



Welsh Gymnastics
Gymnasteg Cymru

Commonwealth Games 2026 Glasgow

(23 July – 2 August 2026)

Athlete Nomination Policy

Gymnastics – Women's Artistic

Approval

Approved by	Owner	Dept	Date
WG Board	Director of Performance	Performance	29/04/25

Document History

Version	Summary of Changes	Document Status	Date
1.0	Inception of policy		29/04/2025
1.1	Nomination Panel date change Amendment to Nomination Panel (Addition of Independent Chair) Appeals Panel – CEO email change	Live	04/03/2026
1.2	Addition of provision for naming of non-travelling reserves (Section 24) Amendment of date (Section 28) – nomination decisions to athletes	Live	16/04/2026

INTRODUCTION

1. This nomination policy has been agreed by Welsh Gymnastics (WG) and Commonwealth Games Wales (CGW). It provides detail on the process by which Gymnastics (Women’s Artistic) will arrive at its nominations to be submitted to CGW for consideration within the Welsh Team in Glasgow 2026.
2. WG will be responsible for managing and overseeing the nomination process, including identifying and submitting eligible candidates in accordance with established standards, criteria and timelines set out in this policy. WG will nominate only those athletes that have qualified under both the WG nomination criteria stated below, the [CGW General Selection Criteria](#), and the relevant criteria within the Commonwealth Games Federation (CGF) Constitution (available on the CGF website here;

[Commonwealth Games Federation Governance](#)) both of which should be read in conjunction with this policy. Achievement of the nomination standards and criteria only represents eligibility for nomination.

3. CGW will take responsibility for the final selection of athletes, ensuring decisions are made in alignment with selection policies, performance standards, and the overarching objectives of the Games. The Glasgow 2014 Games was the last Games in which Wales could freely determine the team size competing at a Commonwealth Games. A hybrid system of selection, first used for Gold Coast 2018 is now in operation. More information on the selection system can be found in the [Commonwealth Games Wales Selection Handbook](#).

NOMINATION POLICY AIM

4. To nominate a team of athletes capable of competing with distinction at the 2026 Commonwealth Games, with the individuals and/or the team having the ability to achieve at least a top 6 placing in the anticipated field (Team, All Around and Apparatus Finals).

ATHLETE ELIGIBILITY AND CONDITIONS FOR SELECTIONS

5. Athlete eligibility and conditions for representing Wales will be as outlined in the Commonwealth Games Federation Constitution and Byelaws. For eligibility details please refer to the [Commonwealth Games Wales Selection Handbook](#).
6. Where prospective team members do not automatically comply with the above, they will only be nominated for final selection if they receive prior dispensation from the Commonwealth Games Federation under their guidelines.
7. Athletes must be 16 in the year of competition 2026 (year of birth 2010 or earlier) and hold or be eligible to hold a FIG gymnast licence with FIG.

COMPETITION GAMES FORMAT

8. Each country can enter a maximum of 5 females. Where a nation wishes to enter the team event, a minimum of 3 competitors must be entered. Team standings to be determined by the aggregate team score with the 3 best performances on each individual apparatus to score. Separate individual all-around finals and separate individual apparatus competitions will be held.

SPORT SPECIFIC NOMINATION STANDARDS

9. The selection of nominees will take place from 1st September 2025 – 30th April 2026.
10. CGW requires that athletes have the ability to finish in the top 6, or to have the ability to enhance medal potential for the Team Event at the 2026 Commonwealth Games. To demonstrate this, WG and CGW have agreed the following criteria;
11. Achieve a minimum all-round score of **50.00** points during the nomination events as described below.
12. For individual apparatus consideration individuals must have achieved a minimum score of:

Vault	Uneven Bars	Beam	Floor
13.30 (Average) SV 4.2 and above	13.70 SV 5.6	13.50 SV 5.6	13.40 SV 5.6

13. In cases where a team demonstrates the potential to achieve a top 6 placing, the nomination panel will evaluate the optimal team composition to maximize the team score. WG retains the right to nominate the team, primarily using results from designated nomination events to determine the highest-scoring configuration for the Games.

For Team nomination, the Team must be capable of achieving a minimum Team score of **150.00** during the named nomination events.

NOMINATION EVENTS

14. The nomination panel will take into consideration performances at any or all the following events:
 - International competitions and controls (approved by WG Executive Director of Performance & WAG Head National Coach) in the period 1st September 2025 – 30th April 2026).
 - Welsh Championships 2026
 - British Championships 2026

An athlete wishing to be considered for nomination will be expected to compete at a minimum of 2 nomination events, of which the Welsh or British Championships 2026 will be compulsory.

15. In the event a prospective athlete is unable to attend either the Welsh or British Championships, an additional pre-approved FIG/international event (i.e. NCAA) may be considered (these will be judged on FIG code of points). This must be approved in advance (minimum 4 weeks) by the Executive Director of Performance and WAG Head National Coach. An independent panel of Brevet judges (min 3) will then be identified to judge. The score(s) given under these circumstances is not open to appeal.

EXTENUATING CIRCUMSTANCES

16. In considering the performance of nominated athletes, specific circumstances may be taken into account. Where required, WG will supply detailed evidence to support consideration of extenuating circumstances under this clause when nominating athletes. For the purpose of this policy, “extenuating circumstances” means the inability of an athlete to compete or perform to an optimum level due to factors such as:

- Injury, illness, pregnancy;
- Equipment failure;
- Travel delays;
- Bereavement or personal misfortune;
- and/or such other circumstances as the nomination panel reasonably consider constitute an extenuating circumstance.

17. In order to be considered for nomination, any athlete who is ill or injured prior to, or during the period of nomination, must notify the Executive Director of Performance, and provide written authentication of their injury, illness or medical condition, signed by medical personnel approved by WG.

Once deemed eligible for nomination, scores can be considered from a 3- month period prior to injury/illness to provide ranking. Alternatively, a wild card position may be given if the athlete has clearly demonstrated, over the previous one-year period, their ability to meet the criteria before the period of injury/illness which has affected their performance. Current fitness to compete at appropriate performance levels must be demonstrated prior to nomination.

18. In the event of other extenuating circumstances impacting participation in a named nomination event, athletes must provide appropriate evidence. Subject to agreement with the Executive Director of Performance, results from an alternative nomination event may be considered.

OTHER FACTORS FOR CONSIDERATION

19. All nominated athletes must have completed the required Anti-doping education.
20. Athletes suspended by WG, as a result of ongoing or concluded anti-doping violation allegations, will not be considered for nomination.
21. All athletes must have signed, returned and adhere to the WG Code of Conduct.
22. All athletes must be able to demonstrate form and fitness in the lead up to nomination. This can be evidenced by attending agreed WG activity, competing regularly and achieving results in nomination events. Any unavailability for competition or WG activity, must be advised and agreed with the Executive Director of Performance in advance.

NOMINATION PROCESS

Table 1.

Milestone	Date
WG 2026 CWG Nomination Policy published	May 2025
WG nomination period	1 st September 2025 – 30 th April 2026*
Nominations from NGB's to CGW open	1 st November 2025
WG Nomination Panel Meeting	5 th May 2026
Communication to athletes by WG (nominated and non-nominated)	6 th May 2026
WG appeals process	6 th -10 th May 2026
WG Appeals Panel meeting	12 th May 2026
Nomination of athletes sent to CGW	18 th May 2026 (at the latest)
CGW Selection Panel meetings	1 st and 2 nd June 2026
Ratifications of selections by the CGW Board	3 rd June 2026
Athletes to be notified by WG of selection/non-selection	4 th June 2026
CGW Selection appeals window	4 th -10 th June 2026
CGW Appeals Panel hearings	16 th and 17 th June 2026
Final selections made by CGW	18 th June 2026
CGW and WG joint selection announcements	19 th June 2026

*Where additional supporting evidence is required, results in the period from January 31st 2025 – 30th April 2026 will be considered.

23. WG will approach nomination decisions through adopting a strategy which will meet the aims of CGW at the Glasgow 2026 Games, and future Commonwealth Games

medal impact, considering all the above. In reaching their decision the nomination panel are acting as experts, and the athletes agree that in so doing the panel exercises judgment and discretion.

24. The WG Nomination Panel, as appointed by the WG Board of Directors, will select athletes to be nominated to the CGW, in accordance with the nomination criteria detailed above. The Nomination Panel may nominate two non-travelling reserve athletes as part of the nomination process.

25. Nominations will be made by the WG Nomination Panel, comprising of:

- Independent Chair (non-voting)
- WG Executive Director of Performance (voting)
- WG Performance and Development Subcommittee Chair (voting)
- WG Women's Artistic Head National Coach (voting)
- WG National Coach – To be determined (voting)
- Sport Wales Pathway and Performance Advisor (non-voting)
- Independent athlete representative – independent observer (non-voting) *
- CGW staff member (non-voting) – independent observer (non-voting)

** The independent athlete will come from another Commonwealth Sport with no conflict of interest.*

The nomination panel will seek technical input from the following (non-voting) either in the form of written reports or attendance during appropriate parts of the nomination meeting:

- National Coaching Team
- Performance / support staff i.e. Physiotherapist
- Technical Judge (Brevet) in each discipline with no direct link to a athlete in contention for nomination (on standby as required)

26. In the event of a tie during the nomination process, the Executive Director of Performance will have the casting and final vote.

27. Prior to nomination, WG will share with each nominated athlete the required factual evidence to be submitted to CGW. This information must be agreed in writing by each athlete prior to the submission. Athletes will also be required to sign the consent form ([Appendix C - CGW](#)) as part of the nomination process.

During the nomination process, individuals' personal data will be disclosed. CGW will hold this data in accordance with its data protection policy, (please refer to '[Appendix B - CWG](#) – Privacy notice for team members, nominees, volunteers and others' shared in conjunction with this nomination policy).

28. WG will contact all nominated athletes after the WG nomination panel meeting. WG will also contact, in confidence, those athletes who were not successful in the nomination meeting on the same date. Nominations must remain confidential until CGW has completed their selection process.

WG will notify athletes of nomination or non-nomination by 6th May 2026. Final nomination to the Games team is dependent on receipt of relevant information required by CGW such as the CGF Eligibility form and Team Member Agreement.

DE-NOMINATION

29. De-nomination from the list of athletes submitted to CGW (and/or athletes selected by the CGW following nomination) may occur as a result of;

- Failure to adhere to the athlete code of conduct or the Team member agreement
- Failure to attend designated WG activity

30. Following nomination, athletes are required to promptly notify the WG Executive Director of Performance in the event of any illness or injury. The ongoing form and fitness of selected athletes will be subject to continuous monitoring by the WG Executive Director of Performance and National Coaches, in collaboration with relevant support staff. WG reserves the right to withdraw an athlete's nomination if, in the professional opinion of the WG Executive Director of Performance and the WG Lead Physiotherapist, any illness or injury is deemed likely to compromise the athlete's potential to achieve a top-six placing at the Games.

DE-SELECTION

31. At any time following nomination, Welsh Gymnastics (WG), in conjunction with Commonwealth Games Wales (CGW), reserves the right to withdraw an athlete's nomination. Grounds for de-selection may include, but are not limited to, the following:

- **Injury or Fitness Concerns:**

If injury concerns are identified at or after selection by CGW, the athlete may be required to undergo a fitness assessment to confirm their ability to perform at the standard for which they were selected. This assessment will be tailored to the

demands of gymnastics and the athlete's specific condition, with input from designated medical professionals. Any decision regarding selection or de-selection following this assessment will be made by CGW in consultation with WG's Executive Director of Performance, Head National Coach, and Lead Physiotherapist. This decision will be final.

- **Anti-Doping Violations:**

Any athlete who is suspended by WG due to ongoing or concluded anti-doping investigations will be deselected from the Glasgow 2026 team following selection by CGW.

- **Breach of Conduct:**

Athletes who fail to adhere to the Athlete Code of Conduct or breach the Team Member Agreement may be subject to de-selection.

- **Quota Limitations:**

The imposition of competitor caps by the Commonwealth Games Federation (CGF) may necessitate the de-selection of athletes, regardless of previous nomination or selection.

The timing of any de-selection is subject to the official entry deadline for Team Wales into the Games, currently set for 23rd June 2026. The de-selection process will be governed according to the athlete's status in relation to this date.

APPEALS PROCESS

32. An appeal against non-nomination to CGW by WG is entirely a matter for the athlete and WG. This will be held in accordance with WGs' own appeal procedures set out below, but taking into consideration only the CGW selection policy and agreed sport specific nomination standards and conditions.

All appeals must be received in writing (letter or email), including the grounds upon which the appeal is made, to Chief Executive Officer (siwan.mair@welshgymnastics.org).

The sole grounds of appeal against the decision of the nomination panel are: i. there has been a failure to follow the content of this specific Nomination Policy; or ii. that the nomination panel reached a decision based on an error of fact

Upon receipt of the appeal(s) the Chief Executive Officer will determine if the appeal should proceed. If granted the below process will continue. If it is determined that the appeal does not proceed the individual will be notified by 11th May 2026.

The appeals panel will meet to discuss any appeals received which are deemed to meet either of the above criteria. The appeals panel will be made up of three representatives who were not involved in the original nomination process and will be chaired by the WG Chief Executive Officer. Additional members will include a strategic board member and a CEO/Performance Director from another Olympic/Paralympic/Commonwealth sport; all members with no conflict of interest. Technical input may be required from independent experts, not previously involved in nominations, should the appeals panel consider it necessary.

In all instances, WG will respond in writing by email to the athlete/coach within three working days notifying them of the outcome of the appeal process.

Should the appeals panel uphold any athlete appeal(s), the original nomination panel must reconvene to reassess their nomination decision based on the grounds of the appeal. The decision reached will be final, the appellant will be informed of the outcome and nomination list will be forwarded to CGW.

33. An appeal against CGW non-selection on behalf of an athlete may be submitted by WG or any individual athlete. If an appeal is submitted to CGW, a CGW Appeal Panel will consider the case along with any additional information provided. The process to appeal to CGW is set out in the [Commonwealth Games Wales Selection Handbook](#).

APPOINTMENT OF TEAM STAFF

34. The Team Leader appointed by CGW in consultation with WG will be confirmed following CGW selection. The final complement of Gymnastics (Women's Artistic) team staff attending the Games will ultimately depend upon team composition and will be determined by CGW in consultation with WG.

DISCRETIONARY CLAUSE

35. WG reserves the right to not apply any aspect of this Nomination Policy when making any decision, if in the sole and absolute discretion of WG, it would, as judged by WG, be unfair or unreasonable. Any amendments to this policy will be published on the WG website.