

### Welsh Performance and Excel Grades 2026

GRP	PERFORMANCE 4				VAULT					BARS					BEAM					FLOOR					RANGE					OVERALL TOTAL	OVERALL RANK
	CLUB	NAME	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank				
GRP 21	33	Valleys GA	Emilie Allen	7.4	4		11.4	16	7.63	4		11.63	9	8.5	4		12.5	1	7.94	4.3		12.24	5	6.8	4		10.8	12	58.57	6	
	34	Swansea Gymnastics Centre	Olivia Barnsley	8.2	4		12.2	9	7.67	4		11.67	8	6.9	4	0.5	10.4	10	7.34	3.5		10.84	15	7.85	4	0.3	11.55	8	56.66	9	
	35	Swansea Gymnastics Centre	Mali Gleeson	8.64	4		12.64	2	7.93	4		11.93	6	6.2	4	0.5	9.7	14	8.27	4.3		12.57	2	7.95	4	0.3	11.65	6	58.49	7	
	36	Swansea Gymnastics Centre	Leila Porter	8.1	4		12.1	10	6.2	4		10.2	11	6	4		10	13	7.57	4		11.57	11	7.45	4	0.3	11.15	11	55.02	12	
	37	Swansea Gymnastics Centre	Erin David	8.67	4		12.67	1	8.4	4.3		12.7	1	7.67	4	0.5	11.17	8	7.94	4.3		12.24	5	8	4	0.3	11.7	4	60.48	2	
GRP 22	38	Swansea Gymnastics Centre	Erin Thomas	7.17	4		11.17	17	5.74	3.5		9.24	14	7.37	4		11.37	4	7.3	4		11.3	13	7.6	4		11.6	7	54.68	13	
	39	Cardiff Central Youth Club	Elinor Griffith-Williar	8.5	4		12.5	5	8.2	4.3		12.5	2	7.64	4		11.64	2	7.9	4.3		12.2	7	7.5	4	0.3	11.2	10	60.04	3	
	40	YMCA Barry Gymnastics Club	Mila Llewellyn	8.54	3		11.54	14	4.3	4		8.3	16	5.9	4	0.5	9.4	15	5.9	3	2	6.9	17	6.9	4	0.6	10.3	14	46.44	17	
	41	Capital Academy of Sport Ltd	Grace Price	8.44	3.5		11.94	12	4.97	4		8.97	15	7.74	4	0.5	11.24	7	8.27	4.3	0.4	12.17	8	8.25	4	0.3	11.95	2	56.27	10	
	42	Capital Academy of Sport Ltd	Anwen Davies	8.37	4		12.37	6	7.7	4		11.7	7	6.87	4	0.5	10.37	11	7.4	4		11.4	12	6	4	0.6	9.4	17	55.24	11	
GRP 23	43	Capital Academy of Sport Ltd	Bethan Fleet	8.3	4		12.3	7	3.2	3.5		6.7	17	7.44	4		11.44	3	7.77	4		11.77	10	7.2	4	1	10.2	15	52.41	14	
	44	Somersault GC	Imogen Alexander	8.54	3		11.54	14	6.07	4		10.07	12	4.97	4	0.8	8.17	16	6.34	4		10.34	16	7.75	4	0.3	11.45	9	51.57	15	
	45	Llanelli Gymnastics Club	Hollie Evans	0	0	0	0	18	0	0	0	0	18	0	0	0	0	18	0	0	0	0	18	0	0	0	0	0	18	0	18
	46	Llanelli Gymnastics Club	Mara Amarillo	8.6	4		12.6	3	8.2	4.3		12.5	2	7.14	4		11.14	9	8.57	4.3		12.87	1	6.9	4	0.3	10.6	13	59.71	4	
	47	Fusion	Ariana Barnard	8.57	3.5		12.07	11	8.37	4		12.37	4	7.3	4		11.3	5	7.84	4.3		12.14	9	7.7	4		11.6	4	59.58	5	
	48	Deeside	Ellie Howshall	8.34	3.5		11.84	13	5.97	4		9.97	13	3.37	4		7.37	17	7	4		11	14	6.45	4	0.3	10.15	16	50.33	16	
	49	Olympus	Sophie Wynne	8.54	4		12.54	4	8.3	4		12.3	5	7.27	4		11.27	6	8.1	4.3		12.4	3	8.4	4	0.1	12.3	1	60.81	1	
999	Buckley Gymnastics Club	Seren Williams	8.8	3.5		12.3	7	7.33	4		11.33	10	6.24	4		10.24	12	8.07	4.3		12.37	4	8.15	4	0.3	11.85	3	58.09	8		

GRP	PERFORMANCE 3			VAULT					BARS					BEAM					FLOOR					RANGE					OVER ALL TOTAL	OVER ALL RANK	
	NOS	Club	Name	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank			
GRP 24	50	Torfaen Academy of Gymnastics	Lexi Duffus	8.4	4		12.4	8	7.47	4.3		11.77	3	6.77	4	0.8	9.97	16	7.5	4		11.5	11	7.45	4	0.4	11.05	10	56.69	9	
	51	Pen-y-Bont Gymnastics	Megan Crandon				0	19				0	20				0	20					0	20				0	20	0	20
	52	Pen-y-Bont Gymnastics	Isabella Patrick	8.34	4		12.34	11	4.47	3.8		8.27	17	6.37	4	0.3	10.07	15	6.64	4	0.3	10.34	16	7.05	4	0.6	10.45	18	51.47	16	
	53	Cardiff Olympic Gymnastics	Ella-Louise Murray	8.3	4		12.3	13	7.3	4		11.3	7	7.14	4		11.14	9	7.77	4.3		12.07	6	8.25	4	0.6	11.65	6	58.46	5	
	54	All Stars Gymnastics Club	Izabella Coates	8.17	4		12.17	16	7	4		11	10	7.1	4	0.5	10.6	13	6.3	4.3		10.6	15	7.6	3.5	0.3	10.8	13	55.17	12	
GRP 25	55	Capital Academy of Sport Ltd	Darcie Walsh	8.14	4		12.14	17	8.57	4.3		12.87	1	7.67	4		11.67	6	8.14	4.3		12.44	2	8.4	4		12.4	1	61.52	1	
	56	Cardiff Central Youth Club	Ava Joseph	8.4	4		12.4	8	8.23	4		12.23	2	8.57	4		12.57	1	8.24	4.3		12.54	1	7.9	3.5		11.4	8	61.14	2	
	57	Cardiff Central Youth Club	Charlotte Rogers	8.34	4		12.34	11	6.97	4.3		11.27	8	7.34	4	0.3	11.04	10	7.17	4		11.17	12	7.75	4		11.75	4	57.57	7	
GRP 16	58	Valleys GA	Madison Allen	0	0	0	0	19	0	0	0	0	20	0	0	0	0	20	0	0	0	0	20	0	0	0	0	0	20	0	20
	59	All Stars Gymnastics Club	Ava Ling	0	0	0	0	19	0	0	0	0	20	0	0	0	0	20	0	0	0	0	20	0	0	0	0	0	20	0	20
	60	Wrexham Gymnastics Club	Katie Mcglynn	8.9	4		12.9	1	4.53	3.8		8.33	16	7.93	4		11.93	5	7.7	4.3		12	7	7.9	4	0.9	11	11	56.16	10	
	61	Ynys Mon Gymnastic Club	Maisy Coveney	8.47	4		12.47	5	4.87	3.3		8.17	18	6.14	3.5	0.5	9.14	18	6.94	4		10.94	14	6.95	4	0.3	10.65	17	51.37	17	
	62	Ynys Mon Gymnastic Club	Ela Non Jones	8.47	4		12.47	5	5.3	4		9.3	14	5.07	4	1.3	7.77	19	7.34	3.5	2	8.84	19	5.1	4	0.6	8.5	19	46.88	18	
	63	Ynys Mon Gymnastic Club	Ela Haf Williams	8.74	4		12.74	3	7.6	4		11.6	6	7.57	4		11.57	7	7	4		11	13	7.35	4	0.6	10.75	15	57.66	6	
	64	Buckley Gymnastics Club	Isabelle Griffin	8.47	4		12.47	5	4.8	2	2	4.8	19	6.57	4	0.3	10.27	14	7.97	4.3		12.27	3	8.25	4	0.3	11.95	2	51.76	15	
GRP 17	65	Swansea Gymnastics Centre	Martha Griffin Jones	0	0	0	0	19	6.73	3.8		10.53	11	8.07	4		12.07	3	8.04	3.8	2	9.84	17	7.6	4	0.3	11.3	9	43.74	19	
	66	Swansea Gymnastics Centre	Tali Thomas	8.57	4		12.57	4	4.6	4.3		8.9	15	7.17	4	0.5	10.67	12	7.9	4		11.9	8	7.26	4	0.6	10.66	16	54.7	13	
	67	Swansea Gymnastics Centre	Lara James	8.24	4		12.24	15	7.63	4		11.63	5	8	4		12	4	7.94	4.3		12.24	4	8.05	4	0.3	11.75	4	59.86	4	
	68	Swansea Gymnastics Centre	Minnie Edwards	8.37	4		12.37	10	6.07	4		10.07	13	6.54	3.5	0.8	9.24	17	7.4	4.3		11.7	9	7	4	0.1	10.9	12	54.28	14	
	69	Grays Gym Club	Freya Hendley	8.3	4		12.3	13	6.5	4		10.5	12	7.94	4	0.5	11.44	8	8	3.8	2	9.8	18	8	4	0.1	11.9	3	55.94	11	
	70	Grays Gym Club	Isla Hendley	8.14	4		12.14	17	6.97	4.3		11.27	8	7.2	4	0.5	10.7	11	7.67	4		11.67	10	7.65	4		11.65	6	57.43	8	
	71	Llanelli Gymnastics Club	Lilia Stabler	8.8	4		12.8	2	7.47	4.3		11.77	3	8.37	4		12.37	2	8.2	4		12.2	5	7.1	4	0.3	10.8	13	59.94	3	

PERFORMANCE 2				VAULT					BARS					BEAM					FLOOR					RANGE					OVER ALL TOTAL	OVER ALL RANK	
GRP	NOS	Club	Name	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	OVER ALL TOTAL	OVER ALL RANK	
GRP 18	72	Ynys Mon Gymnastic Club	Isabella Kelly	8.5	4		12.5	10	6.77	3	4	5.77	16	6.8	2.5	2	7.3	16	5.94	4	0.5	9.44	16	6.3	4	0.4	9.9	15	44.91	16	
	73	Ynys Mon Gymnastic Club	Seren Owen				0	17				0	17	0	0	0	0	17					0	17	0			0	17	0	17
	74	Ynys Mon Gymnastic Club	Anni Côt Jones	8.5	4		12.5	10	5.8	4		9.8	12	6.64	3.5	0.5	9.64	12	6.77	4	0.5	10.27	15	6.9	4	0.3	10.6	14	52.81	13	
	75	Cardiff Central Youth Club	Anya McShane	8.4	4		12.4	15	7.7	4		11.7	5	7.87	4		11.87	2	7.9	4.3		12.2	5	7.9	4	0.4	11.5	4	59.67	3	
	76	Cardiff Central Youth Club	Mahlia Darlington				0	17				0	17	0	0	0	0	17					0	17	0			0	17	0	17
	77	Cardiff Central Youth Club	Lyla Whiffin	8.6	4		12.6	7	7.9	4.3		12.2	3	7.67	4		11.67	4	8.14	4.3		12.44	2	7.2	4	0.3	10.9	10	59.81	2	
	78	Wrexham Gymnastics Club	Scarlett Roberts	8.44	4		12.44	12	6.93	4.3		11.23	8	6.24	3.5	0.5	9.24	15	7.1	3.5		10.6	14	6.8	4	0.1	10.7	13	54.21	11	
79	Buckley Gymnastics Club	Gwennan Knight	8.44	4		12.44	12	5.77	4		9.77	13	5.9	4	0.5	9.4	13	6.94	3.8		10.74	13	7.35	4		11.35	5	53.7	12		
80	Somersault GC	Hallie Wilkie				0	17				0	17				0	17					0	17	0			0	17	0	17	
GRP 19	81	Somersault GC	Rose Pullen	8.44	4		12.44	12	4.23	4.3		8.53	14	5.84	4	0.5	9.34	14	7.5	4		11.5	10	6.45	4	1	9.45	16	51.26	15	
	82	Somersault GC	Anna James	8.2	4		12.2	16	6.64	4		10.64	11	6.9	4		10.9	6	7.6	3.5		11.1	12	7.3	4		11.3	7	56.14	10	
	83	All Stars Gymnastics Club	Anya Duncan-Jones	8.57	4		12.57	8	7	4		11	9	7.2	4	0.5	10.7	8	7.57	4.3		11.87	7	8.35	4	0.3	12.05	1	58.19	7	
	84	Capital Academy of Sport Ltd	Amy Grace Wall	8.54	4		12.54	9	5.83	2.5	2	6.33	15	7.24	4	0.5	10.74	7	7.9	4		11.9	6	7.8	4	1	10.8	12	52.31	14	
	85	Capital Academy of Sport Ltd	Evie Barrett	8.67	4		12.67	5	7.67	4.3		11.97	4	8.24	4	0.5	11.74	3	7.7	4		11.7	8	7.85	4	0.6	11.25	8	59.33	4	
GRP 20	86	Llanelli Gymnastics Club	Millie Evans	9.2	4		13.2	1	7.57	4		11.57	7	7.97	4	0.5	11.47	5	7.67	4		11.67	9	7.85	4	0.6	11.25	8	59.16	5	
	87	Llanelli Gymnastics Club	Ayda Lewis	8.64	4		12.64	6	6.93	4		10.93	10	6.74	4	0.5	10.24	10	7.94	4.3		12.24	3	7.65	4	0.1	11.55	3	57.6	9	
	88	Llanelli Gymnastics Club	Solara Mainwaring	8.84	4		12.84	3	7.4	4.3		11.7	5	7.1	4	0.5	10.6	9	8.2	4.3		12.5	1	6.95	4	0.1	10.85	11	58.49	6	
	89	Bangor Gymnastic Club	Priya-Rose Brookwell				0	17				0	17				0	17					0	17	0			0	17	0	17
	90	Bangor Gymnastic Club	Avaya Dillon				0	17				0	17				0	17					0	17	0			0	17	0	17
	91	Fusion	Aneira Gwynfil	8.8	4		12.8	4	8.1	4.3		12.4	2	6.54	4	0.5	10.04	11	7.3	4		11.3	11	7.95	4	0.3	11.65	2	58.19	8	
	92	Olympus	Ava Denby	9	4		13	2	8.5	4.3		12.8	1	7.97	4		11.97	1	7.94	4.3		12.24	3	7.65	4	0.3	11.35	5	61.36	1	
PERFORMANCE 1				VAULT					BARS					BEAM					FLOOR					RANGE					OVER ALL TOTAL	OVER ALL RANK	
GROUP	NOS	Club	Name	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	E Score	D Score	PEN	TOTAL	Rank	OVER ALL TOTAL	OVER ALL RANK	
GRP 11	93	Ruthin & Denbigh Gymnastics Club L	Hallie Jones	8.77	4		12.77	20	6	3.5		9.5	32	6.8	4.3		11.1	18	6.77	3.5		10.27	28	7.24	4		11.24	19	54.88	25	
	94	Torfaen Academy of Gymnastics	Poppy Turner				0	33				0	34				0	34					0	33				0	33	0	34
	95	Cardiff Olympic Gymnastics	Halle Goren	8.84	4		12.84	18	6.6	4		10.6	26	5.5	3.5	0.3	8.7	33	6.4	4		10.4	26	6.67	4	0.3	10.37	29	52.91	30	
	96	Swansea Gymnastics Centre	Alys Lewis	8.94	4		12.94	15	8.07	4.3		12.37	9	7.6	4.3		11.9	12	7.33	4.3		11.63	12	8.07	4		12.07	4	60.91	5	
	97	Swansea Gymnastics Centre	Mabil Evans	9.14	4		13.14	7	7.94	4		11.94	18	7.14	4		11.14	17	7.3	4		11.3	15	7.54	4		11.54	9	59.06	14	
	98	Maldwyn Dragons Gymnastics Club	Darcey Bellis	8.84	4		12.84	18	6.34	4		10.34	27	6.5	4	0.3	10.2	23	5.97	4		9.97	29	6.87	4	0.6	10.27	32	53.62	29	
	99		Willow Roach	8.87	4		12.87	17	6.34	4		10.34	27	5.7	4.3	0.3	9.7	31	7.2	4		11.2	16	6.9	4	0.6	10.3	30	54.41	28	
GRP 12	100	YMCA Barry Gymnastics Club	Ava Li	8.5	4		12.5	28	7.94	4.3		12.24	12	8.1	4.3		12.4	5	7.6	4.3		11.9	6	6.6	4	0.3	10.3	31	59.34	12	
	101	Somersault GC	Amelia Bhakta	8.54	4		12.54	27	8.47	4.3		12.77	5	8.4	4.3		12.7	1	7.73	4.3		12.03	4	7.7	4	0.3	11.4	16	61.44	4	
	102	Haverfordwest Gymnastics Club	Olivia Harries	9.34	4		13.34	2	7.07	4		11.07	23	8.3	4	0.3	12	9	7.53	3.8		11.33	13	7.6	4	0.3	11.3	18	59.04	15	
	103	Cardiff Central Youth Club	Annabelle Gullick				0	33	8.57	4.3		12.87	3	8.1	4		12.1	7					0	33				0	33	24.97	33
	104	Cardiff Central Youth Club	Aniyah Cruse	9.07	4		13.07	10	7.97	4.3		12.27	11	6.7	3.5	0.3	9.9	28	7.43	4.3		11.73	9	7.24	4		11.24	19	58.21	17	
	105	Cardiff Central Youth Club	India-Lilly Coughlin	8.7	4		12.7	23	8.34	4.3		12.64	11	6.5	4		10.5	22	6.97	4		10.97	19	7.4	4	0.3	11.1	21	57.91	19	
GRP 13	106	Cardiff Central Youth Club	Isabella Nicholls	9.2	4		13.2	5	7.97	4		11.97	16	8	4		12	9	7.4	4.3		11.7	10	7.54	4		11.54	9	60.41	8	
	107	All Stars Gymnastics Club	Katie Norris	9.14	4		13.14	7	8.5	4.3		12.8	4	8.1	4		12.1	7	7.13	4		11.13	17	6.74	4		10.74	25	59.91	11	
	108	All Stars Gymnastics Club	Emiah Hurley	9.07	4		13.07	10	7.7	4.3		12	15	6.5	4	0.3	10.2	23	7.33	4		11.33	13	7.4	4		11.4	13	58	18	
	109	All Stars Gymnastics Club	Zoe Carr	8.94	4		12.94	15	7.64	4.3		11.94	19	5.8	4		9.8	29	6.3	4		10.3	27	7.14	4	0.3	10.84	24	55.82	23	
	110	Capital Academy of Sport Ltd	Sienna Palladino	9.07	4		13.07	10	8.14	4.3		12.44	7	7.3	4		11.3	16	7.5	4.3		11.8	8	7.4	4		11.4	13	60.01	10	
	111	Capital Academy of Sport Ltd	Lottie Ceshion	9.2	4		13.2	5	8.67	4.3		12.97	2	7.7	4		11.7	13	7.1	4		11.1	18	7.37	4	0.3	11.07	22	60.04	9	
	112	Capital Academy of Sport Ltd	Mia Rae Weston	8.74	4		12.74	22	8.1	4.3		12.4	8	6.9	4	0.3	10.6	20	7.4	4.3		11.7	10	7.27	4	0.3	10.97	23	58.41	16	
GRP 14	113	Capital Academy of Sport Ltd	Catrin Dyban-Sully	8.57	4		12.57	25	8.37	4		12.37	10	7.9	4	0.3	11.6	14	8.3	4.3		12.6	1	8.7	4		12.7	1	61.84	2	
	114	Grays Gym Club	Sophie Hender	8.57	4		12.57	25	6.8	4		10.8	25	6.6	4		10.6	20	6.73	4		10.73	22	7.3	4		11.3	17	56	22	
	115	Grays Gym Club	Genevieve Barnhart	8.2	4		12.2	30	7.77	4.3		12.07	13	6.9	3		9.9	25	6.1	3.5		9.6	31	7	4	0.3	10.7	26	54.47	26	
	116	Grays Gym Club	Calli Edwards	8.2	4		12.2	30	6.84	3.5		10.34	27	5.4	4		9.4	32	6.13	3.5		9.63	30	6.8	4	0.3	10.5	27	52.07	31	
	117	Llanelli Gymnastics Club	Lilly-May Rees	8.97	4		12.97	14	7.87	4		11.87	20	5.8	4		9.8	29	6.93	3.5		10.43	25	6.8	4	0.3	10.5	27	55.57	24	
	118	Llanelli Gymnastics Club	Cara Sarsfield	9	4		13	13	7.97	4		11.97	16	7.9	4.3		12.2	6	7.53	4.3		11.83	7	7.87	4		11.87	6	60.87	6	
GRP 15	119	Llanelli Gymnastics Club	Madlen Eira Thomas	9.34	4		13.34	2	8.77	4.6		13.37	1	8.4	4.3		12.7	1	7.87	4.3		12.17	3	8.47	4		12.47	2	64.05	1	
	120	Bangor Gymnastic Club	Olivia Jackman	7.87	4		11.87	32	5.74	3.5		9.24	33	5.9	4		9.9	25	5.43	4		9.43	32	7.47	4		11.47	12	51.91	32	
	121	Bangor Gymnastic Club	Ashli-Jane Bowey	8.44	4		12.44	29	6.74	3.5		10.24	31	5.9	4		9.9	25	6.47	4		10.47	24	7.4	4		11.4	13	54.45	27	

GRP 15	122	Bangor Gymnastic Club	Megan Owen	8.67	4	12.67	24	7.77	4.3	12.07	13	7.4	4	0.3	11.1	18	6.53	4	10.53	23	7.5	4	11.5	11	57.87	20
	123	Olympus	Emmi Cooke	8.77	4	12.77	20	7.87	4	11.87	20	8	4		12	9	6.87	4	10.87	21	7.64	4	11.64	7	59.15	13
	124	Fusion	Gabija reardon	9.1	4	13.1	9	7.14	4	11.14	22	8.4	4.3		12.7	1	7.93	4	11.93	5	7.9	4	11.9	5	60.77	7
	125	Fusion	Mali Davies	9.4	4	13.4	1	6.3	4	10.3	30	7.5	4		11.5	15	6.97	4	10.97	19	7.64	4	11.64	7	57.81	21
	126	Fusion	Millie Evans	9.27	4	13.27	4	6.94	4	10.94	24	8.3	4.3		12.6	4	8.23	4.3	12.53	2	8.37	4	12.37	3	61.71	3