



Welsh Gymnastics
Gymnasteg Cymru

Llawlyfr Cystadleuaeth Tymbl 2024

Tumbling Competition Handbook 2024

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Section 1 – Version History

The Tumbling Technical Panel (TTP) reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the Welsh Gymnastics website and an updated version will be made available to download at the time of change.

Any enquiries regarding competitions should be directed to one of the following:

- Welsh Gymnastics Competition Team

competitions@welshgymnastics.org

- Tumbling Discipline Rep –

joy.sumner@welshgymnastics.org

- Tumbling National Competition Lead –

shelley_pace@hotmail.co.uk

- Tumbling Queries

performance@welshgymnastics.org

Section 2 – Judges

Clubs entering competitions are required to nominate and supply a judge or judges for the day(s) on which their gymnasts are competing. If a Club's competitors cover various age groups / grades it will be necessary to provide a judge for each day of their competition (please see below). Numbers of gymnasts are across the full competition, not per day. Whilst we will do our best to put judges on the same day as their club's competing gymnasts, this is not a guarantee. Club's need to provide judge availability to the competition organiser before the entry deadline and ratio's will be determined based on numbers at entry. The number of judges required is as below:

- 1 – 10 gymnasts entered – 1 judge for one whole day
- 10 – 50 gymnasts – 2 judge that can judge two whole days, or 2 judges that can judge one whole day each

From September 2024, as per the Generic Competition Handbook, at least one regional judge or above will now be required as part of the ratio for qualifying competitions and identified pathway competitions when entering more than 3 gymnasts.

These rules must be enforced to ensure that all competitions can run. It is important that we have club judges and enough numbers of regional (or higher) judges at each competition to ensure fairness and expertise to recognise the work that our gymnast and coaches are producing.

It is the Head Judge's responsibility to ensure that his/her apparatus is the correct specification.

Section 4 - National Competition Calendar

Competition Name	Venue	Date(s)	Closing Date	Membership Levels	Entry Fee
Regional RCC Club Series	Deeside	13 th -14 th April 2024		Bronze (club) / Silver	£20 (club) / £25
Regional Tumble League 1	Hareford West	5 th May 2024		Bronze (cartwheel & flick) / Silver	£15
FIG Qualification Event 1	Telford International Centre	18 th – 19 th May 2024	See BG entry	See BG entry	See BG entry
FIG Qualification Event 2	Telford International Centre	22 nd – 23 rd June 2024	See BG entry	See BG entry	See BG entry
Inter-Regional Challenge Cup Final	Utilita Arena, Birmingham	6 th – 7 th July 2024	24 th May 2024	Silver	
Regional Tumble League 2	All Stars Gymnastics Club	21 st July 2024	2 nd June 2024	Bronze (cartwheel & flick) / Silver	£15
Welsh Tumbling Championships	UWIC, Cardiff	7-8 th September 2024	7 th July 2024	Bronze (for Efydd silver) / Silver	£15 (Efydd) / £50

British Championships & FIG Age Group Finals	Telford International Centre	5 th -6 th October 2024	See BG entry	See BG entry	See BG entry
Regional Tumble League 3	Deeside	3 rd November 2024	15 th September 2024	Bronze (cartwheel & flick) / Silver	£15

For British Gymnastics competitions, please follow entry requirements and deadlines as per British Gymnastics website. Clubs are responsible for entries.

Section 5 – Tumbling Technical Requirements

[Tumble league 2024](#) – please see criteria uploaded on Welsh Gymnastics website

[Regional Challenge Cup](#)

[FIG](#)

Year Born Eligibility for National Competitions 2024	
10 years born	2014
11 and 12 years born	2013 and 2012
13 and 14 years born	2011 and 2010
15 and 16 years born	2009 and 2008
17 to 21 years born	2007 to 2003
Senior born	2007 and before