

Trampoline Discipline Forum
11.03.2024 (7pm online)

Welsh Gymnastics Staff Present:

Director of Development – Siwan Davies (SD)

Director of Performance – Holly Broad (HB)

Director of Safeguarding – Lisa O’Connell (LOC)

SD delivered presentation highlighting key data and areas of focus.

Key points;

Data, strategy and current focus

- Although the data available implies that the coach: participant is low, the number of coaches actively coaching trampoline is unknown and is estimated to be less than the figures suggest.
- The School Sports Survey shows a high unmet demand for trampoline. A note to say that the data only includes children over the age of 7.
- Welsh Gymnastics’ new strategy (to be launched Summer 2024) focuses on People, Places and Practices.
- Education opportunities for trampoline are being explored. This includes a heavy focus on supporting recreational coaching, specifically the development of a Trampoline Activity Instructor course. This course would enable individuals (18+) to undertake a 3-4 day course and be qualified to deliver independently following an assessment, an option which is already up and running in gymnastics. This approach will prevent individuals having to follow the traditional Level 1 and 2 courses, which can be lengthy and expensive to coach recreational classes.
- Teacher training courses high on agenda, along with creating links with schools.
- Welsh Gymnastics are looking at different models, starting new provision and expanding new provision. Expressions of interest for Community Coaches will be circulated for individuals wishing to be considered to support new provision.
- Suggestion to create a working group to look at school links/activity. Importance of delivering sessions through the medium of the Welsh language was also raised.
- Question of how we better connect artistic clubs with older gymnasts wishing to move over to trampolining.

Squad activity

- Thank you to everyone for their patience during the hiatus of squad activity. Squad selections now made for 2024. Ricardo Trony named as Lead Coach for Trampoline. Session with England Squad taking place in March and Welsh Squad session information to be sent out in the next week.

Actions/Engagement

- If clubs/coaches would like support or help to access leisure centres and schools please contact the Development Officer for the relevant area.
- If you would be interested in joining a working group to explore school connections and activity, please email development@welshgymnastics.org
- SD to circulate the trampoline plan to the community.
- SD to circulate the Community Coach Expression of Interest to community.
- Performance Team to send squad information to individuals involved.