Cystadlaethau Celfyddydol Cymru 2026

Welsh Artistic Championships 2026

Welsh Gymnastics
Gymnasteg Cymru

Welcome to Welsh Artistic Championships 2026

Date: 12th – 14th February

Venue: Sport Wales National Sports Centre

Sofia Gardens

CARDIFF

CF11 9SW

Maps: Sport Wales National Centre - Google Maps

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Information

Hoffai Gymnasteg Cymru eich croesawu i'n Cystadlaethau Celfyddol Cenedlaethol 2026.

Hoffem ddiolch i Chwaraeon Cymru am gynnal y lleoliad

Welsh Gymnastics would like to welcome you to our National Artistic Championships 2026

We would like thank Sport Wales for hosting the venue

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Equipment List

WAG	Senior Warm Up only	Junior Warm Up only	Aspire Warm Up and competition
Vault	10cm Mat	10cm Mat	10cm Mat
Bars	10cm Mat (Warm up, in competition permitted for Release and Catch moves only)	10cm Mat (Warm Up and Competition)	10cm Mat (Warm Up and Competition)
Beam	10cm Mat	10cm Mat	10cm Mat
Floor	10cm Mat 5 cm Mat	10cm Mat 5 cm Mat	10cm Mat (Warm up only) 5cm Mat
Springboard (Warm Up and competition)	FIG soft and hard	FIG, FIG modified 5 spring, 4 Spring (Warm Up and competition)	FIG, FIG modified 5 spring, 4 Spring (Warm Up and competition)

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Officials and Sponsors

Competition Organiser – Welsh Gymnastics

Competition Manager – Maria Gaynor

Floor Managers

WAG – Seren Williams

WAG – Emmy Whittich

WAG – James Thomas

MAG – Adam Perman

MAG - Harri Pugh

MAG/WAG – Ellis Davies

Safeguarding and Wellbeing – Lisa Hallam & Georgina Anstee

Physio – Sian Knott

Volunteers – Various

Official Suppliers to Welsh Gymnastics

Quatro, Kukri, FB Curves

Online scoring: Gymdata

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition timetable

Thursday evening: WAG Aspire & MAG U10 (Welsh only)/U12 (Open)

Friday: WAG Junior & MAG U14/U16/U18

Saturday: WAG Senior/MAG Senior

Sunday: Masters Finals

WAG – Welsh gymnasts only

MAG – Open to all gymnasts – U16/U18/Senior

- **Judging information:** Hone Nations will be using the Junior and Senior British Rules as this provides a ranking competition to British Championships and ensures all gymnasts are judged to the same rules.
- Wales will be using Aspire rules for this event

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Judging Panels

MAG (Sunday sent out directly to judges)

FRIDAY & SATURDAY						
U16/U18/SNR						
	Superior Jury		Byron Clithero			
			Paul Edwards			
	FLOOR	Reg	POMMEL H	Reg	RINGS	Reg
D1	Andrew Webb	NW	Paul Newton	South	Chris Jones	Wales
D2	Stephen Davison	East	Vincent Schaeffer	East	Tommy McGill	Scot
E1	Rachel James	SW	Bev James	York	Nikki Hanley	S East
E2	Steve Slade	Wales	Samantha Mulcahay	NW	Hariesh Jegatheepan	London
	VAULT		P.BAR		H.BAR	
D1	John Elgy	W Mid	Jan Davies	Wales	Keith Brewer	South
D2	Philip Davis	S East	Matt O'Hara	North	Amanda Keating	IOM
E1	Philip Davis	S East	Stewart McIntosh	East	Gemma Wright	East
E2	Christine Hewlett	Wales	Anne Pearcey	South	Harri Pugh	Wales

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Judging Panels

WAG (Thursday and Sunday sent out directly to judges)

	VAULT	BARS	BEAM	FLOOR
D1	Debbie Morgan	Sue Tredgold	Katherine Boden	Carol Malone
D2	Lisa Rose	Robin Leeworthy	Liz Lewis	Catherine Lethbridge

E1	Maria McLoughlin	Sam James	Vicky Bloodworth	Julie Edwards
E2	Allan Brotherston	David Drablow	Elysha Burt - Friday Viv Rose-Saturday	Elle Langham-Walsh

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Times

Thursday

MAG

	FX	PH	SR	VT	PBARS	HBAR	PPP
ROT 1	GRP 1	GRP 2	GRP 3				
ROT 2		GRP 1	GRP 2	GRP 3			
ROT 3			GRP 1	GRP 2	GRP 3		
ROT 4				GRP 1	GRP 2	GRP 3	
ROT 5	GRP 3				GRP 1	GRP 2	
ROT 6	GRP 2	GRP 3				GRP 1	
							U10's

WAG

	VT	BRS	BM	FX
ROT 1	GRP 1	GRP 2	GRP 3	GRP 4
ROT 2	GRP 4	GRP 1	GRP 2	GRP 3
ROT 3	GRP 3	GRP 4	GRP 1	GRP 2
ROT 4	GRP 2	GRP 3	GRP 4	GRP 1

REG	3PM	
STRETCHING	15:05	15:20
1 HOUR APP WARM UP	15:30	16:30
MARCH ON	16:30	16:40
R1	16:40	17:10
R2	17:10	17:40
R3	17:40	18:10
R4	18:10	18:40
R5	18:40	19:10
R6	19:10	19:40
R7	19:40	20:10
PRESENTATION	Aspire and U10/U12	

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Times

Friday – Session 1

Session 1			
Registration	7.45am	7.50am	Corridor outside the WG Office
Warm up and stretching	7.50am	8.10am	lower hall
1 hour apparatus warm up	8.10am	9.10am	
Leotard change/line up	9.10am	9.20am	
March in national anthem	9.20am	9.25am	
Rot 1	9.25am	10am	
Rot 2	10am	10.30am	
Rot 3	10.30am	11am	
Rot 4	11am	11.30am	WAG leave the FOP at end of rotation
Rot 5	11.30am	12pm	
Rot 6	12pm	12.30pm	

WARM UPS					
WAG		MAG			
1 hour app warm up		1 hour app warm up			
groups split largest group to go first		groups split largest group to go first			
VT	2 TOUCHES		FX	50sec	
BRS	50secs		PH	50secs	
BM	30 SECS		SR	50secs	
FX	30secs		VT	2 touches	
TOTAL PER ROUND		30mins	PBARS	50 secs	
			HBAR	50secs	

MAG						
	FX	PH	SR	VT	PBARS	HBAR
ROT 1	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5	GRP 6
ROT 2	GRP 6	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5
ROT 3	GRP 5	GRP 6	GRP 1	GRP 2	GRP 3	GRP 4
ROT 4	GRP 4	GRP 5	GRP 6	GRP 1	GRP 2	GRP 3
ROT 5	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1	GRP 2
ROT 6	GRP 2	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1

WAG			
VT	BRS	BM	FX
GRP 1	GRP 2	GRP 3	GRP 4
GRP 4	GRP 1	GRP 2	GRP 3
GRP 3	GRP 4	GRP 1	GRP 2
GRP 2	GRP 3	GRP 4	GRP 1

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Times

Friday – Session 2

Session 2			
Registration	12.15pm	12.30pm	Corridor outside the WG Office
Warm up and stretching	12.30pm	12.50pm	lower hall
1 hour apparatus warm up	12.50pm	1.50pm	
Leotard change/line up	1.50pm	2pm	
Rot 1	2pm	2.30pm	
Rot 2	2.30pm	3pm	
Rot 3	3pm	3.30pm	
Rot 4	3.30pm	4pm	WAG leave the FOP at end of rotation
Rot 5	4pm	4.30pm	
Rot 6	4.30pm	5pm	

WARM UPS					
WAG		***MAG***			
1 hour app warm up		1 hour app warm up			
groups split largest group to go first		groups split largest group to go first			
VT	2 TOUCHES		FX	50sec	
BRS	50secs		PH	50secs	
BM	30 SECS		SR	50secs	
FX	30secs		VT	2 touches	
TOTAL PER ROUND		30mins	PBARS	50 secs	
			HBAR	50secs	
PRESENTATION AT THE END OF THE DAY ONLY MEDALLIST TO WALK OUT.					

MAG						
	FX	**PH**	**SR**	**VT**	**PBARS**	**HBAR**
ROT 1	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5	GRP 6
ROT 2	GRP 6	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5
ROT 3	GRP 5	GRP 6	GRP 1	GRP 2	GRP 3	GRP 4
ROT 4	GRP 4	GRP 5	GRP 6	GRP 1	GRP 2	GRP 3
ROT 5	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1	GRP 2
ROT 6	GRP 2	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1

WAG			
VT	BRS	BM	FX
GRP 1	GRP 2	GRP 3	GRP 4
GRP 4	GRP 1	GRP 2	GRP 3
GRP 3	GRP 4	GRP 1	GRP 2
GRP 2	GRP 3	GRP 4	GRP 1

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Podium Times

Friday

FRIDAY	**SESSION 1**		**Gymnasts competing in Session 1**		
	Open gym	4.45pm - 5.30pm	for stretching and tumbling if required		Gymnasts MUST be accompanied by a suitably qualified and accredited coach
	Walk into main hall	5.30pm	Time may change due to over running event		
	Podium Session	5.30pm - 7pm	15 mins each app		Rotation to go in order of competing apparatus
FRIDAY	**SESSION 2**		**Gymnasts competing in Session 2**		
	Open gym	5.15pm - 7pm	for stretching and tumbling if required		Gymnasts MUST be accompanied by a suitably qualified and accredited coach
	Walk into main hall	7pm	Time may change due to over running event		
	Podium Session	7pm - 8.30pm	15mins per app		

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Times

Saturday – Session 1

Session 1			
Registration	7.30am	7.45am	Corridor outside the WG Office
Warm up and stretching	7.45am	8.05am	lower hall
1.5 hours apparatus warm	8.05am	9.35am	
Leotard change/line up	9.35am	9.40am	
March in national anthem	9.40am	9.45am	
Rot 1	9.45am	10.25am	
Rot 2	10.25am	11.05am	
Rot 3	11.05am	11.45am	
Rot 4	11.45am	12.25pm	
Rot 5	12.25pm	1.05pm	
Rot 6	1.05pm	1.45pm	

WARM UPS					
WAG			MAG		
1.5 hour app warm up					
groups split largest group to go first					
VT	2 TOUCHES		FX	50sec	
BRS	50secs		PH	50secs	
BM	30 SECS		SR	50secs	
FX	30secs per gymnast		VT	2 touches	
TOTAL PER ROUND		40mins	PBARS	50 secs	
			HBAR	50secs	
PRESENTATION AT THE END OF THE DAY ONLY MEDALLIST TO WALK OUT.					

MAG

	FX	PH	SR	VT	PBARS	HBAR
ROT 1	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5	GRP 6
ROT 2	GRP 6	GRP 1	GRP 2	GRP 3	GRP 4	GRP 5
ROT 3	GRP 5	GRP 6	GRP 1	GRP 2	GRP 3	GRP 4
ROT 4	GRP 4	GRP 5	GRP 6	GRP 1	GRP 2	GRP 3
ROT 5	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1	GRP 2
ROT 6	GRP 2	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1

WAG

	VT	BRS	REST	BM	FX	REST
ROT 1	GRP 1	GRP2	GRP 3	GRP 4	GRP 5	GRP 6
ROT 2	GRP 6	GRP 1	GRP2	GRP 3	GRP 4	GRP 5
ROT 3	GRP 5	GRP 6	GRP 1	GRP2	GRP 3	GRP 4
ROT 4	GRP 4	GRP 5	GRP 6	GRP 1	GRP2	GRP 3
ROT 5	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1	GRP2
ROT 6	GRP2	GRP 3	GRP 4	GRP 5	GRP 6	GRP 1

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Competition Times

Saturday – Session 2

SESSION 2			
Registration	1pm	1.10pm	Corridor outside the WG Office
Warm up and stretching	1.10pm	1.30pm	Lower Hall
1.5 hours apparatus warm up	1.30pm	3pm	
Leotard change/line up	3pm	3.05pm	
March in national anthem	3.05pm	3.15pm	
Rot 1	3.15pm	3.55pm	
Rot 2	3.55pm	4.35pm	
Rot 3	4.35pm	5.15pm	
Rot 4	5.15pm	5.55pm	
Rot 5	5.55pm	6.35pm	
Rot 6	6.35pm	7.15pm	
PRESENTATION AT THE END OF THE DAY ONLY MEDALLIST TO WALK OUT.			

WARM UPS			
WAG		***MAG***	
1.5 hours app warm up			
groups split largest group to go first	groups split largest group to go first		
VT	2 TOUCHES	FX	50sec
BRS	50secs	PH	50secs
BM	30 SECS	SR	50secs
FX	30secs per gymnast	VT	2 touches
TOTAL PER ROUND	40mins	PBARS	50 secs
		HBAR	50secs
Presentation of Welsh CWG Longlist		Presentation of Welsh Feathers for International Recognition	

MAG

	FX	PH	SR	VT	PBARS	HBAR
ROT 1	GRP 4a	GRP 5a	GRP 6a	GRP 7	GRP 8	GRP 9
ROT 2	GRP 9	GRP 4a	GRP 5a	GRP 6a	GRP 7	GRP 8
ROT 3	GRP 8	GRP 9	GRP 4a	GRP 5a	GRP 6a	GRP 7
ROT 4	GRP 7	GRP 8	GRP 9	GRP 4a	GRP 5a	GRP 6a
ROT 5	GRP 6a	GRP 7	GRP 8	GRP 9	GRP 4a	GRP 5a
ROT 6	GRP 5a	GRP 6a	GRP 7	GRP 8	GRP 9	GRP 4a

WAG

	VT	BRS	REST	BM	FX	REST
ROT 1	GRP 7	GRP 8	GRP 9	GRP 10	GRP 11	GRP 12
ROT 2	GRP 12	GRP 7	GRP 8	GRP 9	GRP 10	GRP 11
ROT 3	GRP 11	GRP 12	GRP 7	GRP 8	GRP 9	GRP 10
ROT 4	GRP 10	GRP 11	GRP 12	GRP 7	GRP 8	GRP 9
ROT 5	GRP 9	GRP 10	GRP 11	GRP 12	GRP 7	GRP 8
ROT 6	GRP 8	GRP 9	GRP 10	GRP 11	GRP 12	GRP 7

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Sunday – Masters Final

Finals		
WAG - (Welsh gymnasts ONLY)		**MAG (top 8 in U16, U18, SNR)**
(Welsh gymnasts Aspire, Jnrs, Snrs ONLY)		FX
		PH
VT		SR
Brs		VT
Beam		Pbar
FX		Hbar

MASTERS FINALS

Reg:	10am	10.15am	
Stretching (Lower Hall)	10.20am	10.50am	
Apparatus Warm Up	10.50am	11.35am	open floor
Leo change etc	11.35am	11.45am	
App rotation 1	11.45am	12.10pm	MAG FX
App rotation 2	12.10pm	12.35pm	MAG PH
App rotation 3	12.35pm	1pm	MAG SR/WAG VT
PRESENTATION	MAG: FX, PH, SR. WAG: VT		
LUNCH	1pm	2pm	
App Warm up	1pm	1.45pm	open floor
Leo change etc	1.45pm	1.55pm	
App rotation 4	1.55pm	2.20pm	MAG VT/WAG BR
App Rotation 5	2.20pm	2.45pm	MAG Pbars/WAG Beam
App Rotation 6	2.45pm	3.10pm	MAG Hbar/WAG FX

Welsh Gymnastics
Gymnasteg Cymru

All Presentations

In all age groups and events for Welsh Championships 2026

<u>Thursday/Friday/Saturday</u>
Aspire/U10/U12, Juniors/U14/U16/U18, Seniors
Overall (open): 1st – 3rd
(closed): 1st – 3rd
Apparatus: Open: 1st place ONLY
Closed: 1st – 3rd

<u>Masters Finals</u>
MAG – U16/U18/Seniors – Open to ALL
WAG – Aspire/Juniors/Seniors – Welsh Gymnasts only
Presented to 1st – 3rd on all apparatus.

All Masters finals will be judged using the Seniors British Gymnastics Code

Welsh Gymnastics
Gymnasteg Cymru

Welsh Artistic Championships 2026

Thank you to our official suppliers and event sponsors…..

KUKRI

3D · Curves
3D GYM

GymData

Welsh Gymnastics
Gymnasteg Cymru

Welsh Gymnastics
Gymnasteg Cymru