a right of appeal against any judgment or discretion exercised in the course of making a nomination decision, or against the content of the applicable selection criteria. 4. Appeals should be sent to performance@welshgymnastics.org outlining grounds for appeal. 5. An appeals panel consisting of a National Coach alongside three persons who are knowledgeable of the selection process, however, have not been involved in the non-nomination of the Appellant.

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| | <ol style="list-style-type: none">6. Upon the receipt of the Notice of Appeal the Independent Appeal Panel will convene a meeting to take place as soon as reasonably possible.7. The decision of the Independent Appeal Panel shall be reached by majority vote and all members of the Panel shall have a vote each.8. The decision of the Independent Appeal Panel shall be final, and the Appellant will be notified following the Independent Appeal Panel meeting. |
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