



Welsh Gymnastics  
Gymnasteg Cymru

## Tumble

Loule Cup Selection Policy

8<sup>th</sup> – 10<sup>th</sup> October 2026

<p>1. Introduction</p>	<p>The Loule Cup International is an international event identified as a Performance competition and a key opportunity for the Tumble Squad to gain valuable experience in a high-level competitive environment.</p> <p>The nomination of gymnasts and coaches to represent Wales at the above-named event will be made in accordance to this selection policy, ensuring a fair and transparent approach that supports both individual progression and team success. English Gymnastics are pleased to welcome Wales to the first Home Nations</p> <p>Selections for the Loule Cup will be taken form the following age categories:  <b>13-14</b>  <b>15-16</b>  <b>17+</b></p>
<p>2. Performance Targets</p>	<ul style="list-style-type: none"> <li>• Female / Male Team Medal</li> <li>• Individual semi-final and final</li> </ul>
<p>3. Selection Timeline</p>	<ul style="list-style-type: none"> <li>• Expression of interest deadline: Midnight Sunday 21<sup>st</sup> June 2026</li> <li>• Selection panel: wc 22<sup>nd</sup> June 2026</li> <li>• Selection communication to clubs, coaches, and gymnasts wc 29<sup>th</sup> June 2026</li> <li>• <i>Definitive entire submission: 15<sup>th</sup> July 2026</i></li> <li>• <i>Nominative entry submission: 15<sup>th</sup> August 2026</i></li> </ul>
<p>4. Competition Format</p>	<p>Each gymnast can only participate in one group in each apparatus.  <b>Difficulty limits as in FIG Code of Points</b>  <b>Q1 – Individual (all apparatus):</b>  Junior (Male/Female) – in accordance with FIG Junior/WAGC Rules as per FIG in valid Code of Points. Senior (Male / Female) – in accordance with FIG Senior Rules as per FIG in valid Code of Points</p> <p><b>Q2 – Individual (all apparatus):</b>  Only in Senior (Male/Female) competition, in accordance with FIG code of points</p> <p><b>FINALS – Individual:</b>  <b>F1 – Individual Trampoline / F1+F2 – Individual Double Mini Trampoline and Tumbling</b>  <b>Junior and Senior (Male/Female) - In accordance with FIG code of points</b>  In case of less than 8 competitors, all of them will go to the finals. Though, no competitor will go through to the next competition phase without participating in the respecting qualification rounds or having DNF or DSQ as a final score.  <b>All Finals starts from zero.</b>  Tie-breaking rules as per FIG TR.</p>

	<p><b>TEAM competition</b> Team Competition format will be defined in the Workplan but includes all ages and apparatus.</p> <p><b>Provisional Schedule:</b> <i>Wednesday, 7th October</i> All Day – Arrival of Delegations. Free training – 10:00 – 22:00</p> <p><i>Thursday, 8th October</i> Free training – 08:00 – 10:00 Handing of competition cards Head of Delegation Meeting TR, DMT and TU Judges Meeting Qualifying Rounds – TRI/DMT/TUM</p> <p><i>Friday, 9th October</i> Qualifying Rounds – TRI/DMT/TUM</p> <p><i>Saturday, 10th October</i> Individual Finals – TRI/DMT/TUM 21:00 – Banquet and Final Party</p> <p><i>Sunday, 11th October</i> All day – Departure of Delegations</p>
5. Gymnast Eligibility Criteria	<p>Gymnasts are eligible for consideration provided they;</p> <ul style="list-style-type: none"> <li>• Are eligible to compete for Welsh Gymnastics in line with the WG eligibility criteria</li> <li>• Are age eligible as per the competition directives</li> <li>• Are a current British / Welsh Gymnastics member</li> <li>• Have no outstanding fees or any unresolved bans via Welsh/British gymnastics</li> <li>• Always comply with UKAD Clean Sport Policy</li> <li>• Selected for the Welsh Gymnastics Trampoline Squad in June 2026</li> <li>• Born in 2013 or earlier (13 in year of competition)</li> </ul>
6. Performance Standards	<p><b>Tumble</b></p> <p>Gymnasts wishing to be considered for selection must complete the Expression of Interest by midnight <b>Sunday 21<sup>st</sup> June 2026.</b></p> <p>A selection panel will meet wc 22<sup>nd</sup> June and will be select gymnasts based on their competition results from the following events:</p> <ul style="list-style-type: none"> <li>• Welsh Championships 20<sup>th</sup>/21<sup>st</sup> September 2025</li> <li>• British Qualifier 1- 25<sup>th</sup>/26<sup>th</sup> April 2026</li> <li>• Home Nations- 29<sup>th</sup> May 2026</li> <li>• British Qualifier 2- 20<sup>th</sup>/21<sup>st</sup> June 2026</li> </ul>

	<p>Performance standards will be considered against the competition directives and will be based on:</p> <ul style="list-style-type: none"> <li>• Scores will be taken from the above-mentioned events</li> <li>• Scores will be compared to current British standards as a target based on D and overall score. Where scores are close, E score may be considered as a performance factor</li> <li>• Scores will be compared with results from the Loule Cup 2025</li> <li>• Medal potential</li> <li>• Team medal potential</li> <li>• Attitude and behaviour in training and competitions</li> </ul> <p>The selection panel reserve the right to select gymnasts who they feel have the best opportunity to meet the above Performance targets at the event.</p>
7. Selection Panel	<p>The selection panel will consist of:</p> <ul style="list-style-type: none"> <li>- Director of Performance / Performance Programme Manager / Officer</li> <li>- Nationals Coaches</li> <li>- Technical Panel representative</li> <li>- Independent WG staff member / Athlete Rep</li> </ul> <p>*If there is a conflict-of-interest vote will be removed and replaced with a brevet judge.</p>
8. Selection Process for Gymnasts and Coaches	<p>The nominated gymnasts will be those, in the expert opinion of the nomination panel, most able to achieve the targets listed in Performance Targets (Section 2).</p> <p>Based on the event requirements, when reviewing eligible gymnasts, their performances, and the additional performance factors, a non-travelling reserve will be named for each category selected.</p> <p>The National and Foundation coaches will have automatic coach selection as the attending Welsh coaches, if available. In the event National Coaches are not available, personal coaches may express an interest to attend and will be selected following gymnast selection.</p> <p>Coaches will be selected based on the following factors:</p> <ul style="list-style-type: none"> <li>• Opportunity for experience</li> <li>• Number of personal gymnasts selected</li> <li>• Engagement and commitment to Welsh Gymnastics Squad Pathway</li> <li>• Safe recruitment checks</li> <li>• Commitment to adhering and aligning to the Welsh Gymnastics values: Nurturing, Aspirational, Accountable.</li> </ul>
9. Expectations of selected gymnasts, coaches and support staff	<ol style="list-style-type: none"> <li>1. Selected gymnasts and coaches (including named reserves where agreed) will be expected to attend the Loule Cup 2026.</li> <li>2. The selected delegation members must agree to adhere to the relevant Welsh Gymnastics code of conduct during the whole event.</li> </ol>
10. Communication of selections	<p>Gymnast and coach selection communicated to athletes &amp; coaches no later than Monday 1<sup>st</sup> July 2026.</p>

	Selected gymnasts must confirm their attendance no later than the 6 <sup>th</sup> July 2026.
11. Appeals	<p>Appeals may only be submitted from Tuesday 7<sup>th</sup> July 2026, until 5pm Thursday 9<sup>th</sup> July 2026 on the grounds that the process outlined within this selection policy has not been adhered to.</p> <p>Appeals must be submitted in writing by the gymnast (personal coach if under 18 years) and sent to <a href="mailto:performance@welshgymnastics.org">performance@welshgymnastics.org</a> between the timelines stated above.</p> <p>Appeals will be dealt with by an independent panel who were not initially involved in the decision-making process.</p>
12. Injury and replacement	<p>In the event of an injury and/or the need for replacement, the selection panel will decide about bringing the gymnasts listed as a (Non- travelling) reserve into the team at any time.</p> <p>If a selected gymnast accepts their place and later withdraws due to injury within 14 days of the competition start date, they will be liable for the full trip fee. Withdrawals made outside the 14-day window will result in a reserve gymnast being contacted to fill the place. If the reserve declines, the originally selected gymnast will remain responsible for the payment. If the reserve accepts, the original selected gymnast will only be required to cover any administration costs associated with changing flight bookings and competition entries.</p>