



Welsh Gymnastics
Gymnasteg Cymru

Sgwad Datblygiad a Perfformiad Gymnasteg Artistig i Dynion
Polisi Dewis 2025

Men's Artistic Development & Performance Squad Selection
Policy 2025

1.Introduction	<p>The Welsh National Programme hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Welsh Performance and Development Squad.</p> <p>Selections will be made by the Welsh men’s artistic selection panel. Details of which can be found in this document.</p>																																								
2. Selection Timelines	<p>These squads will be selected on a yearly basis in April / May.</p> <p>Welsh Championships 13th – 16th February 2025 (DSE)</p> <p>British Championships 20th – 23rd March 2025 (DSE)</p> <p>Selection panel meeting – Provisional – W/C 12th May 2025</p> <p>Selection communication – before 4 pm 23rd May 2025</p> <p>Squad commence – June 2025 onwards</p>																																								
3.Gymnast Eligibility Criteria	<ul style="list-style-type: none">Only gymnasts eligible to compete for Wales will be considered for selection. Please see the Welsh Gymnastics Eligibility Policy.Gymnasts born no earlier than 2012 will be eligible for selection.Gymnasts must be current members of Welsh / British Gymnastics and must be training in a Welsh / British Gymnastics registered environment.Have no outstanding fees or any unresolved bans via Welsh / British Gymnastics.Always comply with UKAD Clean Sport Policy.The Welsh Championships and British Championships are both DSE’s																																								
4. Performance Standards	<p>The Welsh National Programme will select gymnasts who, in the expert opinion of the National Coaching Team, have the best capability of representing Wales now and/or in the future.</p> <p>Gymnasts will be considered based on the following factors:</p> <ul style="list-style-type: none">Scores / performance at the Welsh National Championships 2025 (DSE)Scores / performance at the British Championship 2025 (DSE)Commitment and contribution to national squads over previous years <p>Gymnasts will be considered based on the scores stipulated below:</p> <ul style="list-style-type: none">U14 / 16 gymnasts will be considered based on an All-Around score stipulated below. Gymnasts will not be considered as apparatus specialists unless there is evidence of them scoring 11 (12.4 on vault) on more than one piece of apparatus.U18 gymnasts will be considered based on an All-Around and/or individual apparatus scores stipulated below.Senior gymnasts will be considered based in All-Around/or individual apparatus scores stipulated below. <table><tr><td>Age Group</td><td>All Around</td><td>Floor</td><td>Pommel</td><td>Rings</td><td>Vault</td><td>P. Bars</td><td>H. Bar</td></tr><tr><td>U14</td><td>61.5</td><td>11.0</td><td>11.0</td><td>11.0</td><td>12.4 (Av)</td><td>11.0</td><td>11.0</td></tr><tr><td>U16</td><td>62</td><td>11.0</td><td>11.0</td><td>11.0</td><td>12.4 (Av)</td><td>11.0</td><td>11.0</td></tr><tr><td>U18</td><td>65</td><td>11.5</td><td>11.5</td><td>11.5</td><td>12.8 (Av)</td><td>11.5</td><td>11.5</td></tr><tr><td>Senior</td><td>71</td><td>13.3</td><td>12.8</td><td>12.5</td><td>13.8 (Av)</td><td>13.2</td><td>12.8</td></tr></table>	Age Group	All Around	Floor	Pommel	Rings	Vault	P. Bars	H. Bar	U14	61.5	11.0	11.0	11.0	12.4 (Av)	11.0	11.0	U16	62	11.0	11.0	11.0	12.4 (Av)	11.0	11.0	U18	65	11.5	11.5	11.5	12.8 (Av)	11.5	11.5	Senior	71	13.3	12.8	12.5	13.8 (Av)	13.2	12.8
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<p>5. Additional Performance Factors</p>	<ul style="list-style-type: none"> A maximum of 6 gymnasts will be selected from each age bracket, U14, U16 and U18. For seniors, a maximum of 12 gymnasts competing on AA, or apparatus specialists, who are hitting the selection scores for the CWG Training ethics, consistency, and development will also be taken into account during selection. <p>Wildcards – National coaches will have the capacity to select wildcard gymnasts for reasons listed below:</p> <ul style="list-style-type: none"> The individual is injured or ill, impacting on their ability to attend or complete the Welsh and British Championships. The individual demonstrated some areas of poor performance within the DSEs but show potential in other areas <p>Reserve list – Upon completion of selections, the selection panel will create an additional list of gymnasts where they periodically check in with these individuals or invite to a squad session to monitor development.</p>
<p>6. Selection Panel</p>	<p>The selection panel will consist of:</p> <ol style="list-style-type: none"> MAG Head National Coach MAG National Coach WG Performance Programme Director / Manager / Officer WG Independent Staff Member Athlete representative (if available)
<p>7. Selection Process for Gymnasts</p>	<p>If a gymnast not already holding a place on a Welsh Squad wishes to be considered for the performance squad, their club/coach should contact performance@welshgymnastics.org and confirm eligibility where necessary.</p>
<p>8. Expectations of Selected Gymnasts and Coaches</p>	<p>All gymnasts and coaches will be expected to follow the Welsh Gymnastics Membership Rules, Terms & Conditions, and sign up to the Performance Pledge.</p>
<p>9. Communications of Selections (including non-selection)</p>	<p>Selections will be communicated to both gymnasts (parent/guardian under 18) and club contact/coach through email.</p>
<p>10. Complaints</p>	<p>If you are unhappy with the process or wish to put in a complaint, please email complaints@welshgymnastics.org.</p>
<p>11. Injury/illness/ other reasons for being unable to compete at DSE</p>	<ul style="list-style-type: none"> Any gymnast who is ill or injured prior to or during the DSEs must provide written documentation of the injury or illness to performance@welshgymnastics.org. This information can be taken into consideration in the selection process. <ol style="list-style-type: none"> Gymnast Name & Club Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance Injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known) Gymnasts who did not compete at DSE must express in writing reasons why they did not attend DSE. If agreed, NC's could if reasonably possible test during a club visit between the date of testing and selection meeting <p>OR</p>

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| | <p>V. If a gymnasts cannot attend or compete DSE due to reasons listed above, can on the agreement with the NC team submit video evidence to daniel.rabbitt@welshgymnastics.org by 16th May</p> |
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