**Safeguarding FAQ’s for parents and gymnasts**

**What safety checks are done on the coaches?**

Welsh Gymnastics have a safe recruitment policy for the clubs to follow which requires all volunteers to complete criminal records checks. Coaches will be checked against the barring list.

**What policies do the club follow?**

Clubs will have their own specific policies in place specific to their environment which should be readily available to parents either on their website or in hand at the club. The clubs are also bound by the Welsh and British Gymnastics policies and procedures.

**What do I do if I have a concern?**

You have several options available depending on the level of concern:

1. If you have a Safeguarding concern speak with your Club Welfare Officer, their details should be readily available in the club.
2. Contact [safeguarding@welshgymnastics.org](mailto:safeguarding@welshgymnastics.org).
3. If you have a health and safety concern please report to your club, either immediately to coach or the club manager.

**My child had an accident what should I do?**

Please visit our insurance centre.

**What training have the coaches had?**

All coaches are required to undertake a Safeguarding and Protecting Children course that they must refresh every 3 years.

**Can I take photos and post them on social media?**

The clubs will have their own rules on the taking and posting of images, more information can be found directly from the club or from the Photography policy.

**How can I support my child?**

Support them to have a balance between the sport and other interests, having conversation about different things after training and speak openly about the training sessions.

More information on how to support your child can be found on the [parents in sport website](https://www.parentsinsport.co.uk/) or the [child protection in sport](https://thecpsu.org.uk/) website.

**What should I tell the club?**

It’s important to have open communication with the coach if your child is having a bad day or struggling with anything.

If your child has reported any injuries or niggles, it’s important for the coach to know so that they can amend the training session.