



Welsh Gymnastics
Gymnasteg Cymru

Men's Artistic Competition Handbook 2024

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Section 1 – Version History

The Men's Artistic Technical Committee (MTP) reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the Welsh Gymnastics website and an updated version will be made available to download at the time of change.

Any enquiries regarding competitions should be directed to one of the following:

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Men's Artistic Technical Panel Lead – Welsh Gymnastics

performance@welshgymnastics.org

Men's Artistic Head National Coach - TBC

Men's Artistic National Coach – Peter Haysham

Peter.haysham@welshgymnastics.org

Men's Artistic Discipline Representative – Aled Jones

performance@welshgymnastics.org

Men's Artistic Judging Lead – Paul Edwards

performance@welshgymnastics.org

Men's Artistic National Competition Organiser – Events team

competitions@welshgymnastics.org

Other MAG related queries:

performance@welshgymnastics.org

Section 2 - Eligibility

Welsh Championship Titles

To compete and win Welsh titles, gymnasts must fulfil the eligibility requirements as specified below:

- Be eligible to hold a UK Passport
- Hold correct British / Welsh Gymnastics membership

and

- Be born in Wales;

or

- Mother, father or grandparents of the gymnast born in Wales;

or

- Live in Wales and have done so for a continuous period that exceeds 48 months

For full details of eligibility information and evidence requirements please click: [Welsh-gymnastics-squads-eligibility-criteria.pdf \(welshgymnastics.org\)](https://www.welshgymnastics.org/welsh-gymnastics-squads-eligibility-criteria.pdf)

Welsh Open Events

Any invited gymnasts are eligible to compete in Open events provided they fulfil the relevant membership requirements.

Elite and Club Development Grades

For eligibility into Grade events please refer to the British Gymnastics eligibility requirements found within the BG Competition Handbook.

Section 3 - Terms and Conditions of Entry to All Competitors

In addition to WG General Rules & Regulations

- All entrants agree to be treated by WG appointed medical staff only and be bound by the decision of WG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry, you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. WG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the WG/BG Photography at Gymnastics events policy.

- The person making the online entry on behalf of gymnast(s), a club or an area, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.

Section 4 - General Rules and Penalties

Rule	Penalty
Clubs must have an appropriately qualified coach on the competition floor	Gymnasts/Team Withdrawn from competition
Coach displaying aggressive behaviour/foul language	Removal of coach from the competition floor
Coaches must be appropriately dressed	Coach will not be permitted on the competition floor
Gymnasts, coaches, and volunteers only permitted on competition floor	Unpermitted individuals will be asked to leave the competition floor and 0.5 deducted from the final score of gymnast and team
Gymnasts are not permitted to wear any jewellery	0.3 deducted from the score on the first piece of apparatus it was noticed
Coaches must remove all jewellery or ensure it is fully covered up with tape	NO deduction – formal warning
Gymnasts should not leave the competition floor without the permission of their coach and the judge on that apparatus	Disqualification
Team members must wear identical leotards and club kit, no WG squad kit to be worn.	1pt deducted from score on apparatus where first noticed
Supports/bandages must be matched to the skin tone of the gymnast a, strapping- a suitable colour should be used, i.e: no bright colours b, skin coloured bandages are recommended.	0.3 deducted from score on apparatus where first noticed
Excessive use of chalk	0.5 deducted from the gymnast's score
Chewing gum is not allowed at any phase of the competition, including the opening, and closing ceremonies and presentation of awards	Coach will be asked to leave the competition floor

Section 5 - National Competition Calendar

Competition Name	Venue	Competition Date(s)	Closing Date	Membership Levels	Entry Fee
Annette Brown Classic 1 of 3	SWNC, Cardiff	25 th /26 th May	N/A	Bronze	£10 per person £10 per team
Annette Brown Classic 2 of 3	SWNC, Cardiff	13 th /14 th July	31 st May	Bronze	£10 per person £10 per team
Annette Brown Classic (NORTH)	Bangor GC	6 th /7 th July	30 th May	Bronze	£10 per person £10 per team
MA Setwork Championships (Club and Elite Grades)	SWNC, Cardiff	8 th September	26 th July	Silver	£20
Apparatus Challenge + Disability Voluntary Competition	SWNC, Cardiff	6 th October	30 th August	Bronze	£20
Annette Brown Classic 3 of 3 (Final Countdown)	City of Newport	30 th Nov/1 st Dec	17 th October	Bronze	£10 per person £10 per team
Dragon Cup (Floor and Vault)	City of Newport	14 th December	4 th November	Bronze/Silver	£15

Section 6 - Competition Apparatus

Unless otherwise stated, the equipment at MTP competitions will be to current FIG specifications.

Tall gymnasts – Horizontal bar

Gymnasts have the right to request permission to raise the horizontal bar to accommodate their height.

The request for the horizontal bar to be raised must be at the time of competition entry. The apparatus will be raised in accordance with the FIG/MTC regulations.

Unauthorised adjustment of any apparatus will be penalised in accordance with the FIG regulations.

Section 7 – Welsh Championships (2025 – further information will be released in September)

Age Group	Year(s) of birth	Code
U12	2013 & 2014	See GB Handbook
U14	2011 & 2012	See GB Handbook
U16	2010 & 2009	FIG Code (FIG rules for specific elements that are prohibited for juniors will be applied)
U18	2008 & 2007	FIG Code
Senior	2007+	FIG Code

Section 8 – Welsh Apparatus Challenge Championships

Level 1 (Novice)	U10 – 2014/2015/2016	Level 2 (Intermediate)
	U12 – 2012/2013	
	U14 – 2010/2011	
	U16 – 2008/2009	
	16+ 2008 onwards	

Eligibility

Gymnasts who have not competed in the Welsh Artistic Championships in the same year are eligible to compete in this competition.

Competition structure – Team and Individual competition

Individual All Around (Top 4 Apparatus scores to make All Around score)

Team consists of 3 gymnasts with the following scores to count;

- Top 2 scores on floor and vault
- + Top score on pommel, rings, p-bar and h-bar
- A total of 8 scores

Codes/Criteria

[2023-03-03-22-1-wg-welsh-app-challenge-criteri.pdf \(welshgymnastics.org\)](https://www.welshgymnastics.org/2023-03-03-22-1-wg-welsh-app-challenge-criteri.pdf)

Section 9 – Voluntary Disability Closed Competition

Under 12	2012/2013	Competition A	Competition B	Open Competition
Under 14	2010/2011			
Under 16	2008/2009			
16+	2008 onwards			

Eligibility

Any gymnast with a disability will be eligible to compete. This will be a **closed** competition only.

Competition structure

Individual All Around (Top 4 apparatus scores to make All Around score)

Competition criteria

[file \(british-gymnastics.org\)](https://www.british-gymnastics.org/file)

Section 10 – Welsh Regional Grades (Club and Elite) and Disability NDP’s

Club Development Grades	Year of birth	Elite Development Grades
Level 0 (WG event only)*	2016	Level 0 (WG event only)*
Level 1	2015	Level 1
Level 2	2014	Level 2
Level 3	2013	Level 3
Level 4	2012	Level 4
Level 5	2011	Level 5
Level 6	2010	Level 6

*. The Level 0 event is a WG-designated competition **ONLY** that does not lead to British finals qualification.

Awards

Individual All-Around Apparatus	Top 1-6 Top 1-6
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Codes/criteria

See BG Club Development and Elite Development Handbook

British Elite and Club Development Grades Finals selections

National coaches in conjunction with the MTP, will select team members for the above event based on the scores obtained at the Welsh Elite and Club Development Competition. Selections will be based on achieving the performance outcomes/objectives stated in the Specific event selection Criteria.

Disability NDP’s

[file \(british-gymnastics.org\)](http://british-gymnastics.org)