



Welsh Gymnastics
Gymnasteg Cymru

Trampoline

Loule Cup Selection Policy

8th – 10th October 2026

<p>1. Introduction</p>	<p>The Loule Cup International is an international event identified as a Performance competition and a key opportunity for the Trampoline Squad to gain valuable experience in a high-level competitive environment.</p> <p>The nomination of gymnasts and coaches to represent Wales at the above-named event will be made in accordance to this selection policy, ensuring a fair and transparent approach that supports both individual progression and team success.</p> <p>Selections for the Loule Cup will be taken from the following age categories: 13-14 15-16 17+</p>
<p>2. Performance Targets</p>	<ul style="list-style-type: none"> • Junior (13-16): 1 finalist and 1 medal • Senior (17+): 4 semi-finalists, 1 finalist and a female team medal
<p>3. Selection Timeline</p>	<ul style="list-style-type: none"> • Expression of interest deadline: Midnight Sunday 21st June 2026 • Selection panel: wc 22nd June 2026 • Selection communication to clubs, coaches, and gymnasts wc 29th June 2026 • <i>Definitive entire submission: 15th July 2026</i> • <i>Nominative entry submission: 15th August 2026</i>
<p>4. Competition Format</p>	<p>Each gymnast can only participate in one group in each apparatus.</p> <p>Difficulty limits as in FIG Code of Points</p> <p>Q1 – Individual (all apparatus): Junior (Male/Female) – in accordance with FIG Junior/WAGC Rules as per FIG in valid Code of Points. Senior (Male / Female) – in accordance with FIG Senior Rules as per FIG in valid Code of Points</p> <p>Q2 – Individual (all apparatus): Only in Senior (Male/Female) competition, in accordance with FIG code of points</p> <p>FINALS – Individual:</p> <p>F1 – Individual Trampoline / F1+F2 – Individual Double Mini Trampoline and Tumbling Junior and Senior (Male/Female) - In accordance with FIG code of points</p> <p>In case of less than 8 competitors, all of them will go to the finals. Though, no competitor will go through to the next competition phase without participating in the respecting qualification rounds or having DNF or DSQ as a final score.</p> <p>All Finals starts from zero. Tie-breaking rules as per FIG TR.</p>

TEAM competition
 Team Competition format will be defined in the Workplan but includes all ages and apparatus.

Provisional Schedule:
Wednesday, 7th October
 All Day – Arrival of Delegations. Free training – 10:00 – 22:00

Thursday, 8th October
 Free training – 08:00 – 10:00
 Handing of competition cards
 Head of Delegation Meeting
 TR, DMT and TU Judges Meeting
 Qualifying Rounds – TRI/DMT/TUM

Friday, 9th October
 Qualifying Rounds – TRI/DMT/TUM

Saturday, 10th October
 Individual Finals – TRI/DMT/TUM
 21:00 – Banquet and Final Party

Sunday, 11th October
 All day – Departure of Delegations

5. Gymnast Eligibility Criteria

- Gymnasts are eligible for consideration provided they;
- Are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria
 - Are age eligible as per the competition directives
 - Are a current British / Welsh Gymnastics member
 - Have no outstanding fees or any unresolved bans via Welsh/British gymnastics
 - Always comply with UKAD Clean Sport Policy
 - Selected for the Welsh Gymnastics Trampoline Squad in June 2026
 - Born in 2013 or earlier (13 in year of competition)

6. Performance Standards

Trampoline

Gymnasts wishing to be considered for selection must complete the Expression of Interest by **midnight Sunday 21st June 2026.**

A selection panel will meet wc 22nd June and will be select gymnasts based on their competition results from the following events:

- British Qualifier 1- 25th/26th April 2026
- Home Nations- 29th May 2026
- British Qualifier 2- 20th/21st June 2026

Performance Score Targets:

13-14 F	13-14 M	15-16 F	17+ F	17+ M
83.50	83.50	89.25	48.20	52.00

	<p>Performance standards will be considered against the competition directives and will be based on:</p> <ul style="list-style-type: none"> • Overall score (as per above table) • Execution and difficulty score • Medal potential • Team medal potential • Attitude and behaviour in training and competitions <p>The selection panel reserve the right to select gymnasts who they feel have the best opportunity to meet the above Performance targets at the event.</p>
7. Selection Panel	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> - Director of Performance / Performance Programme Manager / Officer - Nationals Coaches - Technical Panel representative - Independent WG staff member / Athlete Rep <p>*If there is a conflict-of-interest vote will be removed and replaced with a brevet judge.</p>
8. Selection Process for Gymnasts and Coaches	<p>The nominated gymnasts will be those, in the expert opinion of the nomination panel, most able to achieve the targets listed in Performance Targets (Section 2).</p> <p>Based on the event requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, a non-travelling reserve will be named for each category selected.</p> <p>The National and Foundation coaches will have automatic coach selection as the attending Welsh coaches, if available. In the event National Coaches are not available, personal coaches may express an interest to attend and will be selected following gymnast selection.</p> <p>Coaches will be selected based on the following factors:</p> <ul style="list-style-type: none"> • Opportunity for experience • Number of personal gymnasts selected • Engagement and commitment to Welsh Gymnastics Squad Pathway • Safe recruitment checks • Commitment to adhering and aligning to the Welsh Gymnastics values: Nurturing, Aspirational, Accountable.
9. Expectations of selected gymnasts, coaches and support staff	<ol style="list-style-type: none"> 1. Selected gymnasts and coaches (including named reserves where agreed) will be expected to attend the Loule Cup 2026. 2. The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the whole event.
10. Communication of selections	<p>Gymnast and coach selection communicated to athletes & coaches no later than Monday 1st July 2026.</p> <p>Selected gymnasts must confirm their attendance no later than the 6th July 2026.</p>

<p>11. Appeals</p>	<p>Appeals may only be submitted from Tuesday 7th July 2026, until 5pm Thursday 9th July 2026 on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to performance@welshgymnastics.org between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process.</p>
<p>12. Injury and replacement</p>	<p>In the event of an injury and/or the need for replacement, the selection panel will decide about bringing the gymnasts listed as a (Non- travelling) reserve into the team at any time.</p> <p>If a selected gymnast accepts their place and later withdraws due to injury within 14 days of the competition start date, they will be liable for the full trip fee. Withdrawals made outside the 14-day window will result in a reserve gymnast being contacted to fill the place. If the reserve declines, the originally selected gymnast will remain responsible for the payment. If the reserve accepts, the original selected gymnast will only be required to cover any administration costs associated with changing flight bookings and competition entries.</p>