



Welsh Gymnastics  
Gymnasteg Cymru

# WELSH GYMNASTICS SELECTION POLICY

Acro Gymnastics

Caledonia International

Motherwell, Scotland 22nd-23rd November 2025

1.Introduction	<p>The Caledonia International is a development competition and target event for Acro in 2025.</p> <p>The nomination of gymnasts to represent Wales at the above-named event will be made according to this selection policy.</p>
2.Performance Targets	This competition will act as a development opportunity for gymnasts and coaches, with an aim of qualifying for finals, and taking a Team.
3.Selection Timelines	<ul style="list-style-type: none"> <li>a) Trial to take place on Sunday 7<sup>th</sup> September 2025 at West Street Gymnastics Club</li> <li>b) Selection meeting to take place during the week commencing 8<sup>th</sup> September 2025.</li> <li>c) Team selection communication no later than the 17<sup>th</sup> September 2025.</li> </ul>
4.Competition Format	<p>The competition format will be delivered as per Caledonia International 2025 Competition rules and regulations.</p> <ul style="list-style-type: none"> <li>• Day 1: Team competition and individual partnership qualifying competition</li> <li>• Day 2: Finals day</li> </ul>
5.Gymnast Eligibility Criteria	<p>Gymnasts are eligible for consideration provided they</p> <ul style="list-style-type: none"> <li>• are a Welsh Citizen holding or eligible to hold a British passport</li> <li>• Gymnasts must be age eligible (as per Caledonia International age categories and Welsh Gymnastics international trip age specifications)</li> <li>• are a current British / Welsh Gymnastics member</li> <li>• are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria.</li> </ul> <p>Gymnasts competing at the Caledonia International will be selected from the below selection event:</p> <ul style="list-style-type: none"> <li>• Welsh Acro Squad / Caledonia trial – 07/09/25</li> </ul> <p>In the event that a gymnast is unable to attend the selection event outlined above, Welsh Gymnastics will be unable to accommodate alternative arrangements due to the limited timeframe for Nominative Selections.</p>



6. Performance Standards	<p>The nomination panel may take into consideration injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the programme.</p> <p>The panel will consider the following:</p> <ul style="list-style-type: none"><li>a) Gymnasts scoring potential at the Caledonia International 2025.</li><li>b) Current and most recent performance form in the build-up to nomination.</li><li>c) Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider at its discretion.</li><li>d) Longer term aims of the programme.</li><li>e) Technical element- a minimum score of 8.00 in both routines.</li><li>f) Selections will ultimately be taken from the overall score achieved from trial routines.</li></ul>
7. Selection Panel	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"><li>- Acro Technical Panel</li><li>- Performance Programme Officer/Manager</li><li>- Independent WG staff Member</li><li>- Athlete representative</li></ul>
8. Selection Process	<p>Gymnasts meeting the eligibility criteria will be considered against the Performance Standards taking into account the performance targets for this competition.</p> <p>Selections will be made before the 17<sup>th</sup> September 2025.</p>
9. Injury and Replacement	<p>In the event of injury and/or the need for replacement, the selection panel will agree from any gymnast listed as a reserve may be called upon to join the Team at any time.</p> <ul style="list-style-type: none"><li>- A non-travelling reserve will be selected for each category.</li></ul>



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