



Welsh Gymnastics  
Gymnasteg Cymru

**Trampoline and DMT Competition  
Handbook 2026**

**Llawlyfr Cystadlu Trampolîn a  
Thrampolîn dwbl-mini 2026**

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## Section 1 – Version History

Version	Summary of Changes	Document Status	Date
1.0	Trampoline/DMT Competition Handbook created	Live	23/01/2025
1.1	Addition of minimum difficulty requirements for RCC for 2026	Live	06/05/2025
1.2	<ul style="list-style-type: none"> <li>▪ Updated requirements for Judges and officials (Section 2).</li> <li>▪ Remove lack of incorrect attire deductions (Section 3).</li> <li>▪ Include note for transgender competition attire (Section 3.1).</li> <li>▪ Update competition calendar (Section 4).</li> <li>▪ Added ToF as contributing to selection for Inter Regional Finals (Section 5.3).</li> <li>▪ Added minimum score to qualify for Inter-Regional Finals (Section 5.3)</li> <li>▪ Changed maximum somersault constraint for TRA individual Silver. (Section 5.4.4)</li> <li>▪ Added min difficulty for voluntary routines for TRA individual Silver. (Section 5.4.4)</li> </ul>	In review	14/01/2025

The Trampoline and DMT Technical Panel (TTP) reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the Welsh Gymnastics website and an updated version will be made available to download at the time of change.

Any enquiries regarding competitions should be directed to one of the following:

- Welsh Gymnastics Competition Team - [competitions@welshgymnastics.org](mailto:competitions@welshgymnastics.org)
- Welsh Gymnastics Performance Team - [performance@welshgymnastics.org](mailto:performance@welshgymnastics.org)
- National Coach – Ricardo Trony
- TRA/DMT Technical Discipline Representative – David House
- TRA/DMT Competition Lead – Lisa Perez
- TRA/DMT Technical Judging Lead – Nerys Williams

## Section 2 – Judges and Officials

All judges and officials (including floor managers, recorders, and marshals) *must* have a DBS and safeguarding certificate. These must be up to date (within 3 years) and be validated by Welsh Gymnastics via Sport80.

### 2.1 - Supplying Judges and Officials for Competition

Clubs entering competitions are required to nominate and supply a judge or judges for the day(s) on which their gymnasts are competing. If a Club's competitors cover various age groups / grades it will be necessary to provide a judge for each day of their competition (please see below). Numbers of gymnasts are across the full competition, not per day. Whilst we will do our best to put judges on the same day as their club's competing gymnasts, this is not a guarantee. Club's need to provide judge availability to the competition organiser before the entry deadline and ratios will be determined based on numbers at entry. The number of judges required is as below\*:

- 1 – 4 gymnasts entered – 1 judge for one whole day
- 5 – 9 gymnasts – 1 judge that can judge two whole days, or 2 judges that can judge one whole day each
- 10 – 14 gymnasts - 3 judges (e.g. 3 judges for 1 day or 2 judges on one day, 1 judge on one day).
- 15-19 gymnasts - 4 judges (e.g. 4 judges for 1 day or 2 judges on one day, 2 judges on one day).
- 20 + gymnasts – 5 judges (e.g. 5 judges for 1 day or 3 judges on one day, 2 judges on one day).

As per the Generic Competition Handbook, at least one regional judge or above will now be required as part of the ratio for qualifying competitions and identified pathway competitions when entering more than 3 gymnasts. For Trampoline/DMT, this is any competitions listed within this handbook. If you have any concerns around this, please get in contact so we can look to support you in accessing a course/exam or connecting you with other regional judges.

If you have concerns, then please email [performance@welshgymnastics.org](mailto:performance@welshgymnastics.org) to gain dispensation from the technical panel.

These rules must be enforced to ensure that all competitions can run. It is important that we have club judges and enough numbers of regional (or higher) judges at each competition to ensure fairness and expertise to recognise the work that our gymnasts and coaches are producing. Failure to provide adequate officials may result in a penalty as per the Generic Competition Handbook, found on the Welsh Gymnastics website via the "Disciplines" option on the drop-down menu, "Trampoline Gymnastics" page under Helpful Information.

## Section 3 – General Rules and Penalties

General rules and penalties as per FIG Code of Points and Welsh Gymnastics membership rules / terms and conditions. Welsh Championships are governed by FIG rules unless otherwise specified. Please refer to British Gymnastics handbooks for any British Gymnastics competitions.

### 3.1 - Competition Attire

Appropriate attire for Welsh competition on top of regular FIG rules:

- Shorts and leggings are accepted, but clothing must be fitted and not restrict the view of the judges.

For guidance relating to transgender gymnasts, please refer to the British Gymnastics Policy document titled “Policy for the participation of trans people in gymnastics competition” available via the “Policies and Procedures” page under “Further policies” on the British Gymnastics website.

## Section 4 – National Competition Calendar

Competition	Venue	Date(s)	Closing Date	Membership Levels
<b>RCC – 1</b>	Caerau Vale TC	07/03/2026	02/02/2026	Bronze for club levels / Silver for regional levels
<b>RCC – 2</b>	TBC	TBC	TBC	Bronze for club levels / Silver for regional levels
<b>Welsh Championships</b>	Sport Wales National Centre	19/09/2026 – 20/09/2026	08/08/2026	Bronze for Bronze level, Silver for Silver, Gold and Platinum Levels

## Section 5 – Competitions

It is the responsibility of the coach to select the most appropriate grade and pathway for their gymnasts. There is an expectation that gymnasts are appropriately prepared for their competition and that the correct pathway is chosen, considering a gymnast's likely development and progression.

There are 3 main Competition structures currently available in Wales:

- Schools
- Club & Regional Pathway
- Cardiff Open / Welsh Championships

### 5.1 – Competition Apparatus

Equipment specifications will be detailed in all correspondence prior to the competition.

### 5.2 – Welsh Squad Participation

Gymnasts selected for a Welsh Gymnastics squad are expected to compete at levels that align with the standards demonstrated during their selection.

- **Foundation** Squad: Participation at a minimum of Silver level is required. Min RCC 2, Schools Elite
- **Development** Squad: Participation at a minimum of Gold level is required. Min RCC 3, Schools Elite
- **Performance Development/Performance** Squad: Participation at a minimum of Platinum level is required. Min RCC 4, Schools Elite

In exceptional circumstances (e.g. injury), if a gymnast is unable to meet the requirements of the level, please email [performance@welshgymnastics.org](mailto:performance@welshgymnastics.org) to request permission from the Technical Panel to enter a lower level.

### 5.3 – Schools

For eligibility into British Schools Gymnastics Association (BSGA) schools' events please refer to the eligibility requirements found within the BSGA Competition Handbook.

The Welsh Schools Competitions is the one of the first of three rounds - Regional, Zonal (semi-final), followed by a National Finals.

The UK has been split into three Zones, each comprising of a number of regions, as follows:

- Northern Zone: North, North West, Yorkshire and North Midlands, N. Ireland.
- Central Zone: Eastern, East Midlands, West Midlands, Wales.
- Southern Zone: South, South West, London, South East.

The rules are set out by the BSGA. Schools need to be affiliated to WG, but gymnasts do not need WG membership to compete. 8 Gymnasts compete representing their school and all entry forms must be signed by the school.

The top 5 individuals and top 2 teams from each group go through to the next round.

## 5.4 – Club and Regional Pathway

For routines, age groups and levels, please see the Trampoline Technical Resources section of the BG website (Trampoline Gymnastics Technical Information). These competitions will be judged as per the FIG 2025 – 2028 Code of Points.

For the regional cup series, the top two scoring gymnasts (including TOF), across both competition opportunities in Wales, from each of the levels and gender categories below will be selected to represent (the region of) Wales in the British Gymnastics Inter-Regional Finals; all results from both competitions will be put into results order, with the highest score per gymnast counting.

For 2026 onwards, gymnasts who do not demonstrate the minimum difficulty and/or score performance standard at the Regional Final will not be eligible (and should be skipped over in favour of the next qualifying gymnast in the event they rank in the top two).

**Minimum scores required to qualify for Inter-Regional Finals are as follows:**

**TRI** – Cumulative execution score of 26.8

**DMT** – Cumulative execution score of 72.0

Gymnasts competing in the **club** series will require **bronze** membership.

Gymnasts competing in the **regional** series will require **silver** membership.

## 5.5 – Welsh Championships

The Welsh Championships and Cardiff Open are an annual event showcasing the best in Wales but also giving an opportunity to everyone in Wales and outside Wales.

The Welsh Championships / Cardiff Open will be judged as per the 2025 – 2028 Code of Points.

The competition will consist of the following categories:

Individual Trampoline:

- Effyd/BRONZE – Entry Level
- Arian/SILVER – Intermediate
- Aur/GOLD – Performance
- Platinwm/PLATINUM – FIG/High Performance

Synchronized Trampoline

- Level 1 - For bronze or silver competitors
- Level 2 – For gold or platinum competitors

Disability Trampoline:

- Effyd/BRONZE – Entry Level
- Arian/SILVER – Intermediate
- Aur/GOLD – Performance
- Platinwm/PLATINUM – FIG/High Performance

DMT:

- Effyd/BRONZE – Entry Level
- Arian/SILVER – Intermediate
- Aur/GOLD – Performance
- Platinwm/PLATINUM – FIG/High Performance

Disability DMT:

- Effyd/BRONZE – Entry Level
- Arian/SILVER – Intermediate
- Aur/GOLD – Performance
- Platinwm/PLATINUM – FIG/High Performance

### 5.5.1 – Finals

For a final to take place, there must be at least eight competitors in the qualifying round. Categories with fewer than eight competitors will have a straight final (Set and Vol), with podium places determined based on the qualifying round results. All finals will be ZERO start, and gymnasts will compete in a random order.

- TRA finals – 1 x routine
- DMT – final 1, then the top 4 in reverse order compete in final 2
- TUM – final 1, then the top 4 in reverse order compete in final 2

## 5.5.2 - Teams Competition

The combined top 3 highest scores on each routine determine the Team Total Score

Each team can consist of a maximum of 4 and a minimum of 3 gymnasts per team and may be mixed gender and age group but must be competing at the same level

All gymnasts perform each routine as part of their Individual Competition and those scores will be used to make up the Team Total Score

The number of teams a club may enter in each level is only limited by the number of individuals they have in each level

## 5.5.3 – Special Awards

In the event of a tie for either or both Cups, the performers will share the trophy over the year, to be handed back at the next Welsh Championships. This will need to be arranged between the performers.

### ***5.5.3.1 – Highest Execution (TRA only)***

There will be a trophy awarded for highest execution score (i.e., not inclusive of HD, DD, or ToF) across a single routine.

This award is only available to gymnasts competing in the TRA Platinum or Disability Platinum categories.

### ***5.5.3.2 – Chris Fordham Cup (TRA only)***

The Chris Fordham Cup will be awarded for highest overall score (set + vol + final).

The score will not include any difficulty score from the first routine.

This award is only available to gymnasts competing in the TRA Platinum or Disability Platinum categories.

### ***5.5.3.3 – DMT Shield***

The DMT Shield will be awarded for the highest overall score.

The score will include any difficulty.

This award is only available to gymnasts competing in the DMT Platinum or Disability Platinum categories.

#### **5.5.3.4 – Club Trophy**

This trophy will be awarded to the club that have the best overall scores across the all the levels:

- Effyd/BRONZE – Entry Level
- Arian/SILVER – Intermediate
- Aur/GOLD – Performance
- Platinwm/PLATINUM – FIG/High Performance

To be eligible to this award the club need to have at least 1 gymnast in each level. A trophy will be awarded for both DMT & TRA. This will be handed back at the next Welsh Championships.

#### Example of Scoring

##### Bronze Level

- Gymnast A – 23.00
- Gymnast B – 24.00
- Gymnast C – 25.00
- **Gymnast D – 26.00** (Best score)

##### Silver Level

- Gymnast A – 33.00
- Gymnast B – 34.00
- Gymnast C – 25.00
- **Gymnast D – 36.00** (Best score)

##### Gold Level

- **Gymnast A – 12.00**

##### Platinum Level

- **Gymnast A – 2.00**

**Total Club Score: 76.00** (26 + 36 + 12 + 2)

#### **5.5.3.5 – Inclusive Club Trophy**

This trophy will be awarded to the club that have the best overall scores across all disability levels. A trophy will be awarded for both DMT & TRA.

- Disability Effyd/BRONZE – Entry Level
- Disability Arian/SILVER – Intermediate
- Disability Aur/GOLD – Performance
- Disability Platinwm/PLATINUM – FIG/High Performance

To be eligible to this award the club need to have at least 1 gymnast in each level. This will be handed back at the next Welsh Championships

### 5.5.4 – Individual Trampoline Criteria

Effyd/Bronze – Entry Level
Age categories – 7-8yrs, 9-10yrs, 11-12yrs, 13-14 yrs, 15-16 yrs, 17+ yrs
1 skill with no somersault element may be repeated.
The routines consist of 10 elements to include a maximum of <b>4</b> different skills with a minimum of 270° of somersault rotation.
Penalties of <b>2.0</b> will apply for each requirement not fulfilled
Skills with more than 180° of twist rotation and 360° of somersault rotation are <b>not</b> permitted (i.e. No Fulls or Rudis. But Baranis are permitted)
Skills with 450° of somersault rotation or more are <b>not</b> permitted. (i.e. Ball out, Ball Out Barani and Cody are not permitted)

Arian/Silver – Intermediate		
Age categories – 7-8yrs, 9-10yrs, 11-12yrs, 13-14 yrs, 15-16 yrs, 17+ yrs		
Age	1 <sup>st</sup> Routine	2 <sup>nd</sup> Routine
7-8 yrs 9-10 yrs	The first routine consists of 10 different elements with a minimum of <b>5</b> skills with at least 270° of somersault rotation.	Minimum diff: 3.0
11-12 yrs	The first routine consists of 10 different elements with a minimum of <b>5</b> skills with at least 270° of somersault rotation.	Minimum diff: 3.0
13-14 yrs	The first routine consists of 10 different elements with a minimum of <b>5</b> skills with at least 270° of somersault rotation.  One (1) element to front or back landing with at least 270° of somersault rotation.	Minimum diff: 3.0
15-16 yrs	The first routine consists of 10 different elements with a minimum of <b>6</b> skills with at least 270° of somersault rotation.  One (1) element to front or back landing with at least 270° of somersault rotation	Minimum diff: 3.6
17 yrs+	The first routine consists of 10 different elements with a minimum of <b>6</b> skills with at least 270° of somersault rotation.  One (1) element to front or back landing with at least 270° of somersault rotation	Minimum diff: 3.6
Penalties of <b>2.0</b> will apply for each requirement not fulfilled Difficulty is capped at 0.8 per skill across all ages Skills with 720° of somersault rotation or more are <b>not</b> permitted.		

<b>Aur/Gold – Performance</b>		
Age categories – 9-10yrs, 11-12yrs, 13-14 yrs,15-16 yrs, 17+ yrs		
<b>Age</b>	<b>1<sup>st</sup> Routine</b>	<b>2<sup>nd</sup> Routine</b>
9-10 yrs	<p>The first routine consists of 10 different elements with a minimum of <b>6</b> skills with at least 270° of somersault rotation.</p> <p>One element landing on the front of the body</p> <p>One element landing on the back of the body</p> <p>Requirements cannot be fulfilled by combining into one element</p>	Minimum diff: 4.1
11-12 yrs	<p>The first routine consists of 10 different elements with a minimum of <b>6</b> skills with at least 270° of somersault rotation.</p> <p>One element landing on the front of the body</p> <p>One element landing on the back of the body</p> <p>Requirements cannot be fulfilled by combining into one element</p>	Minimum diff: 4.5
13-14 yrs	<p>The first routine consists of 10 different elements with a minimum of <b>7</b> skills with at least 270° of somersault rotation.</p> <p>One element landing on the front of the body</p> <p>One element landing on the back of the body</p> <p>One element with 360° of somersault and at least 360° of twist rotation</p> <p>Requirements cannot be fulfilled by combining into one element</p>	Minimum diff: 5.5
15-16 yrs	<p>The first routine consists of 10 different elements with a minimum of <b>8</b> skills with at least 270° of somersault rotation.</p> <p>One element landing on the front of the body</p> <p>One element landing on the back of the body</p> <p>One element with 360° of somersault and at least 360° of twist rotation</p> <p>Requirements cannot be fulfilled by combining into one element</p>	Minimum diff: 5.8
17+ yrs	<p>The first routine consists of 10 different elements with a minimum of <b>8</b> skills with at least 270° of somersault rotation.</p>	Minimum diff: 6.0

<p>One element landing on the front or back of the body</p> <p>Two elements counted for D-scoring and cannot be repeated in the 2<sup>nd</sup> routine (Marked with * on tariff sheet)</p> <p>Requirements cannot be fulfilled by combining into one element</p>	<p>Penalties of <b>2.0</b> will apply for each requirement not fulfilled</p>
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<b>Platinwm/Platinum – FIG/High Performance</b>		
Age categories – Youth 9-12yrs, Jnr 13-16 yrs, 17-21 yrs, Senior		
Age	1 <sup>st</sup> Routine	2 <sup>nd</sup> Routine
Youth	<p>The first routine consists of 10 different elements with a minimum of <b>8</b> skills with at least 270° of somersault rotation.</p> <p>One element landing on the front of the body</p> <p>One element landing on the back of the body</p> <p>One element with 360° of somersault and at least 360° of twist rotation</p> <p>Requirements cannot be fulfilled by combining into one element</p>	Minimum diff: 5.8
Junior	<p>The first routine consists of 10 different elements with a minimum of <b>9</b> skills with at least 270° of somersault rotation.</p> <p>One element landing on the front of the body <b>or</b> one element landing on the back of the body</p> <p>One element with 360° of somersault and at least 540° of twist rotation</p> <p>One somersault with at least 720° of somersault rotation</p> <p>Requirements cannot be fulfilled by combining into one element</p>	Minimum diff: 6.2
17-21 yrs	<p>The first routine consists of <b>10</b> different elements with at least 270° of somersault rotation.</p> <p>One element landing on the front or back of the body</p>	Minimum diff: 7.5

	Two elements counted for D-scoring and cannot be repeated in the 2 <sup>nd</sup> routine (Marked with * on tariff sheet)	
	Requirements cannot be fulfilled by combining into one element	
Senior	<b>Female:</b> Minimum difficulty of 8.3	
	<b>Male:</b> Minimum difficulty of 10.0	
Penalties of <b>2.0</b> will apply for each requirement not fulfilled		

### 5.5.5 – Synchronised Trampoline Criteria

Level 1	
Bronze	Silver
Age groups 9-12, 13-16, 17+.	
<ul style="list-style-type: none"> <li>▪ Synchro pairs may consist of different age groups but will compete in the oldest age category.</li> <li>▪ Only gymnasts that participate in <b>bronze</b> or <b>silver</b> level in individual competition are eligible for this level.</li> <li>▪ Pairs may be same or mixed genders</li> </ul>	
The first routine consists of 10 elements to include a maximum of <b>3</b> different skills with a minimum of 270° of somersault rotation.	
The second routine will be awarded a difficulty score.	

Level 2	
Gold	Platinum
Age groups 9-12, 13-16, 17+.	
<ul style="list-style-type: none"> <li>▪ Synchro pairs may consist of different age groups but will compete in the oldest age category.</li> <li>▪ Only gymnasts that participate in <b>gold</b> or <b>platinum</b> level in individual competition are eligible for this level.</li> <li>▪ Pairs may be same or mixed genders</li> </ul>	
The first routine consists of 10 elements to include a maximum of <b>6</b> different skills with a minimum of 270° of somersault rotation.	
The second routine will be awarded a difficulty score.	

### 5.5.6 – Disability Trampoline

FIG rules will be applied with the exception that:

- Time of flight will **not** be included
- No penalty shall be given for communication by a coach to gymnast

The competition will consist of the following categories:

- Category 1 Men 7 – 10 Years / 11 – 14 Years / 15+
- Category 1 Women 7 – 10 Years / 11 – 14 Years / 15+
- Category 2 Men 7 – 10 Years / 11 – 14 Years / 15+
- Category 2 Women 7 – 10 Years / 11 – 14 Years / 15+

Effyd/Bronze – Entry Level	
1 <sup>st</sup> Routine	2 <sup>nd</sup> Routine
10 Skills	10 skills
2 Shape jumps may be repeated	2 Shape jumps may be repeated
All skills less than 270° somersault rotation	All skills less than 270° somersault rotation
	Maximum difficulty: 1.0

Arian/Silver – Intermediate	
1 <sup>st</sup> Routine	2 <sup>nd</sup> Routine
10 Skills	10 Skills
1 Shape jump may be repeated	1 Shape jump may be repeated
Maximum of 1 somersault and it must not contain any twisting rotation.	A maximum of 1 skill may contain 360° of somersault rotation, and it may not contain any twisting rotation.
	Maximum difficulty: 1.9

<b>Aur/Gold – Performance</b>	
<b>1<sup>st</sup> Routine</b>	<b>2<sup>nd</sup> Routine</b>
10 Skills	10 Skills
No skills may be repeated	No skills may be repeated
Maximum of 4 somersaults with or without twist.	Maximum of 4 somersaults with or without twist.
	Minimum difficulty: 2.0

<b>Platinwm/Platinum – FIG/High Performance</b>	
<b>1<sup>st</sup> Routine</b>	<b>2<sup>nd</sup> Routine</b>
10 Skills	10 Skills
No skills may be repeated	No skills may be repeated.
Minimum of 5 somersaults	Minimum difficulty 4.0

## 5.5.7 – DMT

Effyd/Bronze – Entry Level	
<b>Age</b>	<b>Requirements</b>
7-8 yrs	Maximum difficulty: 0.5
9-10 yrs	No somersaults permitted
11-12 yrs	Maximum difficulty: 0.6
13-14 yrs	Each pass may contain one element with 360° of somersault rotation Maximum difficulty: 0.8
15-16 yrs	
17+ yrs	
Penalties of <b>2.0</b> will apply for each requirement not fulfilled	
In the 7-8 age group, gymnasts may use a springboard to assist with mounting the DMT.	

Arian/Silver – Intermediate		
<b>Age</b>	<b>1<sup>st</sup> Pass</b>	<b>2<sup>nd</sup> Pass</b>
9-10 yrs	Straddle Jump FSS (T)	Minimum difficulty: 0.5
11-12 yrs	Pike Jump FSS (P)	Minimum difficulty: 0.6
13-14 yrs	BSS (T) Barani (T)	Minimum difficulty: 0.8
15-16 yrs	BSS (P) Barani (P)	Minimum difficulty: 1.2
17+ yrs	BSS (S) Barani (S)	Minimum difficulty: 1.3
The 1st routine must have the two requirements. They can be performed in the most convenient order for the gymnasts: mount, spotter, or dismount.		
Penalties of <b>2.0</b> will apply for each requirement not fulfilled		

<b>Aur/Gold – Performance</b>	
For this category, gymnasts must perform two passes with a <b>minimum combined total difficulty</b> of:	
<b>Age</b>	<b>Requirement</b>
11-12 yrs	1.9
13-14 yrs	2.5
15-16 yrs	3.3
17+ yrs	5.6
Penalties of <b>2.0</b> will apply for each requirement not fulfilled	

<b>Platinwm/Platinum – FIG/High Performance</b>	
For this category, gymnasts must perform two passes with a <b>minimum combined total difficulty</b> of:	
<b>Age</b>	<b>Requirement</b>
Youth	5.6
Junior Female	6.4
Junior Male	8.8
Senior Female	9.6
Senior Male	13.6
Penalties of <b>2.0</b> will apply for each requirement not fulfilled	

### 5.5.8 – Disability DMT

Effyd/Bronze – Entry Level			
Pass 1 – Choice of 1 of the passes below			
Option	Mount	Spotter	Dismount
1	Tuck Jump	-	Pike Jump
2	-	Straddle Jump	Tuck Jump
<p><b>Pass 2</b>            The pass may have a maximum difficulty of <b>0.5</b>            Somersaults are prohibited from being performed at this level.            Skills from the first pass may be repeated on a different part of the DMT.</p>			

Arian/Silver – Intermediate			
Pass 1 – Choice of 1 of the passes below			
Option	Mount	Spotter	Dismount
1	Tuck Jump	-	½ Twist Jump
2	-	Pike Jump	½ Twist Jump
<p><b>Pass 2</b>            The pass may have a maximum difficulty of <b>0.8</b>            A maximum of one somersault with or without twist may be performed.            Skills from the first pass may be repeated on a different part of the DMT.</p>			

<b>Aur/Gold – Performance</b>			
<b>Pass 1</b> – Choice of 1 of the passes below			
<b>Option</b>	<b>Mount</b>	<b>Spotter</b>	<b>Dismount</b>
1	-	Tuck Jump	Barani (T)
2	-	Pike Jump	Barani (S)
<p><b>Pass 2</b>            The pass may have a maximum difficulty of <b>0.8</b>            Somersaults with a maximum of 360° somersault rotation with or without twist may be performed.            Skills cannot be repeated from the first pass.            Repeated skills will result in a loss of DD for that skill.</p>			

<b>Platinwm/Platinum – FIG/High Performance</b>			
<b>Pass 1</b> – Choice of 1 of the passes below			
<b>Option</b>	<b>Mount</b>	<b>Spotter</b>	<b>Dismount</b>
1	Barani (S)	-	BSS (S)
2	-	Barani (S)	BSS (S)
3	-	BSS (S)	Barani (S)
<p><b>Pass 2</b>            The pass may have a maximum difficulty of <b>1.3</b>            Skills cannot be repeated from the first pass.            Repeated skills will result in a loss of DD for that skill.</p>			