



Welsh Gymnastics  
Gymnasteg Cymru

Men's Artistic  
Northern European Championships  
Selection policy  
Dublin, Ireland  
September 21<sup>st</sup> – 22<sup>nd</sup> 2024

<p>1. Introduction</p>	<p>The Northern European Championships is a performance competition and has been identified as a target event for 2024.</p> <p>The nomination of gymnasts and coaches to represent Wales at the above-named event will be made up according to this selection policy.</p> <p>The team for the Northern European Championships will be composed of a minimum of 4 and a maximum of 6 gymnasts (senior/junior*).</p> <p>*Maximum of 1 junior score counts on each apparatus towards the Team Total Option for 6 seniors if appropriate.</p>
<p>2. Performance Targets</p>	<ul style="list-style-type: none"> <li>• Team Top 3 Placing</li> <li>• 2 Senior Gymnasts in Top 8 AA</li> <li>• 2- 4 Apparatus Medals</li> <li>• 5 - 6 Apparatus finals</li> </ul>
<p>3. Selection Timeline</p>	<ul style="list-style-type: none"> <li>• Trial to be held on the 28<sup>th</sup> August at Waveney Gymnastics Club – Designated Selection Event (DSE).</li> <li>• Selection Panel to be held 29<sup>th</sup> August in line with the deadline for entry submission.</li> <li>• Team selection (gymnasts, coaches, and officials) communicated to athletes and coaches no later than Friday 30<sup>th</sup> August 2024 (Midday).</li> <li>• General public announcement of the team will be no later than the WC 2<sup>nd</sup> September 2024.</li> </ul>
<p>4. Competition Format</p>	<ul style="list-style-type: none"> <li>• The competition format will be delivered as per FIG competition rules and regulations.</li> <li>• Saturday 21<sup>st</sup> September: Individual AA Final and Team Final (C I &amp; C II)</li> <li>• Sunday 22<sup>nd</sup> September: Apparatus Finals (C III), top 8 qualifiers from C I (Max 2 per nation)</li> </ul>
<p>5. Gymnast Eligibility Criteria</p>	<p>Gymnasts are eligible for consideration provided they;</p> <ul style="list-style-type: none"> <li>• Are eligible to hold a British passport</li> <li>• Are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria</li> <li>• Are age eligible as per junior and senior FIG age categories</li> <li>• Are a current British / Welsh Gymnastics member</li> <li>• Have competed in the Designated Selection Events (DSEs)**</li> <li>• Have no outstanding fees or any unresolved bans via Welsh/British gymnastics</li> <li>• Always comply with UKAD Clean Sport Policy</li> </ul> <p>** Any gymnast unable to compete at the listed DSE can express in writing to the selection panel for consideration. Gymnasts are required to send an appeal in writing explaining the reasons for being unable to compete at the DSE to</p>

	<p><a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> by 14<sup>th</sup> August 2024 5pm. If any gymnast informs Welsh Gymnastics that they are in this position, the selection panel, in conjunction with National Coaches will look at a viable option for inclusion within the selection process by;</p> <p>A - Competing via live link at the same time as the other gymnasts at the DSE OR  B – Producing footage by an agreed date (by the date of the DSE and no later). All routines must be filmed during the same session or current competition *eligible date pending*.  ** Use of footage can only be considered if participating internationally or due to prior communicated conflict.</p> <p>Routine footage submitted for selection consideration will be judged by the same judges as the DSE.  Age groups are as per FIG Junior and Senior code.  Juniors – aged 15 in the year of competition  Seniors – aged 18 in the year of competition</p> <p>A gymnast who is ill or injured following the 14<sup>th</sup> August and is unable to attend the trial (e.g. illness on day of the trial) must email <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> outlining the injury or illness to be eligible for consideration. In these exceptional circumstances, Additional Performance Factors (7) outlined, will be taken into consideration.</p> <p><i>N.B the selection panel have the authority to request any selected gymnast who may have trialled on junior code to compete as a senior gymnast as per the Northern European Championships rules and regulations if they feel it is in the best interests of achieving the ‘performance targets’ set in section 2 and ‘performance standards’ in section 6.</i></p>
<p>6. Performance Standards</p>	<p>Gymnasts wishing to be considered for nomination must provide evidence at the designated selection event or via agreed footage submission (see Section 5 Gymnast Eligibility Criteria) that they have the capability to contribute towards the team score objective set out in Target 1 (below) or evidence capability of achieving Targets 2 &amp; 3 at the Northern European Championships.</p> <ul style="list-style-type: none"> <li>• Target 1 – Achieve a Team score of 300.00 (with the top 4 scores counting on each piece)</li> <li>• Target 2 – Potential to finish in the top 8 A/A placing</li> <li>• Target 3 – Potential to qualify for an apparatus Medal</li> </ul>
<p>7. Additional Performance Factors</p>	<p>In the absence of a sufficient number of athletes achieving the performance standards, the nomination panel may take into consideration gymnasts who do not reach the performance standards due to injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the programme of qualifying for and winning medals at the 2026 Commonwealth Games. Gymnasts who do not currently hold a Welsh Squad position are welcome to attend the DSE.</p> <p>The panel will consider the following Additional Performance Factors (APF) when selecting gymnasts:</p>

	<ul style="list-style-type: none"> <li>a) Gymnasts scoring potential to win a medal or achieve the performance targets at the Northern Europeans 2024.</li> <li>b) Current and most recent performance form in the build-up to nomination, including performances at the Designated Selection Event (DSE).</li> <li>c) Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider.</li> <li>d) providing competition exposure to gymnasts who are eligible for the 2026 Commonwealth Games.</li> <li>e) Whereby proposed selections can't be agreed through reaching consensus, each decision maker will have 1 vote per available team place. Panel members must cast a vote for the selection to proceed. In the case of a split decision, the Head National Coach will have the deciding vote.</li> </ul>
<p>8. Selection Panel</p>	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> <li>- Director of Performance / Performance Programme Manager / Officer (Voting member)</li> <li>- National Coach(es) (Voting member(s))</li> <li>- Technical Panel representative (Voting member)*</li> <li>- Independent WG staff member (non-voting member)</li> <li>- Athlete Representative (Non-voting member)</li> </ul> <p>*If there is a conflict-of-interest, this individual (and voting right) will be replaced with a brevet judge.</p>
<p>9. Selection Process for Gymnasts</p>	<p>A gymnast who meets the eligibility criteria but does not meet the Performance Standards (Section 6) can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Additional Performance Factors (Section 7).</p> <p>The nominated gymnasts and coaches will be those, in the expert opinion of the nomination panel, most able to achieve the targets listed in Performance Targets (Section 2).</p> <p>Based on the event requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, a non-travelling reserve for the event will be named.</p>
<p>10. Selection Process for Coaches and Support Staff</p>	<p>Coaches wishing to be considered for selection to attend this competition as a named team coach must submit an expression of interest form (found on the Welsh Gymnastics website and/or communicated out) by 28<sup>th</sup> August 2024. This should be sent to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a>.</p> <p>Selection of nominated coaches will be made at the selection panel meeting held on 29<sup>th</sup> August. Selection of nominated coaches will be made based on the best interests of the team.</p> <p>Officials/support staff with the required qualifications will be contacted regarding availability. Selections of these individuals will be made on appropriateness of the opportunity and availability.</p>

<p>11. Expectations of selected gymnasts, coaches and support staff</p>	<ol style="list-style-type: none"> <li>1. Selected gymnasts and coaches (including named reserves where agreed) will be expected to attend the Northern European Championships training camp (September 16<sup>th</sup> – 18<sup>th</sup>) in Sport Wales National Centre, Cardiff.</li> <li>2. The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the training camp and for the duration of the trip.</li> </ol>
<p>12. Communication of selections</p>	<p>Team selection (gymnasts, coaches and officials) communicated to athletes &amp; coaches no later than Friday 30<sup>th</sup> August 2024 (Midday).</p> <p>General public announcement of the team will be no later than the WC 2<sup>nd</sup> September 2024.</p>
<p>13. Appeals</p>	<p>Appeals may only be submitted from midday on 30<sup>th</sup> August 2024 until 5pm on 1<sup>st</sup> September 2024 for non-selected gymnasts on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process.</p> <p>All appeals will be heard and concluded by 2<sup>nd</sup> September 2024.</p>
<p>14. Injury and replacement</p>	<p>In the event of an injury and/or the need for replacement, the selection panel will decide about bringing the gymnasts listed as a (Non- travelling) reserve into the team at any time.</p>