



Welsh Gymnastics  
Gymnasteg Cymru

Sgwad Sylfaen Artistig I Dynion Polisi Dewis  
2026

Men's Artistic  
Foundation Squad 2026  
Selection Policy

1. Introduction	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Welsh Foundation Squad.</p> <p>Selections will be made by the Welsh Men's Artistic selection panel. Details of which can be found in this document.</p>
2. Selection Timelines	<p>This squad will be selected on a yearly basis in December.</p> <ul style="list-style-type: none"> <li>• Squad trial – <b>14<sup>th</sup> December 2025 10am-2pm Barry YMCA</b></li> <li>• Selection panel – <b>no later than the 19<sup>th</sup> December 2025</b></li> <li>• Selection communication – <b>No later than the 23<sup>rd</sup> December 2025</b></li> <li>• Squad commence – <b>January 2026</b></li> </ul>
3. Gymnast Eligibility Criteria	<ul style="list-style-type: none"> <li>• Only gymnasts eligible to compete for Wales will be considered for selection. Please see eligibility policy.</li> <li>• Gymnasts born between 2014-2018 will be eligible for selection (Aged 8-12 in 2026).</li> </ul>
4. Selection criteria general	<p>The Welsh National Programme will select gymnasts, who in the expert opinion of the National Coaches, have the best capability of representing Wales now and / or in the future.</p> <p>Gymnasts will be considered based on the following factors:</p> <ul style="list-style-type: none"> <li>• Scores attained at the trial (via the testing criteria)</li> <li>• Performance of basic technical skills on all apparatus</li> <li>• Ability to further develop technical skills</li> <li>• Work ethic, attendance, and behaviour</li> <li>• Potential to represent Wales within the Grades pathway in 2026/2027</li> <li>• Potential to represent Wales in future international competition</li> </ul>
5. Selection Specific	<ul style="list-style-type: none"> <li>• Entries for the Men's Artistic Squad trial will be made via Sport80.</li> <li>• The Panel will limit the Squad for 2026 to a maximum of 30 gymnasts.</li> <li>• Gymnasts scoring less than 60% will not be considered for selection unless they fall into the wildcard process listed below.</li> </ul> <p><b>Wildcards</b> – The Panel will have the capacity to select wildcard gymnasts for reasons listed below;</p> <ul style="list-style-type: none"> <li>• The individual is injured or ill, impacting on their ability to attend or complete the testing day.</li> <li>• The individual demonstrated some areas of poor performance within the testing day but show potential in other areas.</li> </ul>
6. Selection Panel	<p>The selection panel will consist of:</p> <ol style="list-style-type: none"> <li>1. MAG (Head) National Coach</li> <li>2. MAG National Coach</li> <li>3. Performance Programme Officer / Manager / Director</li> <li>4. Independent WG Staff Member</li> <li>5. Athlete Representative (if available)</li> </ol>

<p>7. Injury/illness/ other reasons for being unable to complete testing</p>	<ul style="list-style-type: none"> <li>Any gymnast who is ill or injured prior to or during the trial must provide written documentation of the injury or illness to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a>. This information can be taken into consideration in the selection process. <ul style="list-style-type: none"> <li>I. Gymnast Name &amp; Club</li> <li>II. Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance</li> <li>III. Reason / Injury / Illness Details - Length of time injured</li> </ul> </li> <li>OR</li> <li>IV. If a gymnast cannot attend or complete testing due to reasons listed above can on agreement with the national coaching team submit video evidence to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> by an agreed upon date.</li> </ul>
<p>8.Complaints</p>	<ol style="list-style-type: none"> <li>If you are unhappy with the process or wish to put in a complaint, please email <a href="mailto:contactus@welshgymnastics.org">contactus@welshgymnastics.org</a>.</li> </ol>