



Welsh Gymnastics
Gymnasteg Cymru

Welsh Club Cup Series & Regional Challenge Cup Qualifiers 2024

Saturday 13th & Sunday 14th April

Photography Regulations

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by Welsh Gymnastics and British Gymnastics.

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org if you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they cannot be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing.

Welcome to the Welsh Tumble Club Cup Series and Regional Challenge Cup Qualifiers 2024. We welcome you to the home of Deeside Gymnastics Academy.



PARKING

It is free to park in the designated car parks located at the front of the building. The venue is located on an active airfield so you will be needed to provide a name or where you are going when you arrive before entering the airfield.

ENTRY

The door for the competition will not open until 9.00am, so can we kindly ask that all spectators please form an orderly line outside.

This is a ticketed event only. Tickets will be available to purchase up until the day, please can you have your ticket confirmation to hand when entering.

<https://www.eventbrite.co.uk/e/welsh-tumbling-rcc-qualifiers-2024-tickets-872446459847?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl>

EVENT SAFEGUARDING AND WELL-BEING OFFICER



James Thomas

If you have any questions or queries please do not hesitate to reach out to our event officers or to report a concern please follow the link below:

<https://wg.vissro.com/public/wgcase.nsf/safe-guarding-report>

WARM UP

General Warm up will on the main floor square. There will be time to warm up on the main track where we urge clubs to make the most of this time efficiently and respectfully.

Officials	
Role	Name
Competition Organiser	Welsh Gymnastics
Floor Manager	Josh Beard
Welfare Officer	James Thomas
Head Judge	Joy Sumner
First Aid	James Thomas

Codes of conduct

Parents : <https://www.welshgymnastics.org/wp-content/uploads/2023/10/Codes-of-Conduct-for-Parents-Version-1-021023.pdf>

Gymnasts : <https://www.welshgymnastics.org/wp-content/uploads/2023/10/Codes-of-Conduct-for-Gymnasts-Version-1-021023.pdf>

Coaches, Volunteers, Officials : <https://www.welshgymnastics.org/wp-content/uploads/2023/10/Codes-of-Conduct-for-Coaches-Version-1-021023.pdf>

Welsh Gymnastics would like to wish every Gymnast taking part in this competition all the very best.

A big thank you to all volunteers and officials who are supporting the event throughout the weekend

ENCOURAGING CHILDREN TO BE ACTIVE



COMPETITION RUNNING ORDER

SAT R1	CLUB 1 & 2	
Registration/arrival of gymnasts	9.15am	
Gen Warm up	9.30am	9.45am
Track Warm Up	9.45am	10.10am
March In	10.15am	
Compete R1	10.20am	10.40am
Compete R2	11.00am	11.20am
Compete R3	11.20am	11.40am
Presentation R2	11.50am	

SAT R2	CLUB 3 & 4	
Registration/arrival of gymnasts	12.05pm	
Gen Warm up	12.15pm	12.30pm
Track Warm Up	12.30pm	12.55pm
March In	1.00pm	
Compete R1	1.05pm	1.25pm
Compete R2	1.25pm	1.45pm
Compete R3	1.45pm	2.05pm
Presentation R2	2.15pm	

SAT R3	CLUB 5 & 6	
Registration/arrival of gymnasts	2.40pm	
Gen Warm up	2.45pm	3.00pm
Track Warm Up	3.00pm	3.25pm
March In	3.30pm	
Compete R1	3.35pm	3.55pm
Compete R2	3.55pm	4.15pm
Compete R3	4.15pm	4.35pm
Presentation R2	4.40pm	

PODIUM FOR RCC	Warm Up	Track Start	Track End
RCC 1 2 & 3	5.00pm	5.15pm	6.15pm
RCC 4 & FIG	6.00pm	6.15pm	7.15pm

SUN R1	REG 1	
Registration/arrival of gymnasts	9.00am	
Gen Warm up	9.15am	9.30am
Track Warm Up	9.30am	9.55am
March In	10.05am	
Compete R1	10.10am	10.40am
Compete R2	10.40am	11.00am
Compete R3	11.00am	11.20am
Presentation R2	11.30am	

SUN R2	REG 2 & 3	
Registration/arrival of gymnasts	11.45	
Gen Warm up	11.55	12.05pm
Track Warm Up	12.05	12.30pm
March In	12.35pm	
Compete R1	12.40pm	1.00pm
Compete R2	1.00pm	1.20pm
Compete R3	1.20pm	1.40pm
Presentation R2	1.50pm	

SUN R3	REG 4	
Registration/arrival of gymnasts	2.10pm	
Gen Warm up	2.15pm	2.30pm
Track Warm Up	2.30pm	2.55pm
March In	3.00pm	
Compete R1	3.05pm	3.25pm
Compete R2	3.25pm	3.45pm
Compete R3	3.45pm	4.05pm
Presentation R2	4.10pm	
SUN R3	FIG	
Registration/arrival of gymnasts	4.10pm	
Gen Warm up	4.25pm	4.40pm
Track Warm Up	4.40pm	5.05pm
March In	5.10pm	
Compete R1	5.15pm	5.35pm
Compete R2	5.35pm	5.50pm
Compete R3		
Presentation R2	6.00pm	



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SPOTLIGHT

COLLECTION



SHOP NOW

SPOTLIGHT
COLLECTION

SCAN ME

