



Welsh Gymnastics
Gymnasteg Cymru

Sgwad Ardal Artistig Menywod Polisi Dewis

2025 / 2026

Women's Artistic

Area Squad 2025 / 2026

Selection Policy

1. Introduction	<p>Welsh Gymnastics hereby outlines the selection process, key timescales and important criteria that are required to be eligible for squad selection for the Area Squads.</p> <p>Selections will be made by the Area squad selection panel. Details of which can be found in this document.</p>
2. Selection Timelines	<p>This squad will be selected on a 6 monthly basis in April / May & October / November of every year.</p> <ul style="list-style-type: none"> • Squad trial – October/November 2025. April/May 2026. • Selection panel – Within 2 weeks of trial • Selection communication – Within 3 weeks of trial • Squad commence – November 2025 / June 2026
3. Gymnast Eligibility Criteria	<ul style="list-style-type: none"> • Only gymnasts eligible to compete for Wales will be considered for selection. Please see eligibility policy. • Gymnasts aged 7-10 years by 31st December 2025 (2015-2018) will be eligible for the Area Squad at the October/November 2025 trial. • Gymnasts aged 7-10 years by 31st December 2026 (2016-2019) will be eligible for the Area Squad at the April/May 2026 trial.
4. Selection Criteria General	<p>The selection panel will select gymnasts, who in the expert opinion of the Area Squad Coaches, have the best capability of representing Wales now and / or in the future.</p> <p>Gymnasts will be considered based on the Area Squad Trial Criteria:</p> <ul style="list-style-type: none"> • Scores on conditioning tests at trial (see Squad Trial Criteria Document) • Performance of basic technical skills on each apparatus at trial (see Squad Trial Criteria Document)
5. Selection Specific	<ul style="list-style-type: none"> • Entries for the women's artistic area squad trial will be made via Sport80. The trial is £10 per gymnast. <p>Wildcards – The Panel will have the capacity to select wildcard gymnasts for reasons listed below;</p> <ul style="list-style-type: none"> • The individual is injured or ill, impacting on their ability to attend or complete the testing day. • Opportunity for club or coach development. • Potential for further technical and skill development. • Unable to attend trial / selection day for significant reason (please see section 7).
6. Selection Panel	<p>The selection panel will consist of:</p> <ol style="list-style-type: none"> 1. Area Squad Coach 2. WG Performance Director/Programme Manager/Programme Officer 3. Independent WG Staff Member 4. Athlete Representative (if available)

<p>7. Injury/illness/ other reasons for being unable to complete testing</p>	<ul style="list-style-type: none"> Gymnasts who are unable to trial due to extenuating circumstances e.g., illness / injury, or a pre-booked holiday will be able to trial at the first session of the squad. They will still have to been entered on Sport80 and written documentation of the reason, injury or illness to performance@welshgymnastics.org no later than 2 weeks before your Area's trial is due to take place. <ol style="list-style-type: none"> Gymnast Name & Club Gymnasts Squad (if applicable) e.g., Foundation, Development or Performance Reason / Injury / Illness Details - Length of time injured, Diagnosis, Treatment and expected recovery timescales (If known)
<p>8. Complaints</p>	<p>If you are unhappy with the process or wish to put in a complaint, please email complaints@welshgymnastics.org.</p>