

Code of Conduct for Parents, Carers and Guardians

As a parent, carer, or guardian of someone taking part in gymnastics, this is what you must follow so we can make sure everyone is happy and safe.

I have the right to

- Be assured that the gymnasts in our care are safeguarded during their time with us.
- See any of our policies and procedures at any time.
- Know who the safeguarding and wellbeing officer responsible for the gymnasts is and have their contact details.
- Know what training and qualifications our staff have.
- Be informed of problems or concerns.
- Know what happens if there's an accident or injury.
- Be informed of injuries and see records of any accidents.
- Have your consent sought for all activities.
- Have any concerns about any aspect of the gymnast's welfare listened to and responded to.

How I will behave

- Learn what gymnastics means to the gymnast and what their wishes are.
- Take the time to talk to them about what you both want to achieve through sport but ultimately it is their choice whether they want to participate.
- Listen when the gymnast says they don't want to do something.
- At a competition, accept the official's judgment, do not approach the judges' table, and do not enter the field of play or warm up area.
- Behave positively while watching – only shout encouragement.
- Think about the way you react and behave; it will have an effect on everyone around you.
- Encourage the gymnast to respect and celebrate difference in their sport.
- Use social media responsibly when talking about what goes on gymnastics.
- Talk to the gymnast about embracing good etiquette and fair sport.
- Encourage the gymnast to play by the rules.
- Ensure the gymnast understands their code of conduct.

Inclusive

Supportive

Aspirational

What I will do

- Make sure the gymnast has the right kit, clothing, and sustenance for the session.
- Make sure they arrive to sessions on time and are picked up promptly; or let the coach know if you're running late or if the gymnast is going home with someone else.
- Complete all consent, contact and medical forms and update us straight away if anything changes.
- Maintain an open and positive relationship with the coach. Remember they are the coach, not you; you should talk to them with respect and encourage your child to do the same.
- Use social media positively.

Remember – The safeguarding and wellbeing officer is there for you and the gymnasts. If you have any worries or concerns, please talk to them, or email the Welsh Gymnastics safeguarding team on safeguarding@welshgymnastics.org

We expect everyone to follow their code of conduct. If any parent behaves in a way which contradicts any of the points set out above, we will address the problem straight away and aim to resolve the issue.

Persistent concerns or breaches will result in us having to liaise with Welsh Gymnastics to trigger the 3-step system:

Step 1 – Verbal warning

Step 2 – Written warning

Step 3 – Suspension from attending any gymnastics activity.

If threshold is met, suspension will be immediately triggered.

Signature of parent/carer/guardian:

Date: