



Welsh Gymnastics  
Gymnasteg Cymru

Sgwad Perfformiad Gymnasteg Artistig  
Menywod Polisi Dewis 2025

Women's Artistic  
Performance Squad 2025  
Selection Policy

<p><b>1. Introduction</b></p>	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Welsh Women's Artistic Performance Squad.</p> <p>Selections will be made by the Welsh Women's Artistic selection panel. Details of which can be found in this document.</p>
<p><b>2. Selection Timelines</b></p>	<p>These squads will be selected on a yearly basis in April / May. Selections may be made throughout the year at the discretion of the national coaching team.</p> <ul style="list-style-type: none"> <li>• Selection panel – May 2025</li> <li>• Selection communication – prior to June 2025</li> <li>• Squad commence – June 2025</li> </ul>
<p><b>3. Gymnast Eligibility Criteria</b></p>	<ul style="list-style-type: none"> <li>• Only gymnasts eligible to compete for Wales will be considered for selection. Please see <a href="#">eligibility policy</a>.</li> <li>• Gymnasts aged 16 in year and older by the 31<sup>st</sup> December 2025 will be eligible for the Performance Squad. In the build up to the Commonwealth Games, gymnasts turning 15 in year may be added to this squad to support in preparations.</li> <li>• Gymnasts must be current members of Welsh / British Gymnastics and must be training in a Welsh / British Gymnastics registered environment.</li> <li>• Gymnasts must have no outstanding fees or any unresolved bans via Welsh / British Gymnastics.</li> <li>• Gymnasts must always comply with UKAD Clean Sport Policy.</li> </ul>
<p><b>4. Performance Standards</b></p>	<p>The Welsh National Programme will select gymnasts, who in the expert opinion of the National Coaching Team, have the best capability of representing Wales now and / or in the future based on the below criteria.</p> <ul style="list-style-type: none"> <li>• Scoring 48 at any of the below identified competitions <ul style="list-style-type: none"> <li>○ British Championships</li> <li>○ Home Nation Championship</li> <li>○ Club Team Championships</li> </ul> </li> <li>• Potential to represent Wales in future high level international competitions</li> </ul>
<p><b>5. Additional Performance Factors</b></p>	<p>Gymnasts may be selected as a wildcard based upon the following criteria:</p> <ul style="list-style-type: none"> <li>• Injury preventing full participation / performance</li> <li>• Potential for further technical and skill development</li> </ul> <p>Gymnasts may be added to the squad throughout the year at the discretion of the National Coaching team.</p>
<p><b>6. Selection Panel</b></p>	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> <li>• WAG National Coach(es)</li> <li>• WG Performance Director/Programme Manager/Programme Officer</li> <li>• WG Independent Staff Member</li> <li>• Athlete Representative (if available)</li> </ul>

7. Selection Process for Gymnasts	<ul style="list-style-type: none"> <li>If a gymnast not already holding a place on a Welsh Squad wishes to be considered for the performance squad, their club / coach should contact <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> and confirm eligibility where necessary.</li> <li>Selections will be communicated to both gymnast (parent where under 18) and club contact / coach through email.</li> </ul>
8. Expectations of Selected Gymnasts and Coaches	All gymnasts and coaches will be expected to follow the Welsh Gymnastics Membership Rules, Terms & Conditions, and sign up to the Performance Pledge.
9. Communication of Selections (including non-selection)	Selection / non selection letters will be sent to the email address associated with the Sport80 account / entry. Where possible, this will also be communicated to identified club contacts. We ask clubs to share this information with relevant individuals.
10. Complaints	If you are unhappy with the process or wish to put in a complaint, please email <a href="mailto:complaints@welshgymnastics.org">complaints@welshgymnastics.org</a> .
11. Injuries & replacements	<p>Any gymnast who is ill, injured, or where extenuating circumstances are identified, must provide written documentation to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a>. This information can be taken into consideration in the selection process.</p> <ol style="list-style-type: none"> <li>I. Gymnast Name &amp; Club</li> <li>II. Gymnasts Squad (if applicable) e.g., Foundation, Development, Performance Development or Performance</li> <li>III. If relevant injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known)</li> <li>IV. Gymnasts who are not able to complete testing must express in writing reasons why they cannot attend. If agreed by the selection panel, the gymnast may attend the first squad session as a trial.</li> </ol> <p>OR</p> <ol style="list-style-type: none"> <li>V. If a gymnast cannot attend or complete testing due to reasons listed above, can on the agreement with the selection panel, submit video evidence if this is prior to the first squad session.</li> </ol>