



Welsh Gymnastics
Gymnasteg Cymru

Last updated: Tuesday, 30 July 2024

WELSH GYMNASTICS' SELECTION POLICY

Tumbling

French Cup 2024, Sevrans, France

7th – 11th November 2024

1.Introduction	<p>The French Cup is a development / performance competition and target event for 2024.</p> <p>The nomination of gymnasts to represent Wales at the above-named event will be made according to this selection policy.</p>
2.Performance Targets	<p>Wales is targeting:</p> <ul style="list-style-type: none"> • 5 Finalists • 2 Individual Medals • 1 Team Medal
3.Selection Timelines	<p>a) Selection meeting to take place w/b 7th October 2024. b) Team Selection communication no later than 14th October 2024.</p>
4.Competition Format	<p>The competition format will be delivered as per FIG Competition rules and regulations.</p> <ul style="list-style-type: none"> • Saturday 9th November 2024: Qualifying rounds. • Sunday 10th November 2024: Finals
5.Gymnast Eligibility Criteria	<p>Gymnasts are eligible for consideration provided they:</p> <ul style="list-style-type: none"> • are a Welsh Citizen holding or eligible to hold a British passport. • are age eligible (over 14 years old and as per identified age categories). • are a current British / Welsh Gymnastics member. • are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria. • have competed in the Welsh Championships (DSE1). • have no outstanding fees or any unresolved bans via Welsh / British Gymnastics. <p>The team for the French Cup will be selected from current and most recent performance form in the build-up to nomination, including performances at the Designated Selection Event (DSE's) listed below:</p> <ul style="list-style-type: none"> • Welsh Championships (DSE1) 7th September 2024 • British Championships (DSE2) 5th- 6th October 2024
6.Performance Standards	<p>To be considered* for selection, individuals are expected to achieve the performance standards outlined below within at least one single</p>

	<p>competition during the Designated Selection Event(s) listed in section 5 and must be competing FIG or Regional Cup 4 during the 2024 season.</p> <ul style="list-style-type: none"> • Under 14yrs: born 2010 Minimum D-score of 4.6 accumulative across 2 runs Min score per run 18.50 • Under 16yrs: born 2009 - 2008 Minimum D-score of 5.8 across 2 runs Min score per run 19.00 • Senior born 2007+ Minimum D-score of 6.6 across 2 runs Min score per run 20.00 • Primary consideration D score target achieved & min score per run • Secondary consideration Ability to hit min score per run (regardless of D score) • Tertiary consideration D score alone <p>For gymnasts holding a squad place on the Welsh Gymnastics Tumbling Programme full engagement is necessary for consideration unless mitigating circumstances are identified.</p> <p><i>*Achieving the Performance Standards does not guarantee selection.</i></p>
<p>7.Additional Performance Factors</p>	<p>The nomination panel may take into consideration athletes who do not reach the performance standards due to injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the WG Tumbling Programme. Any gymnast who is ill / injured prior to or during the trial period, must provide written documentation of the injury or illness to performance@welshgymnastics.org by 12pm 7th October 2024. This information can be taken into consideration in the selection process. A gymnast not reaching the performance standards may also be selected on a wildcard basis considering the below factors.</p> <p>The panel will consider the following Additional Performance Factors (APF), when nominating gymnasts:</p> <ol style="list-style-type: none"> Gymnasts scoring potential to win a medal or achieve the performance targets at the French Cup 2024. Current and most recent performance form in the build-up to nomination, including performances at the Designated Selection Events (DSEs). Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider at its discretion. Longer term aims of the programme.

<p>8. Selection panel</p>	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> • Performance Director / Programme Manager / Programme Officer • TUM Lead Coach/es • Independent WG staff member • Athlete representative
<p>9. Selection process for gymnasts</p>	<p>Gymnasts meeting the eligibility criteria, including Performance Standards, will be considered against the Additional Performance Factors.</p> <p>A gymnast who meets the eligibility criteria but does not meet the Performance Standards can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Additional Performance Factors.</p> <p>The nominated gymnasts will be those, in the expert opinion of the Nomination Panel, most able to achieve the targets listed in the section 'Performance Targets'.</p> <p>Based on the events requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, the panel may identify a non-travelling reserve(s) for the event.</p> <p>Selection will be made on 11th October 2024.</p>
<p>10. Selection process for coaches and support staff</p>	<p>Coaches wishing to be considered for selection to attend this competition as a named team coach must submit an expression of interest form (found on the Welsh Gymnastics website and/or communicated out) by 14th October 2024. This should be sent to performance@welshgymnastics.org.</p> <p>Selection of nominated coaches will be made at the selection panel meeting held on 11th October. Selection of nominated coaches will be made based on the best interests of the team.</p> <p>Officials/support staff with the required qualifications will be contacted regarding availability. Selections of these individuals will be made on appropriateness of the opportunity and availability.</p>
<p>11. Expectations of selected gymnasts, coaches and support staff</p>	<p>The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the training camp and for the duration of the trip.</p>



12. Communication of selections	WG will then communicate the nominations to all eligible gymnasts and coaches by 14 th October 2024.
13. Appeals	<p>Appeals may only be submitted from midday on 14th October 2024 for non-selected gymnasts on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to performance@welshgymnastics.org between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process. All appeals will be heard and concluded by 17th October.</p>
14. Injury and Replacement	In the event of injury and/or the need for replacement, the selection panel will agree from any gymnast listed as a reserve may be called upon to join the Team at any time.