



Welsh Gymnastics
Gymnasteg Cymru

Sgwad Datblygiad a Perfformiad Gymnasteg
Artistig i Dynion Polisi Dewis 2026

Men's Artistic
Development & Performance Squad
Selection Policy 2026

<p>1. Introduction</p>	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Welsh Performance and Development MAG Squad.</p> <p>Selections will be made by the Welsh Men's Artistic selection panel. Details of which can be found in this document.</p>
<p>2. Selection Timelines</p>	<p>These squads will be selected on a yearly basis in April / May.</p> <ul style="list-style-type: none"> • Welsh Championships 13th-15th February 2026 (DSE) • British Championships 20th-22nd March 2026 (DSE) • Selection panel meeting – April 2026 • Squad commence – June 2026 onwards
<p>3. Gymnast Eligibility Criteria</p>	<p>Only gymnasts eligible to compete for Wales will be considered for selection. Please see the Welsh Gymnastics Eligibility Policy.</p> <ul style="list-style-type: none"> • Gymnasts born no earlier than 2013 will be eligible for selection. • Gymnasts must be current members of Welsh / British Gymnastics and must be training in a Welsh / British Gymnastics registered environment. • Have no outstanding fees or any unresolved bans via Welsh / British Gymnastics. • Always comply with UKAD Clean Sport Policy. • The Welsh Championships and British Championships are both DSE's
<p>4. Performance Standards</p>	<p>The Welsh National Programme will select gymnasts who, in the expert opinion of the National Coaching Team, have the best capability of representing Wales now and/or in the future.</p> <p>Gymnasts will be considered based on the following factors:</p> <ul style="list-style-type: none"> • Scores / performance at the Welsh National Championships 2026 (DSE) • Scores / performance at the British Championship 2026 (DSE) • Commitment and contribution to National Squads over previous years <p>Gymnasts will be considered based on the scores stipulated below:</p> <ul style="list-style-type: none"> • U14 / 16 gymnasts will be considered based on an All-Around score stipulated below. Gymnasts will not be considered as apparatus specialists unless there is evidence of them scoring 11 (12.4 on vault) on more than one piece of apparatus. • U18 gymnasts will be considered based on an All-Around and/or individual apparatus scores stipulated below.

	<ul style="list-style-type: none"> Senior gymnasts will be considered based in All-Around/or individual apparatus scores stipulated below. <table border="1" data-bbox="552 472 1514 871"> <thead> <tr> <th>Age Group</th> <th>All Around</th> <th>Floor</th> <th>Pommel</th> <th>Rings</th> <th>Vault</th> <th>P. Bars</th> <th>H. Bar</th> </tr> </thead> <tbody> <tr> <td>U14</td> <td>61.5</td> <td>11.0</td> <td>11.0</td> <td>11.0</td> <td>12.4 (Av)</td> <td>11.0</td> <td>11.0</td> </tr> <tr> <td>U16</td> <td>62</td> <td>11.0</td> <td>11.0</td> <td>11.0</td> <td>12.4 (Av)</td> <td>11.0</td> <td>11.0</td> </tr> <tr> <td>U18</td> <td>65</td> <td>11.5</td> <td>11.5</td> <td>11.5</td> <td>12.8 (Av)</td> <td>11.5</td> <td>11.5</td> </tr> <tr> <td>Senior</td> <td>71</td> <td>13.3</td> <td>12.8</td> <td>12.5</td> <td>13.8 (Av)</td> <td>13.2</td> <td>12.8</td> </tr> </tbody> </table>	Age Group	All Around	Floor	Pommel	Rings	Vault	P. Bars	H. Bar	U14	61.5	11.0	11.0	11.0	12.4 (Av)	11.0	11.0	U16	62	11.0	11.0	11.0	12.4 (Av)	11.0	11.0	U18	65	11.5	11.5	11.5	12.8 (Av)	11.5	11.5	Senior	71	13.3	12.8	12.5	13.8 (Av)	13.2	12.8
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<p>5. Additional Performance Factors</p>	<ul style="list-style-type: none"> A maximum of 6 gymnasts will be selected from each age bracket, U14, U16 and U18. For seniors, a maximum of 12 gymnasts competing on AA, or apparatus specialists, who are hitting the selection scores for the CWG Training ethics, consistency, and development will also be taken into account during selection. <p>Wildcards – National coaches will have the capacity to select wildcard gymnasts for reasons listed below:</p> <ul style="list-style-type: none"> The individual is injured or ill, impacting on their ability to attend or complete the Welsh and British Championships. The individual demonstrated some areas of poor performance within the DSEs but show potential in other areas 																																								
<p>6. Selection Panel</p>	<p>The selection panel will consist of:</p> <ol style="list-style-type: none"> MAG (Head) National Coach MAG National Coach Performance Programme Officer / Manager / Director Independent WG Staff Member Athlete Representative (if available) 																																								
<p>7. Selection Process for Gymnasts</p>	<p>If a gymnast not already holding a place on a Welsh Squad wishes to be considered for the performance squad, their club/coach should contact performance@welshgymnastics.org and confirm eligibility where necessary.</p>																																								

8. Expectations of Selected Gymnasts and Coaches	All gymnasts and coaches will be expected to follow the Welsh Gymnastics Membership Rules, Terms & Conditions, and sign up to the Performance Pledge.
9. Communications of Selections (including non-selection)	Selections will be communicated to both gymnasts (parent/guardian under 18) and club contact/coach through email.
10. Injury/illness/ other reasons for being unable to compete at DSE	<p>Any gymnast who is ill or injured prior to or during the DSEs must provide written documentation of the injury or illness to performance@welshgymnastics.org. This information can be taken into consideration in the selection process.</p> <ol style="list-style-type: none"> I. Gymnast Name & Club II. Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance III. Injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known) IV. Gymnasts who did not compete at DSE must express in writing reasons why they did not attend DSE. If agreed, NC's could if reasonably possible test during a club visit between the date of testing and selection meeting
11. Complaints	If you are unhappy with the process or wish to put in a complaint, please email complaints@welshgymnastics.org .