



Welsh Gymnastics
Gymnasteg Cymru

North Area Preliminary Championships 2024

Deeside Gymnastics Academy
Saturday 20th and Sunday 21st April

Doors open @ 8:30am

Adults - £3.00

Children – Free

Welcome to

North Area Preliminary Championships 2024

On behalf of Welsh Gymnastics,

we would like to thank all the gymnasts, volunteers, coaches, judges, and everyone involved in the event today. Without you it would not have been possible.

REPORT A CONCERN

Welsh Gymnastics wants everyone to enjoy a fun, positive experience where gymnasts can fulfil their potential in an environment safe from any form of abuse. Should you have any concerns or worries during this event please follow the link below to our safeguarding reporting form.

wg.vissro.com/public/wgcase.nsf/safeguarding-report

Saturday 20th April 2024

Round 1 – Doors open @ 8.30am

Age Group – All 6 & 7 in Year Gymnasts

Arrive/registration: 8:30 am
 Coaches Meeting: 8:35 am
 General warm up: 8:40 – 9:00 am
 Judges Meeting: 8:45 – 9:00 am
 Compete: 9:05 am
 Presentation: 10:20 – 10:35 am
 End of round: 10:40 am

Timings	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
9:05 – 9:20	1	A	B	C	D	E
9:20 – 9:35	2	E	A	B	C	D
9:35 – 9:50	3	D	E	A	B	C
9:50 – 10:05	4	C	D	E	A	B
10:05 – 10:20	5	B	C	D	E	A

Saturday Round 1 - 6 & 7 Phase 1 & 2

A					Tumble 1				
					Tumble 2				
					Vault 1				
					Vault 2				
					Rest				
No.	Club	Name		Level	Team				
1	Deeside	Alice	Turnbull	Phase 2 Age 6	DGA				
2	Deeside	Maisie-Anne	Cuthbert	Phase 2 Age 6					
3	Deeside	Matilda	Stern	Phase 2 Age 6					
4	Deeside	Sienna	Wright	Phase 2 Age 6					
5	Deeside	Rory	Tuer	Phase 2 Age 7					
6	Eryri	Lowri	Williams	Phase 2 Age 7					
7	Eryri	Siwan	Thomas	Phase 2 Age 7					
8	Grays	Matilda	Mcguire	Phase 2 Age 7					
9	Grays	Olivia	Dale	Phase 2 Age 7					
10	Grays	Ayda	Jones	Phase 2 Age 6					
11	Grays	Peyton	Cripps	Phase 2 Age 6					

B					Tumble 2				
					Vault 1				
					Vault 2				
					Rest				
					Tumble 1				
No.	Club	Name		Level	Team				
12	Dreigiau'r	Eli	Rowlands	Phase 1 Age 6	Black				
13	Dreigiau'r	Elsi	Hayes	Phase 1 Age 6					
14	Dreigiau'r	Lois	Roberts	Phase 1 Age 6					
15	Dreigiau'r	Elia	Buchanan-Thomas	Phase 1 Age 6					
16	Dreigiau'r	Eleth	Jones	Phase 1 Age 6	Orange				
17	Dreigiau'r	Efa	Griffith	Phase 1 Age 6					
18	Dreigiau'r	Anni Fflur	Roberts	Phase 1 Age 6					
19	Dreigiau'r	Alys-Wyn	Morris	Phase 1 Age 6					
20	Maldwyn	Erin	Rowlands	Phase 1 Age 6					

C					Vault 1				
					Vault 2				
					Rest				
					Tumble 1				
					Tumble 2				
No.	Club	Name		Level	Team				
21	Olympus	Amelia	Czeszczewik	Phase 1 Age 6	Team Yellow				
22	Olympus	Alice	Hughes	Phase 1 Age 7					
23	Olympus	Linette	Niemiec	Phase 1 Age 7					
24	Olympus	Harvey	Shane	Phase 1 Age 7					
25	Olympus	Jacob	Hillier	Phase 1 Age 7					
26	Olympus	Amelia	Norton	Phase 1 Age 7	Team Green				
27	Olympus	Nyla	Hughes	Phase 1 Age 7					
28	Olympus	Sofia	Garvey	Phase 1 Age 7					
29	Olympus	Ava	Williams	Phase 1 Age 7					

D					Vault 2				
					Rest				
					Tumble 1				
					Tumble 2				
					Vault 1				
No.	Club	Name		Level	Team				
30	Deeside	Penelope	Mckye	Phase 1 Age 7	Burgundy				
32	Deeside	Hâf	Thomas	Phase 1 Age 7					
33	Deeside	Eden	Ellis	Phase 1 Age 7					
34	Deeside	Macey	Brown	Phase 1 Age 7					
35	Deeside	Norah	Hopkins	Phase 1 Age 7	Gold				
31	Deeside	Elizabeth	Gibson	Phase 1 Age 7					
38	Deeside	Isaac	Waddington	Phase 1 Age 7					
36	Deeside	Anna	Graydon	Phase 1 Age 7					
37	Deeside	Nancy	Mitchell	Phase 1 Age 7					
39	Buckley	Jessica	Gray	Phase 1 Age 7	Buckley				
40	Buckley	Emily	Hughes	Phase 1 Age 7					
41	Buckley	Imogen	Roberts	Phase 1 Age 7					
42	Buckley	Poppy	Benton	Phase 1 Age 7					
42a	Buckley	Thea	Gilligan	Phase 1 Age 7					

E					Rest				
					Tumble 1				
					Tumble 2				
					Vault 1				
					Vault 2				
No.	Club	Name		Level	Team				
43	Dreigiau'r	Molly	Roberts	Phase 1 Age 7	Red				
44	Dreigiau'r	Ruby	Roberts	Phase 1 Age 7					
48	Dreigiau'r	Ella	Griffith	Phase 1 Age 7					
45	Dreigiau'r	Sofia	Wetsby	Phase 1 Age 7					
46	Dreigiau'r	Rhiannon	Williams	Phase 1 Age 7	White				
47	Dreigiau'r	Olivia	Redmond	Phase 1 Age 7					
49	Dreigiau'r	Elena	Jones	Phase 1 Age 7					
50	Maldwyn	Everly	Yorke	Phase 1 Age 7					
51	YMGC	Mya	Aisagabon	Phase 1 Age 7	YMGC				
52	YMGC	Hannah	Gregson	Phase 1 Age 7					
52a	YMGC	Sofia	Roberts	Phase 1 Age 7					

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	A	B	C	D	E
2	E	A	B	C	D
3	D	E	A	B	C
4	C	D	E	A	B
5	B	C	D	E	A

Round 2

Age Group – All 8 in Year Gymnasts

Arrive/registration: 10:50 am

General warm up: 11:00 – 11:20 am

Compete: 11:25 am

Presentation: 1:05 – 1:25 pm

End of round: 1:30 pm

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
11:25 – 11:45	1	F	G	H	I	J
11:45 – 12:05	2	J	F	G	H	I
12:05 – 12:25	3	I	J	F	G	H
12:25 – 12:45	4	H	I	J	F	G
12:45 – 1:05	5	G	H	I	J	F

SATURDAY ROUND 2 - 8 in Year Phase 1 & 2

F					Tumble 1				
					Tumble 2				
					Vault 1				
					Vault 2				
					Rest				
No.	Club	Name		Level	Team				
53	Dreigiau'r	Lleu	Pritchard	Phase 1 Age 8	DD Boys				
54	Dreigiau'r	Morgan	Williams	Phase 1 Age 8					
55	Dreigiau'r	Dei	Thomas	Phase 1 Age 8					
56	Dreigiau'r	Mabon	Burgess	Phase 1 Age 8					
57	Dreigiau'r	Greta	James-Bevan	Phase 1 Age 8	Yellow				
58	Dreigiau'r	Holly	Owen	Phase 1 Age 8					
59	Dreigiau'r	Naylah	Patel	Phase 1 Age 8					
60	Dreigiau'r	Ela	Jones	Phase 1 Age 8					
61	Dreigiau'r	Hattie	Lloyd	Phase 1 Age 8					
62	Dreigiau'r	Elsi	Prichard	Phase 2 Age 8					
63	Grays	Evie	Richardson	Phase 2 Age 8					
64	Grays	Ellia	Williamson	Phase 2 Age 8					
65	Maldwyn	Millie	Williams	Phase 2 Age 8	Maldwyn				
66	Maldwyn	Jessica	Humphreys	Phase 2 Age 8					
67	Maldwyn	Bella	Rees-Jones	Phase 2 Age 8					

G					Tumble 2				
					Vault 1				
					Vault 2				
					Rest				
					Tumble 1				
No.	Club	Name		Level	Team				
68	YMGC	Morfudd	Williams	Phase 1 Age 8	Red				
69	YMGC	Emily	Roberts	Phase 1 Age 8					
70	YMGC	Raya	Williams	Phase 1 Age 8					
71	YMGC	Abigail	Boylan	Phase 1 Age 8					
72	YMGC	Sofia	Gibbs	Phase 1 Age 8	Green				
73	YMGC	Mabli	Williams	Phase 1 Age 8					
74	YMGC	Myfi Prydderch	Ifan	Phase 1 Age 8					
75	YMGC	Faron	Milburn	Phase 1 Age 8					
76	YMGC	Caitlyn	Abernethy	Phase 1 Age 8					
77	YMGC	Eddie	Jones	Phase 1 Age 8					
78	Eryri	Mia	Casey	Phase 1 Age 8	Eryri 1				
79	Eryri	Awel	Jones	Phase 1 Age 8					
80	Eryri	Efa	Tanner	Phase 1 Age 8					
81	Eryri	Lleucu	Owen	Phase 1 Age 8					
82	Eryri	Erin Matilda	Williams	Phase 1 Age 8	Eryri 2				
83	Eryri	Casi	Owen	Phase 1 Age 8					
84	Eryri	Lili	Tudor	Phase 1 Age 8					

H					Vault 1				
					Vault 2				
					Rest				
					Tumble 1				
					Tumble 2				
No.	Club	Name		Level	Team				
85	Olympus	Oliver	Whitfield-Percy	Phase 2 Age 8	Team Emerald				
86	Olympus	Erin	Todd	Phase 2 Age 8					
87	Olympus	Frankie	Vietri	Phase 2 Age 8					
88	Olympus	Daisy	Turner	Phase 2 Age 8	Team Ruby				
89	Olympus	Ffion	Owens	Phase 2 Age 8					
90	Olympus	Nancie	Hughes	Phase 2 Age 8					
91	Olympus	Charlie	Bolshaw	Phase 1 Age 8					
92	Olympus	Thea	Coxey-Davies	Phase 1 Age 8					
93	Maldwyn	Macie	Harbour	Phase 1 Age 8	Maldwyn				
94	Maldwyn	Amelia	Williams	Phase 1 Age 8					
95	Maldwyn	Hannah	Lewis	Phase 1 Age 8					
96	Maldwyn	Emma	Thomas	Phase 1 Age 8					
97	Maldwyn	Sophia	Elcocks	Phase 1 Age 8					

I					Vault 2				
					Rest				
					Tumble 1				
					Tumble 2				
					Vault 1				
No.	Club	Name		Level	Team				
98	Buckley	Jocelyn	Kinch	Phase 1 Age 8	Buckley Blue				
99	Buckley	Nancy	Davies	Phase 1 Age 8					
100	Buckley	Iona	John	Phase 1 Age 8					
101	Buckley	Lola	Davies	Phase 1 Age 8					
102	Buckley	Evelyn	Williams	Phase 1 Age 8	Buckley Silver				
103	Buckley	Amelie	Parry	Phase 1 Age 8					
104	Buckley	Monica	Popa	Phase 1 Age 8					
105	Buckley	Priya	Wainwright-Jones	Phase 1 Age 8					
106	Buckley	Georgia	Roberts	Phase 1 Age 8	Buckley White				
107	Buckley	Florence	Robbins	Phase 1 Age 8					
108	Buckley	Amber	Coulson	Phase 1 Age 8					
109	Buckley	Willow	Owen	Phase 1 Age 8					
110	Buckley	Charlotte	Jones	Phase 1 Age 8					

J					Rest				
					Tumble 1				
					Tumble 2				
					Vault 1				
					Vault 2				
No.	Club	Name		Level	Team				
111	Bangor	Anna	Parsons	Phase 1 Age 8	Bangor Purple				
112	Bangor	Megan	Jones	Phase 1 Age 8					
113	Bangor	Chloe	Lamberton	Phase 1 Age 8					
114	Bangor	Darcy	Short	Phase 1 Age 8	Bangor Pink				
115	Bangor	Aeira	Nazim	Phase 1 Age 8					
116	Bangor	Meira	Nazim	Phase 1 Age 8	Bangor Lilac				
117	Bangor	Alys	Jones	Phase 2 Age 8					
118	Bangor	Sophia	Thomas	Phase 2 Age 8					
118a	Bangor	Lili	Jones	Phase 2 Age 8					
119	Deeside	Annalise	Davies-Jones	Phase 2 Age 8	DGA 2				
120	Deeside	Freya	Speed	Phase 2 Age 8					
121	Deeside	Harlow	Jones	Phase 2 Age 8					
122	Deeside	Riley	Jones	Phase 2 Age 8					
123	Deeside	Andrae	Edwards	Phase 2 Age 8					

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	F	G	H	I	J
2	J	F	G	H	I
3	I	J	F	G	H
4	H	I	J	F	G
5	G	H	I	J	F

Round 3

Age Group – All 9 in Year Gymnasts

Arrive/registration: 1:45 pm

General warm up: 1:55 – 2:15 pm

Compete: 2:20 pm

Presentation: 4 – 4:20 pm

End of round: 4:25 pm

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
2:20 – 2:40	1	K	L	M	N	O
2:40 - 3	2	O	K	L	M	N
3 – 3:20	3	N	O	K	L	M
3:20 – 3:40	4	M	N	O	K	L
3:40 - 4	5	L	M	N	O	K

SATURDAY ROUND 3 - 9 in Year Phase 1 & 2

K		Tumble 1			
		Tumble 2			
		Vault 1			
		Vault 2			
		Rest			
No.	Club	Name	Level	Team	
124	Bangor	Ella Macdonald	Phase 1 Age 9	Bangor Green	
125	Bangor	Nancy Metcalfe	Phase 1 Age 9		
126	Bangor	Elain Thomas	Phase 1 Age 9		
127	Bangor	Esyllt Owen	Phase 1 Age 9		
128	Bangor	Olivia Rowlands	Phase 1 Age 9		
129	Bangor	Winnie Thomas	Phase 1 Age 9	Bangor Yellow	
130	Bangor	Sierra Martin-Brown	Phase 1 Age 9		
131	Bangor	Flori Williams	Phase 1 Age 9		
132	Bangor	Nel Roberts	Phase 1 Age 9		
133	Dreigiau'r	Poppy Jones	Phase 1 Age 9		
134	Dreigiau'r	Owain Williams	Phase 1 Age 9		
135	Dreigiau'r	Enlli Davies	Phase 2 Age 9		

L		Tumble 2			
		Vault 1			
		Vault 2			
		Rest			
		Tumble 1			
No.	Club	Name	Level	Team	
136	Buckley	Lola Bell	Phase 1 Age 9	Buckley Red	
137	Buckley	Ava Roberts	Phase 1 Age 9		
138	Buckley	Aurelia Heard	Phase 1 Age 9		
139	Buckley	Fern Jones	Phase 1 Age 9		
139a	Buckley	Savannah Booth	Phase 1 Age 9		
140	Buckley	Poppy Belle Reynolds	Phase 1 Age 9	Buckley Pink	
141	Buckley	Emilia Hurst	Phase 1 Age 9		
142	Buckley	Libby Wynne	Phase 1 Age 9		
143	Buckley	Sienna Thomas	Phase 1 Age 9		
144	Eryri	Martha Griffiths	Phase 1 Age 9		Eryri
145	Eryri	Cadi Jones	Phase 1 Age 9		
146	Eryri	Olivia Smith	Phase 1 Age 9		
147	Eryri	Lois Roberts	Phase 1 Age 9		
148	Eryri	Emi Williams	Phase 1 Age 9		

M		Vault 1			
		Vault 2			
		Rest			
		Tumble 1			
		Tumble 2			
No.	Club	Name	Level	Team	
149	Deeside	Charlotte Skates	Phase 1 Age 9	Deeside 1	
150	Deeside	Lulu Callegaris	Phase 1 Age 9		
151	Deeside	Honey Lewis	Phase 1 Age 9		
152	Deeside	Bella Waddington	Phase 1 Age 9		
153	Deeside	Monty Richards	Phase 1 Age 9		
154	Deeside	Amriel Mostyn Jones	Phase 2 Age 9	Burgundy 2	
155	Deeside	Lily Williams	Phase 2 Age 9		
156	Deeside	Isla Davies	Phase 2 Age 9		
157	Deeside	Leif Uetake Mcwilliams	Phase 2 Age 9		
158	Deeside	Llywelyn Jones Finnigan	Phase 2 Age 9		Gold 2
159	Deeside	Jack Robinson	Phase 2 Age 9		
160	Maldwyn	Olivia Gough	Phase 1 Age 9		
161	Grays	Amelia Hasnip	Phase 2 Age 9		
162	Grays	Beau Prytherch	Phase 2 Age 9		

N		Vault 2			
		Rest			
		Tumble 1			
		Tumble 2			
		Vault 1			
No.	Club	Name	Level	Team	
163	Olympus	Maisie Beesley	Phase 1 Age 9	Team Purple	
164	Olympus	Annabelle Harvey	Phase 1 Age 9		
165	Olympus	Bella Hughes	Phase 1 Age 9		
166	Olympus	Lilia Mungai	Phase 1 Age 9		
167	Olympus	Zachary Wright	Phase 1 Age 9		
168	Olympus	Jack Waters	Phase 1 Age 9		
169	Olympus	Sienna Dodd	Phase 2 Age 9	Team Aqua	
170	Olympus	Isabelle Povey	Phase 2 Age 9		
171	Olympus	William Cooper	Phase 2 Age 9		
171a	Olympus	Leon Kapper	Phase 2 Age 9		
172	Olympus	Leila Wheadon	Phase 2 Age 9		
173	Olympus	Georgina Tracey	Phase 2 Age 9	Team Rose	
174	Olympus	Harriet Jones	Phase 2 Age 9		

O		Rest			
		Tumble 1			
		Tumble 2			
		Vault 1			
		Vault 2			
No.	Club	Name	Level	Team	
175	Grays	Mia Rees	Phase 1 Age 9	Grays	
176	Grays	Livia Salter	Phase 1 Age 9		
177	Grays	Aria Tapp	Phase 1 Age 9		
178	Grays	Reagan Whelan-Clark	Phase 1 Age 9		
179	Grays	Evie Crook	Phase 1 Age 9		
180	YMGC	Henlie Barnett	Phase 1 Age 9	Red	
181	YMGC	Lilah Henson	Phase 1 Age 9		
182	YMGC	Alaw Roberts	Phase 1 Age 9		
183	YMGC	Elin Roberts	Phase 1 Age 9		
184	YMGC	Mari Grace Pursglove	Phase 2 Age 9		
185	YMGC	Mia Williams	Phase 2 Age 9	Green	
186	YMGC	Madison Williams	Phase 2 Age 9		
187	YMGC	Becca Coad	Phase 2 Age 9		
188	YMGC	Vienna-Ivy Jones	Phase 2 Age 9		

	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	K	L	M	N	O	
2	O	K	L	M	N	
3	N	O	K	L	M	
4	M	N	O	K	L	
5	L	M	N	O	K	

Round 4

Age Group – All 10 in Year Gymnasts

Arrive/registration: 4:40 pm

General warm up: 4:50 – 5:10 pm

Compete: 5:15 pm

Presentation: 6:55 – 7:15 pm

End of round: 7:20 pm

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
5:15 – 5:35	1	P	Q	R	S	T
5:35 – 5:55	2	T	P	Q	R	S
5:55 – 6:15	3	S	T	P	Q	R
6:15 – 6:35	4	R	S	T	P	Q
6:35 – 6:55	5	Q	R	S	T	P

SATURDAY ROUND 4 - 10 in Year Phase 1 & 2

P	Tumble 1				
	Tumble 2				
	Vault 1				
	Vault 2				
	Rest				
	No.	Club	Name		Level
189	Buckley	Olivia	Jones	Phase 1 Age 10	Buckley Green
190	Buckley	Rose	Bews	Phase 1 Age 10	
191	Buckley	Sophie	Jones	Phase 1 Age 10	
192	Buckley	Maja	Koniusz	Phase 1 Age 10	Buckley Yellow
193	Buckley	Megan	Roberts	Phase 1 Age 10	
194	Buckley	Esmay	Parry	Phase 1 Age 10	
195	Buckley	Sophie	Shaw	Phase 1 Age 10	Buckley Grey
196	Buckley	Esther	Williams	Phase 2 Age 10	
197	Buckley	Elsie	Cox	Phase 2 Age 10	
198	Buckley	Seren	Walsh	Phase 2 Age 10	
199	Buckley	Lois	Lanzi	Phase 2 Age 10	
200	Buckley	Isabelle	Craigie	Phase 2 Age 10	

Q	Tumble 2				
	Vault 1				
	Vault 2				
	Rest				
	Tumble 1				
	No.	Club	Name		Level
201	Olympus	Eleanor	Matthews	Phase 1 Age 10	
202	Olympus	Eira	Jones	Phase 1 Age 10	
203	Olympus	Emilia	Pritchard Garcia	Phase 1 Age 10	
204	Olympus	Eleanor	Jones	Phase 2 Age 10	Team Red
205	Olympus	Leila	Niemiec	Phase 2 Age 10	
206	Olympus	Seren	Ward	Phase 2 Age 10	
207	Olympus	Ava	Moreton	Phase 2 Age 10	
208	Olympus	Zara	Ates	Phase 2 Age 10	
209	Bangor	Lilly	Edwards	Phase 1 Age 10	Bangor Teal
210	Bangor	Chloie	Jones	Phase 1 Age 10	
211	Bangor	Awel	Lewis	Phase 1 Age 10	

R	Vault 1				
	Vault 2				
	Rest				
	Tumble 1				
	Tumble 2				
	No.	Club	Name		Level
212	Deeside	Lauryn	Hickson	Phase 1 Age 10	Deeside 2
213	Deeside	Sofia	Parry	Phase 1 Age 10	
214	Deeside	Aila Rose	Parry	Phase 1 Age 10	
215	Deeside	Jessica	Fox	Phase 1 Age 10	
216	Deeside	Dolly Anne	Ravenscroft	Phase 1 Age 10	
217	Deeside	Willow	Ahmadi-Hamer	Phase 2 Age 10	Deeside Pink
218	Deeside	Emilia	Chitty	Phase 2 Age 10	
219	Deeside	Isla	Holgate-Stedmans	Phase 2 Age 10	DGA Gold
220	Deeside	Grace	Gregory	Phase 2 Age 10	
221	Deeside	Sofia	Butt	Phase 2 Age 10	
222	Deeside	Annabelle	Keeley	Phase 2 Age 10	

S	Vault 2				
	Rest				
	Tumble 1				
	Tumble 2				
	Vault 1				
	No.	Club	Name		Level
223	Dreigiau'r	Mabli	Jones	Phase 1 Age 10	Green
224	Dreigiau'r	Mali	Thomas	Phase 1 Age 10	
225	Dreigiau'r	Rachel	Evans	Phase 1 Age 10	
226	Dreigiau'r	Lydia	Jones	Phase 2 Age 10	
227	Dreigiau'r	Elliw-Mai	Morris	Phase 2 Age 10	
228	Eryri	Ismay	Smith	Phase 1 Age 10	
229	Grays	Cora	Edge	Phase 1 Age 10	
230	Grays	Eva	Harris	Phase 1 Age 10	
231	Grays	Maggie	Elias	Phase 2 Age 10	Grays
232	Grays	Grace	Emery-Jones	Phase 2 Age 10	
233	Grays	Phoebe	Jewsbury	Phase 2 Age 10	
234	Grays	Florence	Shepherd	Phase 2 Age 10	
235	Grays	Grace	Pitman	Phase 2 Age 10	

T	Rest				
	Tumble 1				
	Tumble 2				
	Vault 1				
	Vault 2				
	No.	Club	Name		Level
236	Maldwyn	Esme	Francis-Jones	Phase 1 Age 10	Maldwyn
237	Maldwyn	Esther	Lenaerts	Phase 1 Age 10	
238	Maldwyn	Mari	Beamond	Phase 1 Age 10	
239	Maldwyn	Lily	Isaac	Phase 1 Age 10	
240	Maldwyn	Eva	Farley-Hughes	Phase 1 Age 10	
241	YMGC	Ivy	Caffrey	Phase 1 Age 10	Red
242	YMGC	Erin	Thomas	Phase 1 Age 10	
243	YMGC	Xanthie	Evans	Phase 1 Age 10	Team Green
244	YMGC	Rowan	Milburn	Phase 2 Age 10	
245	YMGC	Libby	Griffiths	Phase 2 Age 10	
246	YMGC	Ella May	Hogan Mackintosh	Phase 2 Age 10	
247	YMGC	Georgia	Mcmullan	Phase 2 Age 10	
248	YMGC	Olive	Thomas-Beck	Phase 2 Age 10	

	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	P	Q	R	S	T	
2	T	P	Q	R	S	
3	S	T	P	Q	R	
4	R	S	T	P	Q	
5	Q	R	S	T	P	

Sunday 21st April 2024

Round 1 – Doors open @ 8.30am

Age Group – 11-12 in Year Phase 1 & 3

Arrive/registration: 8:30 am

Coaches Meeting: 8:35 am

General warm up: 8:40 – 9:00 am

Judges Meeting: 8:45 – 9:00 am

Compete: 9:05 am

Presentation: 10:20 – 10:40 am

End of round: 10:45 am

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
9:05 – 9:20	1	U	V	W	X	Y
9:20 – 9:35	2	Y	U	V	W	X
9:35 – 9:50	3	X	Y	U	V	W
9:50 – 10:05	4	W	X	Y	U	V
10:05 – 10:20	5	V	W	X	Y	U

Sunday Round 1 - 11-12 in Year Phase 1 & 3

U					Tumble 1				
					Tumble 2				
					Vault 1				
					Vault 2				
					Rest				
No.	Club	Name		Level	Team				
249	Olympus	Alice	Harding	Phase 1 Age 11-12	Team Teal				
250	Olympus	Sophie	Green	Phase 1 Age 11-12					
251	Olympus	Alicia	Wiggett	Phase 1 Age 11-12					
252	Olympus	Jessica	Brereton	Phase 3 Age 11-12	Team White				
253	Olympus	Libby	Preston	Phase 3 Age 11-12					
254	Olympus	Daisy	Lloyd-Williams	Phase 3 Age 11-12					
255	Olympus	Harriet	Bradshaw	Phase 3 Age 11-12	Team Black				
256	Olympus	Lottoria	Walsh	Phase 3 Age 11-12					
257	Olympus	Logan	Charlick	Phase 3 Age 11-12					
258	Olympus	Arthur	Sandiford	Phase 3 Age 11-12	Team Black				
259	Olympus	Dafi Ellis	Edwards	Phase 3 Age 11-12					
260	Olympus	Victoria	Abbiati	Phase 3 Age 11-12					
261	Olympus	Mayah	Muzimba	Phase 3 Age 11-12					

V					Tumble 2				
					Vault 1				
					Vault 2				
					Rest				
					Tumble 1				
No.	Club	Name		Level	Team				
262	Deeside	Daisy	Cresswell	Phase 1 Age 11-12	Burgundy				
263	Deeside	Sophie	Hughes	Phase 1 Age 11-12					
264	Deeside	Alice	Kitching	Phase 1 Age 11-12					
265	Deeside	Dylan	Nickson	Phase 1 Age 11-12	Gold				
266	Deeside	Bruce	Powell	Phase 1 Age 11-12					
267	Deeside	Logan	Pickford	Phase 1 Age 11-12					
268	Deeside	Jessica	Cody	Phase 3 Age 11-12	DGA 3				
269	Deeside	Lucas	Waddington	Phase 3 Age 11-12					
270	Deeside	Ryan	Coppell	Phase 3 Age 11-12					
271	Deeside	Olivia	Aston	Phase 3 Age 11-12					
272	Deeside	Lily	Huson	Phase 3 Age 11-12					

W					Vault 1				
					Vault 2				
					Rest				
					Tumble 1				
					Tumble 2				
No.	Club	Name		Level	Team				
273	Bangor	Macey	Hughes	Phase 1 Age 11-12	Bangor Lilac				
274	Bangor	Jasmine	Gunn	Phase 1 Age 11-12					
275	Bangor	Ava	Templer	Phase 1 Age 11-12					
276	Bangor	Anest	Griffith	Phase 1 Age 11-12					
277	Bangor	Alexa	Lloyd Williams	Phase 1 Age 11-12					
278	Dreigiau'r	Megan	Woodvine	Phase 1 Age 11-12					
279	Dreigiau'r	Alys	Roberts	Phase 3 Age 11-12					
280	Dreigiau'r	Efa Gwen	Owen	Phase 3 Age 11-12					
282	Maldwyn	Logan	Woodsford	Phase 3 Age 11-12					

X					Vault 2				
					Rest				
					Tumble 1				
					Tumble 2				
					Vault 1				
No.	Club	Name		Level	Team				
283	Eryri	Cadi	Rhys	Phase 1 Age 11-12	Eryri				
283	Eryri	Efa Haf	Pritchard-Jones	Phase 1 Age 11-12					
283	Eryri	Enlli-Lois	Davis	Phase 1 Age 11-12					
283	Eryri	Myfi	Hughes	Phase 1 Age 11-12					
283	Eryri	Gwenno	Jones	Phase 1 Age 11-12					
283	YMGC	Hari	Roberts	Phase 1 Age 11-12					
283	YMGC	Evelyn	Jones Sims	Phase 1 Age 11-12					
283	Buckley	Mila	Roberts	Phase 3 Age 11-12					

Y					Rest				
					Tumble 1				
					Tumble 2				
					Vault 1				
					Vault 2				
No.	Club	Name		Level	Team				
284	Buckley	Madeleine	Haines	Phase 1 Age 11-12	Buckley Purple				
285	Buckley	Sienna	Bremner	Phase 1 Age 11-12					
286	Buckley	Lola	Lewis	Phase 1 Age 11-12					
287	Buckley	Daisy-May	Davies	Phase 1 Age 11-12	Buckley Orange				
288	Buckley	Isabella	Williams	Phase 1 Age 11-12					
289	Buckley	Sophie	Peters	Phase 1 Age 11-12					
290	Buckley	Megan	Smith	Phase 1 Age 11-12	Buckley Turquoise				
291	Buckley	Olivia	Topley	Phase 1 Age 11-12					
292	Buckley	Neve	Morrille	Phase 1 Age 11-12					
293	Buckley	Darcie	Parry	Phase 1 Age 11-12	Buckley Turquoise				
294	Buckley	Macie	Parry	Phase 1 Age 11-12					
295	Buckley	Mabel	Mather	Phase 1 Age 11-12					

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	U	V	W	X	Y
2	Y	U	V	W	X
3	X	Y	U	V	W
4	W	X	Y	U	V
5	V	W	X	Y	U

Round 2

Age Group – All 13+ Gymnasts

Arrive/registration: 11 am
 General warm up: 11:10 – 11:30 am
 Compete: 11:35 – 11:55 am
 Presentation: 1:15 – 1:35 pm
 End of round: 1:35 pm

TIMINGS	R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
11:35 – 11:55	1	AA	BB	CC	DD	EE
11:55 – 12:15	2	EE	AA	BB	CC	DD
12:15 – 12:35	3	DD	EE	AA	BB	CC
12:35 – 12:55	4	CC	DD	EE	AA	BB
12:55 – 1:15	5	BB	CC	DD	EE	AA

Sunday Round 2 - 13+

AA						Tumble 1					
						Tumble 2					
						Vault 1					
						Vault 2					
						Rest					
No.	Club	Name		Level	Team						
296	Dreigiau'r	Ishbel	Holt	Phase 3 Age 13+	Purple						
297	Dreigiau'r	Mari	Williams	Phase 3 Age 13+							
298	Dreigiau'r	Hanna Gwyn	Edwards	Phase 3 Age 13+							
299	Dreigiau'r	Havana	Mcmurray	Phase 3 Age 13+							
300	Dreigiau'r	Alaw	Jones	Phase 3 Age 13+							
301	Dreigiau'r	Bethan	Rogers	Phase 3 Age 13+	Pink						
302	Dreigiau'r	Aliya	Zylinski	Phase 3 Age 13+							
303	Dreigiau'r	Emily	Sutton	Phase 3 Age 13+							
304	Dreigiau'r	Tesni	Davies	Phase 3 Age 13+							
305	Bangor	Jasmine	Jackson	Phase 2 Age 13+							
306	Bangor	Lili	Jones	Phase 2 Age 13+							

BB						Tumble 2					
						Vault 1					
						Vault 2					
						Rest					
						Tumble 1					
No.	Club	Name		Level	Team						
307	YMGC	Charlotte	Lloyd	Phase 2 Age 13+	Team Red						
308	YMGC	Elin	Legge	Phase 2 Age 13+							
309	YMGC	Mia	Waldron	Phase 2 Age 13+							
310	YMGC	Beca	Hagan	Phase 2 Age 13+	Team Green						
311	YMGC	Lydia	Parry	Phase 2 Age 13+							
312	YMGC	Amber	Hughes	Phase 2 Age 13+							
313	YMGC	Elsi	Watkins	Phase 2 Age 13+							
314	YMGC	Elsa	Roberts	Phase 2 Age 13+							
315	YMGC	Ella	Reid	Phase 3 Age 13+	Team Yellow						
316	YMGC	Jessica	Davies	Phase 3 Age 13+							
317	YMGC	Megan	Thomas	Phase 3 Age 13+							
318	YMGC	Haf	Owen -Flower	Phase 3 Age 13+							
319	YMGC	Loren	Westall	Phase 3 Age 13+							

CC						Vault 1					
						Vault 2					
						Rest					
						Tumble 1					
						Tumble 2					
No.	Club	Name		Level	Team						
320	Olympus	Alice	Brereton	Phase 3 Age 13+	Team Indigo						
321	Olympus	Nia	Davies	Phase 3 Age 13+							
322	Olympus	Natasza	Jaskula	Phase 3 Age 13+							
323	Olympus	Alice	Fotheringham	Phase 3 Age 13+							
324	Olympus	Maggie	Godwin	Phase 3 Age 13+							
325	Olympus	Bronwen	Edwards	Phase 3 Age 13+	Team Steel						
326	Olympus	Leyla	Ates	Phase 3 Age 13+							
327	Olympus	Freya	Whelan	Phase 3 Age 13+							
328	Olympus	Lena	Jaskula	Phase 3 Age 13+							
329	Maldwyn	Lexi	Francis-Jones	Phase 2 Age 13+							

DD						Vault 2					
						Rest					
						Tumble 1					
						Tumble 2					
						Vault 1					
No.	Club	Name		Level	Age						
330	Deeside	Amelia	Stinchombe	Phase 2 Age 13+	DGA Gold						
331	Deeside	Amy	Jones	Phase 2 Age 13+							
332	Deeside	Elinor	Seddon	Phase 2 Age 13+							
333	Deeside	Ethan	Waddington	Phase 2 Age 13+							
334	Deeside	Ellie	Stinchombe	Phase 3 Age 13+	Burgendy 3						
335	Deeside	Charlotte	Salt	Phase 3 Age 13+							
336	Deeside	Kailyn	Jones	Phase 3 Age 13+							
337	Deeside	Max	Williams	Phase 3 Age 13+							
338	Deeside	Arthur	Davies	Phase 3 Age 13+							
339	Grays	India Grace	Steinson	Phase 2 Age 13+	Grays						
340	Grays	Aimee	Kite	Phase 3 Age 13+							
341	Grays	Amelia	Evans	Phase 3 Age 13+							
342	Grays	Sophie	Jones	Phase 3 Age 13+							

EE						Rest					
						Tumble 1					
						Tumble 2					
						Vault 1					
						Vault 2					
No.	Club	Name		Level	Team						
343	Buckley	Victoria	Steele	Phase 2 Age 13+	Buckley Brown						
344	Buckley	Leila	Parry	Phase 2 Age 13+							
345	Buckley	Evie	Stone	Phase 2 Age 13+							
346	Buckley	Elise	Roberts	Phase 2 Age 13+							
347	Buckley	Grace	Williams	Phase 2 Age 13+	Buckley Navy						
348	Buckley	Evie	Williams	Phase 2 Age 13+							
349	Buckley	Maddison	Humphreys	Phase 2 Age 13+							
350	Buckley	Ellie	Williams	Phase 2 Age 13+							
351	Buckley	Amelia	Roberts	Phase 2 Age 13+							
352	Buckley	Isabella	Ferguson	Phase 2 Age 13+	Buckley Maroon						
353	Buckley	Jaida	Morgan	Phase 2 Age 13+							
354	Buckley	Mia	Parsonage	Phase 3 Age 13+							
355	Buckley	Autumn Rose	Baxter	Phase 1 Age 13+							

R	Tumble 1	Tumble 2	Vault 1	Vault 2	Rest
1	AA	BB	CC	DD	EE
2	EE	AA	BB	CC	DD
3	DD	EE	AA	BB	CC
4	CC	DD	EE	AA	BB
5	BB	CC	DD	EE	AA

Round 3

Age Group – 11-12 in Year Phase 2

Arrive/registration: 1:50 pm

General warm up: 2 – 2:20 pm

Compete: 2:25 pm

Presentation: 3:25 – 3:45 pm

End of round: 3:50 pm

TIMINGS	Rotation	Tumble 1	Tumble 2	Vault 1	Vault 2
2:25 – 2:40	1	FF	GG	HH	II
2:40 – 2:55	2	II	FF	GG	HH
2:55 – 3:10	3	HH	II	FF	GG
3:10 – 3:25	5	GG	HH	II	FF

Sunday Round 3 - Age 11-12 Phase 2

FF		Tumble 1			Team
		Tumble 2			
		Vault 1			
		Vault 2			
No.	Club	Name	Level	Team	
356	Olympus	Keira Fitzpatrick	Phase 2 Age 11-12	Team Lilac	
357	Olympus	Elin Pain	Phase 2 Age 11-12		
358	Olympus	Isabella Robertson	Phase 2 Age 11-12		
359	Olympus	Imogen Harkness	Phase 2 Age 11-12		
360	Olympus	Ava Gaughan	Phase 2 Age 11-12		
361	YMGC	Sarah Holmes	Phase 2 Age 11-12	Team Green	
362	YMGC	Skye Milburn	Phase 2 Age 11-12		
363	YMGC	Lal Prydderch Ifan	Phase 2 Age 11-12	Team Red	
364	YMGC	Mili Fflur Roberts	Phase 2 Age 11-12		
365	YMGC	Eli Roberts	Phase 2 Age 11-12		
366	YMGC	Jessica Davies	Phase 2 Age 11-12		
367	YMGC	Ciana Roberts	Phase 2 Age 11-12		

GG		Tumble 2			Team
		Vault 1			
		Vault 2			
		Tumble 1			
No.	Club	Name	Level	Team	
368	Bangor	Daisy Good	Phase 2 Age 11-12	Bangor Violet	
369	Bangor	Cara Williams	Phase 2 Age 11-12		
370	Bangor	Roxie Roberts	Phase 2 Age 11-12		
371	Dreigiau'r	Anna Hughes	Phase 2 Age 11-12	Blue	
372	Dreigiau'r	Kate Evans	Phase 2 Age 11-12		
373	Dreigiau'r	Nel Burgess	Phase 2 Age 11-12	Grays	
374	Grays	Violet Hughes	Phase 2 Age 11-12		
375	Grays	Hayden Weston	Phase 2 Age 11-12		
281	Grays	Laya Wright	Phase 2 Age 11-12	Maldwyn	
376	Maldwyn	Isabella Hartshorn	Phase 2 Age 11-12		
377	Maldwyn	Saffron Hyland	Phase 2 Age 11-12		
378	Maldwyn	Faith Thomas	Phase 2 Age 11-12		

Rotation	Tumble 1	Tumble 2	Vault 1	Vault 2
1	FF	GG	HH	II
2	II	FF	GG	HH
3	HH	II	FF	GG
5	GG	HH	II	FF

HH		Vault 1			Team
		Vault 2			
		Tumble 1			
		Tumble 2			
No.	Club	Name	Level	Team	
379	Buckley	Daisy Reynolds	Phase 2 Age 11-12	Buckley Lime	
380	Buckley	Esmi Jones-Roberts	Phase 2 Age 11-12		
381	Buckley	Leila Roberts	Phase 2 Age 11-12		
382	Buckley	Emily Quinlan	Phase 2 Age 11-12	Buckley Teal	
383	Buckley	Emelia Kenworthy	Phase 2 Age 11-12		
384	Buckley	Isabella Williams	Phase 2 Age 11-12		
385	Buckley	Ela Wynne	Phase 2 Age 11-12	Buckley Violet	
386	Buckley	Ffion Edwards	Phase 2 Age 11-12		
387	Buckley	Epifanie Hughes	Phase 2 Age 11-12		
388	Buckley	Elain Wynn-jones	Phase 2 Age 11-12		
389	Buckley	Isla Houlden	Phase 2 Age 11-12		

II		Vault 2			Age
		Tumble 1			
		Tumble 2			
		Vault 1			
No.	Club	Name	Level	Age	
390	Deeside	Mair Brooks	Phase 2 Age 11-12	Deeside Gold	
391	Deeside	Jasmine Thomas	Phase 2 Age 11-12		
392	Deeside	Ava Seddon	Phase 2 Age 11-12		
393	Deeside	Lyla Coldrick	Phase 2 Age 11-12		
394	Deeside	Chloe Williamson	Phase 2 Age 11-12	Deeside Blue	
395	Deeside	Poppy Jones	Phase 2 Age 11-12		
396	Deeside	Hank Starck	Phase 2 Age 11-12		
397	Deeside	Harvey Elliott	Phase 2 Age 11-12		
398	Deeside	Zara Williamson	Phase 2 Age 11-12		

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This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions, you may not bring any photo equipment into the venue or take any photos. 'Photos' includes any form of video or still image including those taken with mobile phones.

- 1.** The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a.** Not to take photos either generally or in particular circumstances.
 - b.** To provide their full name and address and evidence of this
 - c.** To let the Competition Organiser, view any images recorded and to delete any images.
- d.** To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
- 3.** Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
- 4.** Photos may not be used, distributed, or copied for commercial purposes.
- 5.** Flash may not be used at any time while gymnasts are warming up or competing.

*Taken from Appendix 2 British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form – BG Photography Regulations.