

## Tumble league 1

**7-8<sup>th</sup> February 2026**

Haverfordwest Leisure Center St Thomas  
Green Haverfordwest SA61 1QX

## Saturday 7<sup>th</sup> February

### Saturday R1 ON FLOOR

Cartwheel 6yrs, 7yrs, 8-9yrs

<b>Reg</b>	1pm	1:15pm	40
<b>Gen Warm Up</b>	1:15pm	1:30pm	
<b>Floor Warm Up</b>	1:30pm	1:50pm	
<b>March in</b>	1:50pm	2pm	
<b>Competition Start</b>	2pm	2:45pm	
<b>Presentation</b>	2:55pm	3:15pm	

### Saturday R2

Flic 8-9yrs, 7yrs IncluL1 8-9yrs & L2 8-9yrs

<b>Reg</b>	3:15pm	3:30pm	36
<b>Gen Warm Up</b>	3:30pm	3:45pm	
<b>Track Warm Up</b>	3:45pm	4:15pm	
<b>March in</b>	4:15pm	4:25pm	
<b>Competition Start</b>	4:25pm	5:20pm	
<b>Presentation</b>	5:30pm	5:45pm	

### Saturday R1 ON TRACK

Cartwheel 10-11yrs, 12-13yrs

<b>Reg</b>	1pm	1:15pm	19
<b>Gen Warm Up</b>	1:15pm	1:30pm	
<b>Track Warm Up</b>	1:30pm	1:50pm	
<b>March in</b>	1:50pm	2pm	
<b>Competition Start</b>	2pm	2:45pm	
<b>Presentation</b>	2:55pm	3:15pm	

### Saturday R3

FIG 15-16yrs, 17-21yrs

<b>Reg</b>	5:45pm	6pm	11
<b>Gen Warm Up</b>	6:15pm	6:30pm	
<b>Track Warm Up</b>	6:30pm	6:50pm	
<b>March in</b>	6:50pm	7pm	
<b>Competition Start</b>	7pm	7:20pm	
<b>Presentation</b>	7:30pm	7:40pm	



## Sunday 8th February

### Sunday R1

*Flic , 10-11yrs, 14+yrs,*

<b>Reg</b>	8am	8:10am	
<b>Gen Warm Up</b>	8:10am	8:25am	
<b>Track Warm Up</b>	8:25am	8:55am	
<b>March in</b>	8:55am	9:05am	
<b>Competition Start</b>	9:05am	9:55am	
<b>Presentation</b>	10:05am	10:20am	30

### Sunday R2

*Flic 12-13yrs, Somi 8-9yrs,10-11yrs,12-13yrs, 14yrs+*

<b>Reg</b>	1:20am	10:30am	
<b>Gen Warm Up</b>	10:30am	10:50am	
<b>Track Warm Up</b>	10:50am	11:25pm	
<b>March in</b>	11:25pm	11:35pm	
<b>Competition Start</b>	11:35pm	12:25pm	
<b>Presentation</b>	12:35pm	1pm	33

### Sunday R3

*Whip 8-9yrs, 10-11yrs, 12-13yrs, 14yrs+*

<b>Reg</b>	1pm	1:10pm	
<b>Gen Warm Up</b>	1:10pm	1:25pm	
<b>Track Warm Up</b>	1:25pm	2:05pm	
<b>March in</b>	2:05pm	2:15pm	
<b>Competition Start</b>	2:15pm	3:05pm	
<b>Presentation</b>	3:15pm	3:40pm	31

### Sunday R4

*FIG 10yrs, 11-12yrs,13-14yrs*

<b>Reg</b>	3:40pm	3:50pm	
<b>Gen Warm Up</b>	3:50pm	4:05pm	
<b>Track Warm Up</b>	4:05pm	4:30pm	
<b>March in</b>	4:30pm	4:40pm	
<b>Competition Start</b>	4:40pm	5:20pm	
<b>Presentation</b>	5:30pm	5:45pm	18



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