

WELSH AEROBIC CHAMPIONSHIPS 2025

RAC											
PRE-FOUNDATION IW											
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	OPEN Total RANK	CLOSED EVENT total RANK
15	Lora Videva	Heathrow	6.4	0.45				4.7		11.55 4	
16	Mali Llewellyn	Phoenix	6.6	0.45				4.43		11.48 5	11.48 3
17	Eabha Flynn	Heathrow	5.6	0.45	4	4.8	4	4.266667		10.31667 9	
18	Erin Kate-May	Phoenix	4.9	0.4	3.5	4	4.4	3.966667		9.266667 12	9.266667 5
19	Maya Gondro	Heathrow	6.3	0.45	4.2	4.2	4.3	4.233333		10.98333 6	
20	Mia Harries	Phoenix	7.5	0.5	5.2	5.1	5.8	5.366667		13.36667 1	13.36667 1
21	Jannah Kamal	Heathrow	6	0.45	4.2	4.3	4.9	4.466667		10.91667 7	
22	Bonnie price	Phoenix	6.8	0.45	4.4	5.1	5.4	4.966667		12.21667 3	12.21667 2
23	Emily Horrix	Basingstoke	6.9	0.45	4.7	5	5.5	5.066667		12.41667 2	
25	Melissa Pavlic	Heathrow	6.2	0.45	4.1	4.1	4.2	4.133333		10.78333 8	
26	Lilly Stoate	Phoenix	5.3	0.375	3.3	3.8	3.9	3.666667		9.341667 11	9.341667 4
27	Zeina Kamal	Heathrow	5.6	0.45	3.8	4	3.8	3.866667		9.916667 10	

OPEN AND CLOSED COMPETITION

open - gold and small medal
closed - silver and larger medal

RAC											
PRE-FOUNDATION TRIO											
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK
24	Grace Parry, Bella Conway, Celyn George	Phoenix	4.8	0.45	3.9	3.9	3	3.6		8.85	2
29	Bonnie Price, Mali Llewellyn, Mia Harries	Phoenix	6.7	0.45	5.5	5.3	4.8	5.2		12.35	1

JUST CLOSED COMPETITION

Silver trophy and large medal

RAC										
PRE-FOUNDATION GROUP										
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total RANK
28	Grace Parry, Bella Conway, Celyn George, Cali Hodges, Erin Kate-May	Phoenix	4.5	0.45	2.8	3.3	3.4	3.166667		8.116667 1

JUST CLOSED COMPETITION

Silver trophy and large medal

RAC											
FOUNDATION IW											
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	OPEN Total RANK	CLOSED EVENT Total RANK
30	Chloe Gausden	basingstoke	6.9	0.5	5.3	5.3	4.8	5.133333		12.53333 2	
31	Hannah Spence	Suki	6.5	0.55	4.2	4.5	4.7	4.466667		11.51667 7	
32	IW- Florence Phillips	Phoenix	6.5	0.4	4.4	4.6	4.6	4.533333		11.43333 10	11.43333 3
500	Martha Foley-Greaves	Suki	6.5	0.4	5.2	5.3	4.6	5.033333		11.93333 5	
33	IW- Connie Jenkins	Phoenix	6.5	0.35	4.4	4.8	4.8	4.666667		11.51667 7	11.51667 1
34	Isabelle Hunter	basingstoke	7.3	0.45	4.4	5	4.5	4.633333		12.38333 3	
35	Chloe Caiels	Suki	7.1	0.65	5.4	5.4	4.7	5.166667		12.91667 1	
36	IW- Livie Smith	Phoenix	6.5	0.4	4.5	4.5	4.7	4.566667		11.46667 9	11.46667 2
37	Lucy Wallace	basingstoke	7.1	0.5	4.4	4.3	4.6	4.433333		12.03333 4	
38	IW- Avia McGuinness Griffiths	Phoenix	5.2	0.3	4	4	4.2	4.066667		9.566667 14	9.566667 6
39	Katie Bond	basingstoke	6.6	0.45	4.2	4.2	4.5	4.3		11.35 12	
40	IW - Faith Jarvis	Phoenix	6.6	0.55	4.4	4.5	3.9	4.266667		11.41667 11	11.41667 4
41	Piper Rose	basingstoke	6.8	0.5	4.4	4.5	4.4	4.433333		11.73333 6	

OPEN AND CLOSED COMPETITION

open - gold and small medal
closed - silver and larger medal

42	IW- Sophie Carrett	Phoenix	6.1	0.4	4.2	4.2	4	4.133333	0.3	10.33333	13	10.33333	5
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RAC												
FOUNDATION MXD PAIR												
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK	
44	PAIR- Ruby knight, Sonny knight	Phoenix	5.9	0.2	4.2	4.2	3.8	4.066667		10.16667	1	
FOUNDATION W PAIR												
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK	
45	Hannah Spence & Chloe Caiels	Suki	6.1	0.4	4.5	4.2	4.5	4.4		10.9	1	

RAC													
FOUNDATION GROUP													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
46	GROUP- Florence Phillips, Avia McGuinnes Griffiths,Livie Smith, Faith Jarvis	Phoenix	4.5	0.5	4	4.1	4.2	4.1		9.1	1		

RAC													
NAT DEV IW													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	OPEN		CLOSED EVENT	
										Total	RANK	Total	RANK
47	Ida Hughes	Suki	6.6	0.55	4.6	4.4	4.8	4.6		11.75	1		
48	IW- Mali Owens	Phoenix	6.5	0.45	4.3	4.2	4.4	4.3		11.25	7	11.25	1
49	IW -Kiana Evans	Phoenix	6.1	0.5	4.2	4.4	4.5	4.366667		10.96667	9	10.96667	2
50	Tia Spencer	basingstoke	6.5	0.5	4.2	4.3	4.3	4.266667		11.26667	6		
51	Darcie Mansell	Suki	6.6	0.55	4.4	4.5	4.6	4.5		11.65	4		
52	Rosa Knight	Phoenix	6.1	0.35	4.6	4.4	4.3	4.433333		10.88333	10	10.88333	3
53	Elsie Coleman	suki	6.6	0.6	4.6	4.7	4.2	4.5		11.7	3		
54	Alisa Tyrina	heathrow	6.7	0.35	4.2	4.3	4	4.166667		11.21667	8		
55	Nina Gorbenko	basingstoke	6.7	0.5	4.2	4.4	4.5	4.366667		11.56667	5		
56	Ahd Kamal	heathrow	6.2	0.25	4.2	4	4.4	4.2		10.65	11		
57	Miya Matthews	basingstoke	6.4	0.45	4.6	5	5	4.866667		11.71667	2		
58	Amber Eiamwat	heathrow	5.6	0.4	4.1	4.3	4.5	4.3		10.3	12		

RAC													
NAT DEV W PAIR													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
59	Martha Foley-Greaves & Darcie Mansell	Suki	6.4	0.25	4.2	4.2	4.8	4.4		11.05	1		
60	PAIR- Kiana Evans, Rosa knight	Phoenix	6.1	0.35	4.4	4.5	4.6	4.5		10.95	3		
61	Molly Parsons & Elsie Coleman	Suki	6.3	0.4	4.6	4.2	4	4.266667		10.96667	2		
62	Eleanor Bevan,Mali Owens	Phoenix	6.3	0.15	4.2	4.3	3.8	4.1		10.55	4		

RAC													
NAT DEV W TRIO													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
63	TRIO- Lily Roderick, Esme Wesley, Seren Mulligan	Phoenix	4.3	0.1	3.8	3.8	3.7	3.766667		8.166667	1		

RAC													
YOUTH IW													
										OPEN		CLOSED EVENT	

JUST CLOSED COMPETITION
Silver trophy and large medal

JUST open COMPETITION
goldr trophy and large medal

JUST CLOSED COMPETITION
Silver trophy and large medal

OPEN AND CLOSED COMPETITION

open - gold and small medal
closed - silver and larger medal

JUST OPEN COMPETITION
if a welsh person they get a silver and large medal

JUST CLOSED COMPETITION
Silver trophy and large medal

Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK	Total	RANK
64	Isla Aberneth-Beresford	suki	6.1	0.8	5.1	5.6	4.8	5.166667		12.06667	3		
65	Jasmine Gray	basingstoke	6.9	0.85	4.4	5	4.2	4.533333		12.28333	1		
66	Petina Dudeva	heathrow	6.1	0.45	4.2	4.3	4	4.166667		10.71667	7		
67	IW- Maizey Woodward	Phoenix	6.1	0.7	4.2	4.3	4.5	4.333333		11.13333	5	11.13333	2
68	Imogen Rice	cheltenham	6.7	0.7	4.4	4.8	4.9	4.7		12.1	2		
69	IW- Elise Bagah	Phoenix	6.4	0.85	4.4	4.5	4.8	4.566667		11.81667	4	11.81667	1
70	IW- Phoebe Howe	Phoenix	6.1	0.5	4.2	4.2	4.5	4.3		10.9	6	10.9	3

OPEN AND CLOSED COMPETITION

open - gold and small medal
closed - silver and larger medal

RAC													
YOUTH PAIR													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
71	Isabella Ayers & Lola Allen	cheltenham	6.6	0.7	4.6	4.4	4.8	4.6		11.9	1		
72	Evie Suffield/Isla Abernethy-Beresford,	suki	6.4	0.8	4.1	4.6	4	4.233333		11.43333	2		

JUST OPEN COMPETITION
gold trophy and small medal

RAC													
YOUTH TRIO													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
73	Imogen Rice, Isabella Ayers & Lola Allen	Cheltenham	6.7	0.55	4.6	4.3	5	4.633333		11.88333	1		

JUST OPEN COMPETITION
gold trophy and small medal

RAC													
JUNIOR IW													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
74	Margo Mezentsiva	basingstoke	7	1.1	4.7	4.4	4.4	4.5		12.6	1		
75	Scarlet Cohen	suki	6.6	1	4.3	4.4	4.6	4.433333		12.03333	3		
77	Olivia Bryce	heathrow	6.6	0.75	4.2	4.3	4.8	4.433333	0.5	11.28333	4		
78	Orla Waite	basingstoke	7	0.9	4.3	4.3	4.4	4.333333		12.23333	2		

JUST OPEN COMPETITION
gold trophy and small medal

RAC													
SENIOR IW													
Number	Name	Club	Escore	Dscore	Ascore			Total	CJP/Pen	Total	RANK		
79	Lisa Hoyes	cheltenham	6.6	0.5	4	4.3	4	4.1		11.2	1		

JUST OPEN COMPETITION
gold trophy and small medal