

# WELSH CLASSIC CHALLENGE ZINC AND COPPER FINALS 2025

18th & 19th October 2025



# WELSH ZINC AND COPPER FINALS 2025

Venue: City of Newport Gymnastics Club

Date: 18<sup>th</sup> & 19<sup>th</sup> October 2025

Tickets: <a href="https://welshgymnastics.sport80.com/public/wizard/e/472">https://welshgymnastics.sport80.com/public/wizard/e/472</a>



### **SATURDAY ROUND 1**

### **SATURDAY**

ROUND 1		VT	BARS	BEAM	FLOOR	REST		
REGISTRATION	9.30AM							
GENERAL WARM UP	9.40AM - 9.55AM	ZINC AND COPPER 8 AND 9 IN YEAR						
MARCH ON	9.55AM - 10AM							
ROTATION 1	10AM - 10.45AM	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5		
ROTATION 2	10.45AM - 11.30AM	GRP 5	GRP 1	GRP 2	GRP 3	GRP 4		
ROTATION 3	11.30AM - 12.15PM	GRP 4	GRP 5	GRP 1	GRP 2	GRP 3		
ROTATION 4	12.15PM - 1PM	GRP 3	GRP 4	GRP 5	GRP 1	GRP 2		
ROTATION 5	1PM - 1.45PM	GRP 2	GRP 3	GRP 4	GRP 5	GRP 1		
PRESENTATION - 12.50PM - 1.10PM zinc 8 yrs and 9 yrs, Copper 9 in year								

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WARM UP: VT 2 touches
Bars - 2 touches 2 touches

Beam - American style warm up - 30SECS

FX 3 min warm up per group,

### **SATURDAY ROUND 1**

**GROUP 1** 

WEST AREA ZINC 8 IN YEAR AND WEST AREA ZINC 9 IN YEAR

**GROUP 2** 

SOUTH EAST ZINC 8 IN YEAR AND SOUTH EAST 9 IN YEAR

**GROUP 3** 

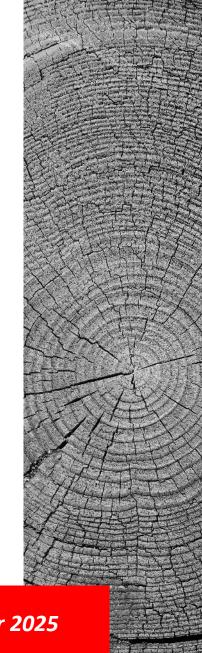
NORTH AREA ZINC 8 IN YEAR AND NORTH AREA ZINC 9 IN YEAR

**GROUP 4** 

SOUTH CENTRAL ZINC 8 IN YEAR AND SOUTH CENTRAL ZINC 9 IN YEAR

**GROUP 5** 

ALL copper 9 years gymnasts



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ROUND 1		VT	BARS	BEAM	FLOOR	
REGISTRATION	9.30AM					
GENERAL WARM UP	9.40AM - 9.55AM	ZINC AND COPPER 10/11YEARS				
MARCH ON	9.55AM - 10AM					
ROTATION 1	10AM - 10.40AM	GRP 1	GRP 2	GRP 3	GRP 4	
ROTATION 2	10.40AM - 11.20AM	GRP 4	GRP 1	GRP 2	GRP 3	
ROTATION 3	11.20AM - 12PM	GRP 3	GRP 4	GRP 1	GRP 2	
ROTATION 4	12PM - 12.40PM	GRP 2	GRP 3	GRP 4	GRP 1	

PRESENTATION - 12.50PM - 1.10PM

WARM UP: VT 2 touches
Bars - 2 touches 2 touches

Beam - American style warm up - 30SECS

FX 3 min warm up per group,

**GROUP 1** 

SOUTH EAST ZINC 10/11 IN YEAR AND SOUTH EAST COPPER 10/11 IN YEAR

**GROUP 2** 

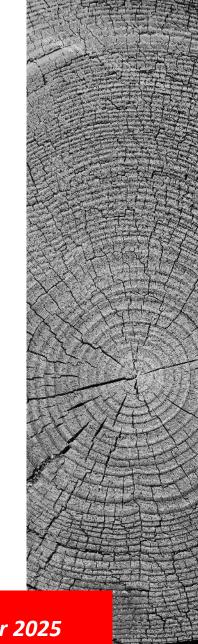
NORTH AREA ZINC 10/11 IN YEAR AND NORTH AREA COPPER 10/11 IN YEAR

**GROUP 3** 

SOUTH CENTRAL ZINC 10/11 IN YEAR AND SOUTH CENTRAL COPPER 10/11 IN YEAR

**GROUP 4** 

WEST AREA ZINC 10/11 IN YEAR AND WEST AREA COPPER 10/11 IN YEAR



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ROUND 2		VT	BARS	BEAM	FLOOR		
REGISTRATION	1.30pm						
GENERAL WARM UP	1.40PM - 1.55PM	ZINC AND COPPER 12YRS PLUS					
MARCH ON	1.55pm - 2pm						
ROTATION 1	2pm -2.40pm	GRP 5	GRP 6	GRP 7	GRP 7		
ROTATION 2	2.40pm - 3.20pm	GRP 7	GRP 5	GRP 6	GRP 7		
ROTATION 3	3.20pm - 4pm	GRP 7	GRP 7	GRP 5	GRP 6		
ROTATION 4	4pm -4.40pm	GRP 6	GRP 7	GRP 7	GRP 5		
PRESENTATION - 4.40pm							



**GROUP 5** 

SOUTH CENTRAL ZINC AND COPPER 12YRS PLUS

**GROUP 6** 

WEST AREA ZINC AND COPPER 12YRS PLUS

**GROUP 7** 

SOUTH EAST ZINC AND COPPER 12YRS PLUS

**GROUP 8** 

NORTH AREA ZINC AND COPPER 12YRS PLUS



# **Safeguarding at Events**

To report a safeguarding concern you can either approach the Safeguarding and Welling Officer for the event – Maria, or scan and fill out a short form with your concerns. All concerns are taken seriously





## **Event Officials**

Event Manager – Maria Gaynor
Safeguarding and Well Being Officer – Maria Gaynor
Physio – TBC
Floor Manager – Maria Gaynor
Head Judge – Samantha James
Hosting Club – City of Newport
Photography – DE Photos

