



Welsh Gymnastics
Gymnasteg Cymru

Aerobic

Plovdiv Cup

Selection policy

Plovdiv, Bulgaria

August 30th – 1st September 2024

1. Introduction	<p>The Plovdiv Cup is a performance and development competition and has been identified as a target event for 2024.</p> <p>The nomination of gymnasts and coaches to represent Wales at the above-named event will be made up according to this selection policy.</p>
2. Performance Targets	<ul style="list-style-type: none"> • Age Group - A score of over 14.50 • Junior – A score of over 15.00 • Senior – A score of over 16.00
3. Selection Timeline	<ul style="list-style-type: none"> • Gymnasts to compete at the Designated Selection Event (DSE). • Selection Panel to be held w/b/ 22nd July. • Team selection (gymnasts, coaches, and officials) communicated to athletes and coaches no later than 29th July 2024.
4. Competition Format	<ul style="list-style-type: none"> • The competition format will be delivered as per FIG competition rules and regulations except in any deviation mentioned within the directives. • Thursday 29th August: Arrival, accreditation, training. • Friday 30th August: Training orientation meeting, judges meeting and instruction, qualifications • Saturday 21st August: qualifications • Sunday 1st September: Finals
5. Gymnast Eligibility Criteria	<p>Gymnasts are eligible for consideration provided they;</p> <ul style="list-style-type: none"> • Are eligible to hold a British passport • Are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria • Are age eligible as per junior and senior FIG age categories • Are a current British / Welsh Gymnastics member Have competed in the Designated Selection Events (DSEs)** • Have no outstanding fees or any unresolved bans via Welsh/British gymnastics • Always comply with UKAD Clean Sport Policy • Are FIG level gymnasts <p>Designated selection events:</p> <ul style="list-style-type: none"> • Southern Region Competition 27th & 28th April 2024 • Aerobic British Championships 19th July 2024 <p>** Any gymnast unable to compete at the listed DSE can express in writing to the selection panel for consideration. Gymnasts are required to send an appeal in writing explaining the reasons for being unable to compete at the DSE to performance@welshgymnastics.org. If any gymnast informs Welsh Gymnastics that they are in this position, the selection panel, in conjunction with National Coaches will look at a viable option for inclusion within the selection process by</p>

	producing footage by an agreed date (by the date of the DSE and no later). All routines must be filmed on the same day.
6. Performance Standards	Gymnasts wishing to be considered for nomination must provide evidence at the designated selection event or via agreed footage submission (see Section 5 Gymnast Eligibility Criteria) that they have the capability to contribute towards the team score objective set out in the performance targets.
7. Additional Performance Factors	<p>In the absence of a sufficient number of athletes achieving the performance standards, the nomination panel may take into consideration gymnasts who do not reach the performance standards due to injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the discipline.</p> <p>The panel will consider the following Additional Performance Factors (APF) when selecting gymnasts:</p> <p>a) Gymnasts scoring potential to win a medal or achieve the performance targets at the Plovdiv Cup 2024.</p> <p>b) Domestic and International competitions (including controlled / trial event results) taking place 2021 – 2024 may also be considered.</p> <p>c) Current and most recent performance form in the build-up to nomination, including performances at the Designated Selection Event (DSE).</p> <p>d) Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider.</p>
8. Selection Panel	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> - Executive Director of Performance / Performance Programme Manager / Performance Programme Officer - Technical Panel representative Discipline Lead - Technical Panel representative Judging Lead - Athlete Representative
9. Selection Process for Gymnasts	<p>A gymnast who meets the eligibility criteria but does not meet the Performance Standards (Section 6) can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Additional Performance Factors (Section 7).</p> <p>The nominated gymnasts and coaches will be those, in the expert opinion of the nomination panel, most able to achieve the targets listed in Performance Targets (Section 2).</p>
10. Selection Process for Coaches and Support Staff	<p>Selection of nominated coaches and judges will be made at the selection panel meeting held w/b/ 22nd July. Selection of nominated coaches will be made based on the best interests of the team.</p> <p>Officials/support staff with the required qualifications will be contacted regarding availability. Selections of these individuals will be made on appropriateness of the opportunity and availability.</p>
11. Expectations of selected gymnasts, coaches and support staff	The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the training camp and for the duration of the trip.

12. Communication of selections	Team selection (gymnasts, coaches and officials) communicated to athletes & coaches no later than 29 th July 2024.
13. Appeals	<p>Appeals may only be submitted from communication of selection until midday on 31st July 2024 for non-selected gymnasts on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to performance@welshgymnastics.org between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process.</p> <p>All appeals will be heard and concluded by 2nd August 2024.</p>
14. Injury and replacement	In the event of an injury and/or the need for replacement, the selection panel will decide about bringing the gymnasts listed as a reserve into the team at any time.