

Woman's Artistic
Caledonia International
Selection Policy
Motherwell, Scotland
November 22nd – 23rd 2025

1. Introduction	<p>The Caledonia International is a development competition and target event for 2025.</p> <p>The nomination of gymnasts and coaches to represent Wales at the above-named event will be made according to this selection policy.</p> <p>The team for the Caledonia International will be a minimum of 3, and a maximum of 5 gymnasts with a team format of (5/5/3).</p> <p>This competition will be part funded by selected athletes. We are estimating this trip to cost around £400 per person.</p>
2. Competition format	<ul style="list-style-type: none"> • 5 female gymnasts – Aspire/Junior (Age as of 1st January in competition year) • Team composition: Each nation team must include a minimum of 2x Aspire gymnasts and a maximum of 3x Junior gymnasts per team • 5 gymnasts in a team, 5 to work on each piece, 3 best scores to count • The event will be according to FIG Cycle 15 Code of Points (2025-2028) Junior Code of Points
3. Competition Format	<ul style="list-style-type: none"> • The competition format will be delivered as per FIG Competition rules and regulations. • Friday 21st - Podium Training • Saturday 22nd - Team competition, both men and women and Individual all-round competition both men and women • Sunday 23rd - Masters finals single apparatus both men and women.
4. Gymnast Eligibility Criteria	<p>Gymnasts are eligible for consideration provided they;</p> <ul style="list-style-type: none"> • are a Welsh Citizen holding or eligible to hold a British passport. • are age eligible (as per specified competition age categories). • are a current Welsh/British Gymnastics member. • are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria. • have no outstanding fees or any unresolved bans via Welsh/British Gymnastics. • always comply with UKAD Clean Sport Policy. <p>Selection will be based on the following competitions:</p> <ul style="list-style-type: none"> • Scores at the 2025 Healthy Living Competition

	<ul style="list-style-type: none"> • 27th September Welsh Junior, Aspire, FIG 3 Event
5. Targets	<p>There must be evidence that athletes wishing to be considered for nomination have the capability to contribute toward the team score objective set out in Target 1 (below) or evidence capability of achieving Targets 2 & 3.</p> <ul style="list-style-type: none"> • <u>Target 1</u> – Achieve a Team score between 136.00 and 140.00 • <u>Target 2</u> – Potential to finish in the top 10 A/A placing. • <u>Target 3</u> – Potential to qualify for an apparatus final.
6. Additional Performance Factors	<p>The nomination panel may take into consideration athletes who do not reach the performance standards due to injury, illness or other key factors that have had a detrimental effect on training and competition plans based on supporting the longer-term direction of the programme of qualifying for and winning medals at the 2026 / 2030 Commonwealth Games.</p> <p>The panel will consider the following Additional Performance Factors (APF), when selecting gymnasts:</p> <ol style="list-style-type: none"> Gymnasts scoring potential to win a medal or achieve the performance targets at the Caledonia International. Current and most recent performance form in the build-up to nomination. Current medical and injury status including recent training history and any additional extenuating circumstances that the panel feels necessary to consider. Providing competition exposure to MAG gymnasts who are eligible for 2026 / 2030 Commonwealth Games.
7. Selection Panel	<ol style="list-style-type: none"> The selection panel will consist of: <ul style="list-style-type: none"> - WAG Lead / National coach - Technical panel member (if applicable) - Performance programme Manager - Executive Director - Performance

	- Athlete representative (if available)
8. Selection process	<p>A gymnast who meets the eligibility criteria but does not meet the performance standards can be considered for selection by the panel and these gymnasts will be identified at the start of the selection panel discussions using relevant information aligned to the Additional Performance Factors.</p> <p>The nominated gymnasts will be those, in the expert opinion of the nomination panel, most able to achieve the targets listed in the section 'Performance Targets'.</p> <p>Based on the event requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, a non-travelling reserve for the event will be named.</p> <p>The selection panel will meet during the week commencing W/C 29th September 2025.</p> <p>Welsh Gymnastics will communicate the nominations to all eligible gymnasts and coaches no later than Monday 6th October 2025.</p>
9. Appeals	<p>Appeals may only be submitted from midday on the day on announcement until midday 3 working days after. For non-selected gymnasts on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to performance@welshgymnastics.org between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process.</p> <p>All appeals will be heard and concluded no later than 17th October 2025.</p>
10. Injury and Replacement	<p>In the event of injury and/or the need for replacement, the selection panel will decide about bringing the gymnast listed as a reserve into the team at any time.</p>